

September Birthdays:

Residents:
Lois Gaines 9/3
Doris Washburn 9/6
Myrtle Martin 9/14
Barbara Grasty 9/16
Audrey Lohr 9/17

Staff:
Ashleyn Clark 9/10
Angie Tyler 9/14
Camya Jones 9/16
Sherrell Carter 9/20
Charity Wines 9/24
Pat Davis 9/26



Notable Quotable

“Life doesn’t imitate art, it imitates bad television.”

~ Woody Allen, director



Special Events and Outings

Events:

- 9/1 Birthday Party *CR*
- 9/2 Civil War Presentation: Novels Part:3 *CR*
- 9/5 Flat Run Ramblers *CR*
- 9/9 Denim and Lace *CR*
- 9/10-9/16 HAPPY NATIONAL ASSISTED LIVING WEEK!**
- 9/18 Horseless Carriage Car Show *O*
- 9/19 Afternoon Social *ML*
- 9/27 Meeting with the Administrator *DR*
- 9/29 Garden Party *HG*
- 9/30 Nashville Standard Music *CR*

Outings:

- 9/6 Dollar Tree
- 9/8 The Ole Country Store
- 9/13 Marshall Dairy Farm Bus Tour
- 9/20 MESA Thrift Shop in Madison
- 9/26 Library of Congress Movie- Adam’s Rib, Lunch at Ciro’s Italian Restaurant

Reminders:

Chair Massages will be on 9/23. Cost is \$10 for 20 minutes. Please let Activity staff know if you are interested.

New Activities for September!

Chat Pack Game- Interactive game to get to know your friends better.

Horseless Carriage Antique Cars- Pre-1915 Steam Cars will be parading through the Health and Rehab Parking lot.

High-Low Card Game- Come test your lucky with this easy card game. Winner will receive a prize!

Let’s Make Creamy Blueberry Popsicles- Easy recipe we will make one day and serve the next.

Benefits of Meditation the Beginners Lesson- Dr. Dena Jennings will be giving a quick presentation and lesson about how to meditate.

Fall Book Marks- Easy craft project to be donated to the Orange County Library.

TV Show Bingo- Bingo with a twist on old television shows.

Chair Yoga with Lisa Dunham- Come try a seated yoga class by Lisa, a new, local instructor.

Safety Question: Fire Safety

Where do you go during a fire?

Answer- During an instance of a fire, stay in your room behind the fire door.

Unless you are instructed by staff to come to an area of refuge please remain in your room.

Areas of refuge include:
1st floor Community Room
2nd floor North Wing Parlor
2nd floor South Wing Parlor
2nd floor Wellness Room

3rd floor North Wing Parlor
3rd floor South Wing Parlor
3rd floor Main Dining Room

If you need to be evacuated from the 3rd floor staff will help escort you down the steps. If you need help getting down the steps staff will help you with the stair chair get to an exit safely.

If you have any further questions about the fire safety plan please see any staff member.

Dogwood Dispatch

September 2017
Issue: 72



Dogwood Village of Orange County Senior Living
120 Dogwood Lane
Orange, VA 22960

Celebrating September

Library Sign-Up Month

Ice Cream Shake Month

College Colors Day September 1

Opposite Day September 9

Assisted Living Week September 10–16

International Country Music Day September 17

Love Note Day September 26

Good Neighbor Day September 28

In and Around Senior Living...

Activities:

The Activities Department has put a new bulletin board near the Activity Room. Please check it out for announcements or changes!

Dining Services:

- Labor Day Lunch Menu: BBQ Chicken, corn on the cob, sliced garden tomatoes, green beans, macaroni and cheese, watermelon, fresh peaches and Coca-Cola!
- Family Picnic Menu: Southern fried chicken or homemade meatloaf and gravy, whipped potatoes, corn on the cob, green beans cornbread or biscuits and blackberry or peach cobbler with ice cream.

Health Services:

Flu Shots will be given the middle to end of October. Please keep an eye out for the exact date.

Maintenance:

- Please move your car on September 13th if your car is parked in the resident parking lot. If you need assistance please let the front desk know to contact maintenance.
- Cars can be moved back in the parking lot after the family picnic on September 14th.



National Assisted Living Week

Dogwood Village Senior Living will be observing National Assisted Living Week September 10th-16th. You will be receiving a bag with the schedule and description of the week of events. In the bag will also be a pin that you may wear all week.

The Art Show display will start being set up on September 6th and remain up until after the week is over.

We kindly ask that you refrain from touching the art work.

Just a few special events to remind your friends and family of:

September 12th
Cupcakes-For-A-Cause 2:30

September 14th
Art Adventures Art Show 3:30
Family Picnic 5:00

All Week: Baby Name Guessing Game on the first floor outside the Community Room



Orange County
Voter Registrar
will be at the facility
September 11th from 9am-
13pm
If you need a valid photo id
please come at this time.

Be informed who you will be voting for...

