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Birthdays-

Residents:

Fred Wease 3/6 Erba Burton 3/7 Peggy Butterworth 3/16 Bill Roper 3/17

Staff:

Abigail Powers 3/5 Wanda Morris 3/7 Pam Rothgeb 3/25 Sari Jackson 3/27 Michaele Embrey 3/29 Angela Humes 3/31

Notable Quotable

"From our ancestors come our names. but from our virtues our honors."

old Latin Proverb



Events:

3/3 Lucky Bill Music CR 3/6 March Birthday Party CR 3/9 Adventures in Nature with Pat Temples CR 3/13 Country of the Month-Luck of the Irish Social AR 3/14 Chair Massage with Cindy **WR** *\$10 for 20 minutes* 3/17 St. Patrick's Day Afternoon

Social with Irish Music CR 3/20 Flat Run Ramblers CR 3/24 Kenwood Players Fun Band CR

New Activities for March 🔰

Water Color Coaster- Art project that you paint a wooden coaster shaped as a bird house.

Manicures with Samantha- Come enjoy a free manicure by an Avon representative!

Leprechaun Flower Pot Craft- Did you enjoy the pig, cat and cow we made out of pots? If so, you will love the leprechaun!

Truth or Blarney- True or False Trivia

Tornados are violent, rotating columns of air that gravitate from the storm to the Earth's surface.

Always follow your facility's Emergency Preparedness Plan.

A few safety tips are...

- 1. Remove yourself from any doors and windows immediately. Move to an interior room such as a bathroom.
- 2. Go to the lowest level of the buildina.
- 3. Remain calm and follow personnel instructions.

3/26 Aaron Karpalla Music CR 3/27 Grymes GrandFriend Visit CR

Outings:

Special Events and Outings

3/4 Dollar Tree 3/9 Let's Ride 3/11 Lunch at IHOP 3/23 Country Ride 3/27 Med Spa Trip

Please remember to sign up for outings and special events with an activity staff member.



Bringing Spring Inside- Celebrate the first day of spring by planting tulips that will grow inside!

Candle Stick Chalk Painting-We will be painting glass candlestick holders to hold various Spring decorations!

Design-A-Vinyl- Paint a design on a record to be saved for the Orange County Fair.

Rainbow Rice Sensory Sticks-Easy Project Bright Side Childcare will enjoy!

Safety Question- What is a Tornado?

conditions have created a significant risk of a tornado

> A Tornado Warning is when the severe weather is actually occurring.

On March 17th at 9:45am, Dogwood Village will be participating in the Statewide Tornado Drill. An announcement will be made over the intercom/phone system that the drill is starting. Five minutes later the drill will be completed. Staff members will be on every floor to assist with the drill.



Women's History Month

Celebrating

March

International **Black Women in** Jazz and the **Arts Month**

World **Compliment Day** March 1

International Women's Day March 8

Wellderly Week March 16–22

St. Patrick's Day March 17

Tuskegee Airmen Day March 22

Make Up Your Own Holiday Day March 26

Dogwood Dispatch

March 2020 Issue: 102



In and Around Senior Living...

Activities:

- If you have a fur friends that is visiting on a regular basis. Please make sure the Activity Department has a copy of their updated shot record.
- The quilt raffle will end on March 6th. Drawing will be held at 10am in the Main Lobby and Fred Wease will draw the name of the winner!
- If you are interested in gardening and would like to have a spot in the raised bed this Spring please let the activity staff know.

Admissions/Resident Services:

Please welcome Barbara Duncan, Luther Dofflemoyer, Barbara Grasty & Paul Dowidchuk to Senior Living!

Farewell Joelle

Joelle Smith has been an avid volunteer and has hosted a Monday night exercise class for almost 6 years. Sadly, Joelle and her husband David are moving to Brevard, NC to be closer to David's parents. They have bought a home and have been renovating it for the past 2 1/2 years in hopes of it being a retirement home. Joelle has said "I love everything about volunteering at Dogwood! I adore the elderly because they are living history books. I enjoy talking with them about "how things used to be" and what their lives were like when they were kids and then had families. They should be considered national treasures! I will truly miss everyone! It's been an honor and a privilege to spend time with such delightful people every week for the past 6 vears!"

Tornado Watch is when the

Dogwood Village of Orange County Senior Living 120 Dogwood Lane Orange, VA 22960

Dining Services:

Did you know that corn beef and cabbage are not traditional meals served in Ireland on St. Patrick's Day? Please watch the menu for a traditional meal being served on March 17th.

Health Services:

- 뷲 Please welcome Melinda Ennis to the Health Services Team!
- Please continue to remember to wash your hands!

Miscellaneous:

- Spring Forward Sunday, March 8th! Turn your clocks ahead one hour.
- Please remember to wear green on St. Patrick's Day, Tuesday, March 17th.











...and until we meet again, may God hold you in the palm of his hand.



