

Birthdays-

Residents:
2/10 Mabel Denny
2/15 Jeanne Davis
2/20 Renate Ruzich
2/22 Sarah Crigler
2/23 Ruth Gordon
2/27 Allen Duncan

Staff:
2/11 Leila Bell
2/11 Tabitha Harris
2/12 Jessica Robinson
2/16 Hope Donaghy
2/17 John Mollan



Notable Quotable

“Gold is good in its place; but loving, brave, patriotic men are better than gold.”

~ Abraham Lincoln, 16th president of the United States



Special Events and Outings

Events:

2/7 Birthday Party **CR**
2/8 Denim and Lace **CR**
2/11 Davis Bradley Music **CR**
2/13 Ronnie Williams and the Carter Family Sound **CR**
2/14 Ageless Grace with Sheila Queen **CR**
2/14 Valentine's Party with Tonia Rae **CR**
2/18 Music with Fritz **CR**
2/21 Grymes GrandFriend Visit **CR**
2/21 Around the World Social-Russia **CR**

Events Continued:

2/24 Nashville Standard **CR**
2/25 Fat Tuesday Pancake Bar **AR**

Outings:

2/5 Dollar Tree
2/10 Let's Ride



Please Remember:

Trips are subject to change if the weather conditions are bad. Lunch outings, rides and shopping trips will increase beginning spring!

New Activities for February!

Tree of Love- Craft allowing you to take a moment to reflect on the things you love.

Russian City Landscape Collage-Create your own version of the Russian City to celebrate our Country of the Month!

Dotted Heart Tree Painting-Use Q-tips to dot paint heart shaped leaves on a tree.

Vintage Valentine's Day Cards- Nothing says "I love you" like a handmade card.

Faberge Egg Craft- Put your own twist on a classic Russian craft using wooden eggs and

Mardi Gras Game- Play a little game celebrating Fat Tuesday!

Let's Make Russian Braid Bread- Homemade recipe for a classic Russian dessert.

Mardi Gras Mask on a Stick Craft- Let's decorate homemade masks to wear on Fat Tuesday!

Mardi Gras Fleur-de-lis Ornament- Add a little pizzazz of your own to classic New Orleans symbol.

Mis-Match Tea Party- Who says things have to match in order to have a good time? Pick your own tea flavor and enjoy.

Winter Safety tips to avoid trips and falls:

- ♥ Plan ahead and give yourself sufficient time.
- ♥ When walking on an icy or snow-covered walkway, take short steps and walk at a slower pace so you can react quickly to a change in traction.
- ♥ Streets and sidewalks that have been cleared of snow and ice should still be approached with caution. Look out for "black ice." Dew, fog or water vapor can freeze on cold surfaces and form an extra-thin, nearly invisible layer of ice that can look like a wet spot on the pavement. It often shows up early in the morning or in areas that are shaded from the sun.
- ♥ When entering a building, remove as much snow and water from your boots as you can. Take notice that floors and stairs may be wet and slippery--walk carefully.
- ♥ Use special care when entering and exiting vehicles--use the vehicle for support
- ♥ Last but not least if you can avoid going out when the weather is bad please do but if you have to please be cautious!

Dogwood Dispatch

February 2020
Issue: 101

*Dogwood Village
of Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960*



Celebrating February

Library Lovers Month

Mend a Broken Heart Month

Black History Month

Groundhog Day
February 2

Westminster Dog Show
February 10-11

Valentine's Day
February 14

Presidents' Day: U.S.
February 17

Mardi Gras
February 25

Leap Year Day
February 29

In and Around Senior Living...

Activities:

♥ Join us as we continue our journey around the world while celebrating Russia this month.

Admissions/Resident Services:

♥ Please welcome Ruth Gordon to the Facility!

Dining Services:

♥ Don't forget to attend coffee and conversation meetings Feb 3rd and 17th!

♥ A special prime rib meal will be served on Valentine's Day!

Environmental Services:

♥ New dryers are now on the second and third floors along with new laundry soap dispensers. If you need assistance with the dispenser please see a staff member.

Health Services:

♥ If you are under the weather please let a staff member know immediately.

♥ Please remind your family and friends to not visit when feeling ill.

♥ When you exit and enter the facility please wash your hands or use the hand sanitizing station near the receptionist desk.

♥ Remember to wash your hands before and after meals.

♥ Sing the Happy Birthday song while washing your hands to ensure you have washed your hands for at least 20 seconds

50 Year Celebration of Dogwood Village!

Dogwood Village is preparing for a 50-year celebration which will be held October of 2020. Senior Living will be celebrating 11 years of servicing the Orange community in August. As we reflect on our years of service to the community, we recognize that the facility could not operate without the continued support of our wonderful staff, residents, family members and volunteers.

We continue our mission to enrich the quality of life and health of our residents, serve the community and recognize the contributions of staff and volunteers!