NOVEMBER 7, 2017 CANDIDATES ON BALLOT

STATE OFFICES	LOCAL OFFICES
GOVERNOR Ralph S. Northam – D Edward W. "Ed" Gillespie – R Clifford D. Hyra – I	MEMBER BOARD OF SUPERVISORS- DISTRICT ONE R. Mark Johnson
LIEUTENANT GOVERNOR Justin E. Fairfax – D Jill H. Vogel – R	MEMBER BOARD OF SUPERVISORS- DISTRICT FOUR Jim P. Crozier
ATTORNEY GENERAL Mark R. Herring – D John D Adams – R	MEMBER SCHOOL BOARD- DISTRICT ONE Carol M. Couch Marc T. Cole
MEMBER HOUSE OF DELEGATES- 30TH DISTRICT Samuel Ben Hixon – D Nick J. Freitas – R	MEMBER SCHOOL BOARD- DISTRICT FOUR Bette H. Winter

Room Directory-Activity Calendar Key

Chairman of the Senior Living Board
Thomas Graves
Signing the proclamation
declaring September 10th-16th
National Assisted Living Week



Room:	Abbreviation:	Floor
Health and Rehab	A	Main Floor of Health and Rehab
Main Dining Room	CR	1 st
Community Room	SR	1 st
Sitting Room	ML	1 st
Main Lobby	LL	1 st
Load from the Lobby Outside	O	1 st - Front of the Building
Healing Garden	HG	1 st
Raised Beds	RB	1 st
Activity Room	AR	2 nd
Wellness Room	WR	2 nd
Chapel	C	2 nd
Library	Lib.	2 nd
Parlors	P	All Floors
Hearth Lounge	HL	2 nd
Dining Room	DR	3 rd
3 rd Floor C.A.R.E	S	3 rd
Facility Wide	Fac.	All Floors
Private Dining Room	PDR	3 rd



1st Floor:
 Gabe Twyman- Health
 Family of John Ellis- Grief
 Hazel Kube- Health
 Family of Donald Clark- Grief

2nd Floor:
 Barbara Grasty-
 Granddaughter's Health
 Patricia Faulconer-
 Husband's Health
 Family of Jane Kearney- Grief
 Phil Brown- Niece's Health
 Betty Duffer- Health

3rd Floor:
 Jack Glascocok- Health
 Jewel Baker- Health
 Audrey Lohr- Sister's Health

Staff:
 Natesha Mingo- 3rd Floor
 Housekeeping
 Family's Health
 Pat Davis- Receptionist- Sister's
 Health
 Tyheshia Tyler- Husband's safe
 return from Afghanistan
 Kathleen Archer- Safe travels to
 Sweden



Cherri is pictured with Fred Wease as he picks his cucumbers from the resident garden.



Volunteer Spotlight

Dogwood Village would like to recognize Cherri Conner Lawson for her contributions to the facility. Cherri was born in Paducah, Kentucky Lake and at the age of eight she started going to Bear Creek Girl Scout Camp on the lake. She went every summer until she was old enough to become a counselor. Camp was where she learned about wild flowers, fossils, tree identification and bird watching. Cherri moved to Charlottesville at the age of 23 and has lived in the area for over 40 years. Hiking and kayaking became her new mountain experiences. Cherri and her husband have 3 children and 5 grandchildren. She and her husband moved to Madison County ten years ago. Seven years ago, Cherri became a Virginia Master Naturalist. She is a member of the Old Rag Chapter. Her interest in gardening and volunteering is how she decided to become a part of the Master Naturalists Reconnect with Nature program at Dogwood Village. Cherri has been with the gardening program for five years.

Resident Spotlight

Betty Wright, who is the oldest of five siblings, was born in Liberty, South Carolina and was raised in Lyman, South Carolina. After graduating from high school, she attended Mars Hill College in North Carolina but graduated with a degree in English Literature from Furman College. Soon after graduation, she got married and had two wonderful sons, Jimmy and Robert. In 1968 they relocated to Woodberry Forest School. There she raised her children and became the "stay at home Headmasters wife". During that time Betty kept herself occupied with her two boys and many community clubs including the Dolly Madison Garden Club and the Woman's Club of Orange. She enjoys puzzles, music, television, piano music (she use to play), and most of all reading. Betty stated that her greatest accomplishment in life is being the Headmaster's wife and taking care of her children.

Staff Spotlight

Doris Mcleman was born and raised in Culpeper, VA with her five siblings. After graduating from Culpeper High School, she worked as a waitress for many years. She now resides in Orange with her boyfriend, Roger (of 20 years). She has a son named Ken and a 10 month old grandson named Dylan who are the light of her life. Doris has been a dedicated housekeeper in Senior Living going on six years and her favorite part about working here is that the residents have become like her family. In her spare time, Doris enjoys spending time with her grandson, playing with her cat Slick, reading, shopping, and extreme couponing!