Around the World Country of the Month

This month Senior Living is traveling to Ireland. Please enjoy some of these Irish Blessings!

Blessing for the Home

May you always have walls for the winds. a roof for the rain, tea beside the fire, laughter to cheer you, those you love near you, and all your heart might desire. May joy and peace surround you, Contentment latch your door, And happiness be with you now, And bless you ever more. Bless you and yours As well as the cottage you live in. May the roof overhead be well thatched And those inside be well matched. May your neighbors respect you, Trouble neglect you, The angels protect you, And heaven accept you.

For sunlight after showers— Miles and miles of Irish smiles For golden happy hours— Shamrocks at your doorway For luck and laughter too, And a host of friends that never ends Each day your whole life through! May God give you... For every storm, a rainbow, For every tear, a smile, For every care, a promise, And a blessing in each trial. For every problem life sends, A faithful friend to share, For every sigh, a sweet song, And an answer for each prayer. May the friendships you make, Be those which endure, And all of your grey clouds Be small ones for sure. And trusting in Him To Whom we all pray,

Blessing of Friendship

Wishing you a rainbow

May a song fill your heart, Every step of the way. May your home always be too small to hold all your friends.

Prayer Request

Paul Dowidchuk- Transition

Volunteer:

Roberta Jalbert- Master Naturalist Garden Volunteer- Health Janet Ryder- Health Family of Sue Dofflemover- Grief Joanna Andrews- Health Joelle Smith – Moving Transition

Staff:

Brenda Hutchinson-Volunteer Coordinator- Health Pat Davis- Receptionist-Grief of Sister, Health of Daughter Alice Wright- H&R Receptionist-Grief of Daughter

Jim is pictured with

(I-r) Maggie Rowe,

Mary Lou Baker and

Betty Rollins.

Dogwood Village would like to recognize Jim Beavers for his contributions to the facility. Jim was born in Roanoke, Virginia and came to faith in Christ as a young man and subsequently served in lay leadership roles for over 30 years. Later he earned his Master of Divinity and was ordained an Anglican priest in 2009. Previously Jim served in primary and secondary education, both as a teacher and head of school for two Christian schools. He has also worked for non-profit organizations including Open Doors with Brother Andrew and the C. S. Lewis Institute. Jim holds a both Bachelor of Science and Master of Arts degree from The College of William and Mary. In May 2011 he was called to Christ Anglican Fellowship in Orange, Virginia where he continues to serve. Jim met his wife Anne, at William and Mary, and they have been married for 42 years. They have three grown children and seven grandchildren. He enjoys photography, graphic design, nature study and lawn and garden care.

Mrs. Frances Purcell was born and raised in Washington. D.C. and spent her childhood there along with her brother, Jay and sister, Florence. After graduating high school, Frances went on to further her education at the University of Virginia where she first met her future husband Woody while he was a patient of hers at the hospital. Frances told Woody she would only date him if he finished school and got a degree, to which he obliged. Frances and Woody went on to get married and have 3 daughters and now have 3 grandchildren. Frances worked as a public health nurse for a number of years serving the Orange, Albemarle and Charlottesville communities, while Woody worked in sales and marketing for Ford, Toyota and Subaru through the years. She is a member of Rapidan Emmanuel Church and was instrumental in helping rebuild the church after flooding in 1995 and 96. While she wasn't working or tending to her family Frances could be found painting, doing needle point or singing. Despite all the accomplishments she's achieved in her life nothing compares to the pride she takes in raising her three daughters who are all successful in careers of their own.

Miss Brianna "Bri" Prater has spent her life thus far in Orange County, VA enjoying close relationships with her mother, Wanda and sister, Amber. Bri graduated from Orange County High School in 2018. Over the course of her two-year tenure as part of the Dogwood family Bri has grown tremendously. She began working at Senior Living in the Dining Services department while still in high school and transitioned to the Health Services staff after completing high school and becoming a CNA. The part of her job she enjoys most are the relationships she's built with the residents. Bri plans on continuing her education and growing in the health care field. When she isn't serving the residents of Dogwood Village, Bri can be found spending time with friends. Despite her young age she has accomplished a lot including moving into her own apartment and purchasing her first car on her own. Three words that can be used to describe Bri are: sweet, caring and funny.

Catherine Kimbrough-Health Don Detwiler- Health Peggy Butterworth- Health Barbara Grasty-Transition

2nd Floor: Barbara Hutchinson- Health Health of Niece, Brother and Brother-In-Law Jay Marshall- Health Renate Ruzich-Health Luther Dofflemover- Grief of Wife. Transition

1st Floor:

3rd Floor: Sarah Crigler- Health Family of Betty Colvin- Grief Frances is pictured with

her husband Woodv during the 2019 Sweetheart Ball at Dogwood Village Senior Living



Volunteer Spotlight- Pastor Jim Beavers

Resident Spotlight- Frances Purcell

Staff Spotlight- Bri Prater