

Birthdays:

Residents-
Mabel Denny-2/10
Jeanne Davis 2/15
Virginia Mason 2/18
Renate Ruzich 2/20
Mike Eidson 2/20
Sarah Crigler 2/22
Staff-
Leila Bell 2/11
Tabitha Harris 2/11
Jessica Robinson 2/12
Hope Donaghy 2/16
John Mollan 2/17



Notable Quotable

“Every man’s life is a fairy tale written by God’s fingers.”

~ Hans Christian Andersen, author



Special Events and Outings

Events:

2/1 Birthday Party **CR**
2/2 Nashville Standard Music with Adam Melia **CR**
2/7 Ronnie Williams and the Carter Family Sound **CR**
2/12 Music with Davis Bradley **CR**
2/12 Sweetheart Ball **CR**
2/13 Name that Tune with Julie Jackson **CR**
2/14 Sweet Treats Social **AR**
2/15 Flat Run Ramblers **CR**
2/19 Afternoon Social **CR**

2/20 Kevin Sings the Classics **CR**
2/26 Lucky Bill Guitar Music **CR**
2/27 Meeting with Administration **DR**
2/27 Knights Chapel Singers **CR**

Outings:

2/4 Let’s Ride
2/18 Dollar Tree
2/20 Art Center Trip- Petrucci Family Collection of African American Art
2/22 Silk Mill Grille

Please remember outings are subject to change based on the weather, more outings will be added in the spring

New Activities for January

Chinese Egg Roll Social- Come celebrate the Chinese New Year by having an Egg roll and fellowship!

Doily Bowl Candle Holders, Hanging Valentine’s Décor, Favor Making, Love Sign Designs- These are all fun, new craft activities to prepare for the sweetheart ball!

Finish the Saying and Proverb- Simple game to help recall the old sayings!

Let’s go nuts- Celebrate National Almond Day with a tasty treat!

Paint Chip Note Pads- Come be creative and create a notepad out of paint chip swatches.

Cherry Blossom Prints- Clever way to create cherry blossoms by using a soda bottle.

Fairy Cake- come make an angel food cupcake decorated with a special fairy.

February is American Heart Health Month

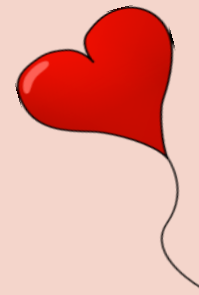
With Valentine’s Day just around the corner, many view February as the month of love, but it is also American Heart Health Month. Heart disease is the leading killer of Americans, taking the lives of 2,200 people each day. In addition, 103 million adults have high blood pressure and 6.5 million are living with heart failure. While genetic factors do play a part in cardiovascular disease, the good news is 80 percent of cardiovascular diseases may be preventable with the help of education and action. Simple lifestyle changes can make a big impact when it comes to heart health.

Show your heart some love with these 10 tips.

- ♥ Quit Smoking
- ♥ Keep track of your blood pressure and cholesterol
- ♥ Be screened for diabetes
- ♥ Stay active
- ♥ Build muscle
- ♥ Eat Smart
- ♥ Limit Junk Food
- ♥ Minimize Stress
- ♥ Get plenty of rest
- ♥ Smile!!! ☺

Friday, February 1st is National Wear Red Day. We invite residents, staff, family and friends to wear red to raise awareness about heart disease.

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Celebrating February

Mend a Broken Heart Month

Library Lovers Month

Bubble Gum Day
February 1

Groundhog Day
February 2

Celebration of Love Week
February 10–16

Valentine’s Day
February 14

Love Your Pet Day
February 20

Tooth Fairy Day
February 28

Dogwood Dispatch



Dogwood Village of Orange County Senior Living
120 Dogwood Lane
Orange, VA 22960

In and Around Senior Living...

Activities:

♥ Take note of the new room directory in the elevators, calendars and on the bulletin boards.

Resident Services/ Admissions:

♥ If you have received your new Medicare card, please make sure that we have a copy of it.
♥ Due to lack of storage space, we are currently not able to accept any donations of: Walker’s, Wheelchair’s and Beds at this time.

Dining Services:

♥ Valentine’s Day- Thursday, February 14 there will be a buffet at lunch with a delicious meal ending with a decadent dessert.

Health Services:

♥ Remember to keep your hands washed and

encourage your visitors to wash their hands as they enter and exit.

Maintenance:

♥ Please let the Maintenance staff know if you need any repairs or see anything that needs to be fixed in the facility.