L is patient
O is kind
U has no envy
E is not proud
L has no pride
O is fair
U does not seek for itself
E is not boastful
L does not rejoice in iniquity
O rejoices with the truth
U bears all things
E always trusts
L always hopes
O always endures
U never fails
 1Cor 13:4-8

Room Directory-

Raised Beds (RB)	Outside/Front
Lobby (ML)	1 st Floor
Community Room (CR)	1 st Floor
Load from Lobby (LL)	1 st Floor
Sitting Room (SR)	1 st Floor
Healing Garden (HG)	1 st Floor
Library (Lib)	2 nd Floor
Activity Room (AR)	2 nd Floor
Chapel (C)	2 nd Floor
Hearth Lounge (HL)	2 nd Floor
Wellness Room (WR)	2 nd Floor
Dining Room (DR)	3 rd Floor
C.A.R.E. Room (S)	3 rd Floor
Health & Rehab (A)	Next Door
Facility (FAC)	All the Facility
Outside (O)	Out Front

If you have trouble remembering a location of a room there is a room directory posted in the elevators.

February Fundraiser

The Activities Department will be hosting a Fundraiser Mid-February to assist with the purchase of a new facility camera!

The fundraiser will be a quilt raffle. Raffle! Tickets can be purchased at the front desk

1 ticket for \$1 or 7 Tickets for \$5. Quilt is a handmade twin size by the Dolly Madison Quilters Guild!

What is Bru Tab?

This spray is being used by our housekeeping staff to disinfect and keep our facility germ free. It is a solution that comes in tablet form, when mixed with water becomes a powerful disinfectant and sanitizer that is safe for all surfaces, including fabrics. This solution is a milder alternative to bleach, with less negative effects, while still being effective against a broad range of microorganisms including C-Diff, norovirus and influenza.

When used properly, this solution kills germs in less than 10 minutes, some in as little as one minute. In order for this happen, however, the spray must be allowed to air dry. In addition, once the surface is dry, BruTab will continue to kill new microorganisms for an extended period of time as long as the residue is not wiped off the surface.

It is safe for contact with skin, although harmful in ingested or in the eyes. However, if contact with skin occurs, it is recommended to wash the skin to avoid any chance of irritation.

If you have any further questions, feel free to contact Larry Schoenfelder for more information.

Prayer Request

1st Floor:

Catherine Kimbrough- Health
 Don Detwiler- Health

2nd Floor:

Barbara Hutchinson- Health
 Health of Niece
 Health of Brother
 Health of Brother-In-Law
 Jay Marshall- Health
 Ruth Gordon- Transition

3rd Floor:

Sarah Crigler- Health
 Family of Mary Stephen- Grief
 Fred Wease- Health

Betty Colvin- Health
 Myrtle Martin- Transition
 Mary Lou Baker- Grief of Friend

Volunteer:

Roberta Jalbert- Master Naturalist
 Garden Volunteer- Health
 Janet Ryder- Health
 Family of Tom Czelusta-
 Commission and Board Member-
 Grief

Staff:

Brenda Hutchinson-
 Volunteer Coordinator- Health
 Jessica Robinson- Health
 Services- Health of Mother
 Pat Davis- Receptionist-
 Health of Sister

Volunteer Spotlight- Boys and Girls Club

Dogwood Village would like to recognize the Boys and Girls Club of Orange for their contributions to Dogwood Village would like to recognize the Boys and Girls Club of Orange for their contributions to the facility. The Boys and Girls Club youth have been volunteering in the facility for nearly 10 years assisting with activities and visiting residents on a monthly basis. Kaitlin Jenkins, Director shared that the youth look forward to their time with the residents. The Boys and Girls Club serve nearly 100 youth daily and have been a true asset to the community.



Pictured above is Phil Brown and below Mary Lou Baker both enjoying games with the Boys and Girls Club



Resident Spotlight

Mrs. Beverly Elson was born in LaJolla, CA but spent the vast majority of her life in Washington, DC before retiring to a home she owns in Locust Dale, VA. Beverly always had an affinity for the arts and that drove her to pursue her PhD in Art History from the University of Maryland at College Park. Despite never having children of her own Beverly valued the relationships with her students very much and always took interest in pushing them to achieve their highest potential.

She is a member of the College Art Association. Later in life Beverly met her late husband, Frank Grey in Sunday school where they both attended church at National Presbyterian Church in DC. After retiring Beverly could be found busying her time playing the piano and dancing or spending time with her beloved cat named Muff. Despite all she's been able to see and do throughout her life there's nothing she's prouder of than her time spent teaching.

Staff Spotlight

Miss Maria Miller was born in Charlottesville, VA but has spent most of her life in Orange County. After graduating high school, she went on to further her education earning an Associates of Liberal Arts from Germanna Community College and is currently taking classes at Piedmont Community College to earn her Associates of Science in Registered Nursing. Maria has worked for Dogwood for the past 6 years and finds the best part to be getting to hang out with some of her favorite people, both residents and coworkers alike. If anything, everyone feels like family. Maria has two dogs whom she adores, Mia and Lola and spends her time spoiling them as if they're her children. While she isn't working, she can be found playing with her dogs, going shopping, catching up on sleep or volunteering at the Orange County Animal Shelter whenever possible. If she could give one bit of advice to new Dogwood employees it would be, "there are good and bad days, but know the good will outweigh the bad and you are always appreciated by your residents and coworkers."