Sweetheart Ball- A Night of Fun

Join us for our annual event with music by-

The Kool Kat Kwintet

Tuesday, February 12th
6:00-8:00 PM

RSVP by 2/5/19 to 540-672-1830

Come in festive attire to dance, relax with wine & Hors d’oeuvres
Enjoy the evening at
Dogwood Senior Living
Co-Hosted by Legacy Hospice





Volunteers are Special

The Volunteers at Dogwood Village hold a special place in our heart and we appreciate each and every one of them. If you have a loved one or friend that is interested in volunteering at Dogwood please contact our Volunteer Coordinator, Brenda Hutchinson for an application! National Volunteer Week will be celebrated by our facility April 7th-13th.

A TRIBUTE TO VOLUNTEERS:

Valuable is the work you do,
Outstanding in how you always come through.
Loyal, sincere and full of good cheer,
Untiring in your efforts throughout the year.
Notable are the contributions you make,
Trustworthy in every project you take.
Eager to reach your every goal,
Effective in the way you fulfill your role.
Ready with a smile like a shining star,
Special and wonderful – Is what they are!

Prayer Request

1st Floor:

Dorothy Garnett- Health
Joe Taylor- Health
Michael Eidson- Transition

2nd Floor:

Barbara Hutchinson- Health of Niece
Renate Ruzich- Health
Barbara Grasty- Health of Granddaughter; Grief of Sister
Retta Noto- Health
Betty Downs- Health
Ruth Stevens- Grief of Husband
Jean Good- Transition, Health

Oral History Project

Several residents have been approached by the Activities Department to be interviewed by Orange Historian Phil Audiobert. Phil is documenting life stories of residents at Dogwood Village to tell their life's story. Our residents have lived such fun interesting lives! Dogwood Village wanted to capture the history behind our residents. Phil will be editing each interview into a video that will be shared with residents, staff and loved ones. Please be on a lookout for the grand premiere. If you have any further questions please see a member of the Activity Staff

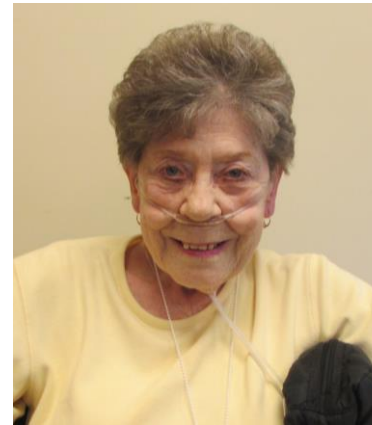


3rd Floor:

Family of Carlene Saxton- Grief
Erba Burton- Health
Family of Howard "Papa" Stevens- Grief

Staff:

Angela Tyler- CNA Flyer:
Health of Mother
Cornelia Braxton - Beautician:
Grief of Father
Don Schimming- IT Director-
Health of Mother-In-Law
Sherrell Carter- Nurse
Health of Mother-In-Law



Resident Spotlight

Despite spending the first 5 years of her life in Richmond, VA Mrs. Barbara Hutchinson has spent the majority of her life here in Orange County after moving back to her father's home place. Through the years the unbreakable bond between Barbara, her younger brother and two younger sisters has only grown stronger as they've seen each other through some of the happiest as well as the hardest times of their lives. Barbara married her high school sweetheart, Sidney "Lee" Hutchinson and not long after they were married Lee was drafted to serve in the Korean War. While Lee was away Barbara prepared their home for his return and to her delight Lee surprised her by coming home on Christmas Eve after 18 months overseas, giving her one the best gifts she could have ever asked for. She and Lee retired during the late 1990's and spent the next number of years enjoying each other's company and every adventure life brought their way. For 56 years not a day went by without the couple expressing how much they loved each other. There are many accomplishments she's achieved in her life but nothing will ever surpass the love and pride Barbara took in her marriage.

Staff Spotlight

Despite being born in Hampton, VA Mike Zaleski has lived in Louisa County for as long as he can remember. After graduating Louisa County High School Mike moved directly into the workforce and began building the future he knew he'd always hoped of for himself. Mike married his sweetheart Jessie and through the years they were blessed with a son James, 13, and a daughter Lilit, 10, whom they adore. Together the family shares the responsibility of raising ducks and chickens, as well as a dog and a cat affectionately known by the names of Black Jack and Poof Poof. For the last five years Mike has worked in various capacities for Dogwood Village but is now most associated with Grounds Keeping. Though Dogwood keeps Mike plenty busy he still finds ways to occupy his time with hobbies such as fishing, hunting, camping and homesteading.

Meet your New Neighbor



Michael Eidson

Prayers Of Love

LOVE IS patient
LOVE IS kind

