

Dogwood Village of Orange County Health & Rehabilitation 120 Dogwood Lane Orange, VA 22960

Celebrating May

May Day May 1

Nat'l Day of Prayer May 2

Kentucky Derby May 4

Cinco de Mayo May 5

Nat'l Teachers Day May 7

> Mother's Day May 12

National Skilled Nursing Care Week May 12-18

Memorial Day May 27

Flower of The Month:
Lily of The Valley

Birthstone: Emerald

The Village Voice



A publication of Dogwood Village Health and Rehabilitation

VOLUME 28

MAY 2019

National Skilled Nursing Care Week 2019



National Skilled Nursing Care Week is formerly known as National Nursing Home Week. This week provides an opportunity to recognize the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities. It was established by the American Health Care Association (AHCA) in 1967 and begins on Mother's Day and continues through the following Saturday.

The 2019 theme is "Live Soulfully". Living soulfully is about living a full balanced life, working with a purpose, having joy in our hearts and loving with passion. What are you doing for yourself and others every day? What makes you happy? How are you contributing to your own happiness and the happiness of others?

Every day, skilled nursing facilities assist our seniors and people with disabilities in living their happiest and best lives. Whether it is planting, cooking, reading or listening to music, skilled nursing facilities pay it forward by helping individuals find their own happiness to improve quality of life.

This year our National Skilled Nursing Care Week (NSNCW) will focus on living soulfully. The activities department has planned a week full of special events; we hope you plan on joining us as we focus on achieving happy minds and healthy souls.

- May 12th Mother's Day Luncheon Weekly Worship Service
- May 13th Acts of Kindness (Week) Orange County Cheerleaders Posh Pampering with Jennifer ADON & Enriching Heart, Soul & Mind with Aaron.
- May 14th Music with Fritz & Our Annual Family Night Picnic (Entertainment by Tonia Ray)
- May 15th Sing A Long with The Blue birds of Happiness, Dogwood Village Talent Show Rhoadesville Baptist Visit

- Knights Chapel Singers
- May 16 Funnercise with Pokey The Way Worn Travelers, Ice Cream Social Provided by APS A Visit to James Madison Montpelier Presentation
- ▼ May 17- Catholic Mass St. Isadore
 The Farmer Church, BINGO,
 Brightside Reading Group,
 Holy Land Presentation by
 Jim Beavers
- May 18 Saturday Morning BINGO
 & The Hi-Horse Cloggers



Volunteer Spotlight

On April 13, 2019 Montpelier Chapter DAR Regent Betty Mallory presented one of our faithful volunteers, Larry Lloyd, with The DAR Community Service Award at the Montpelier DAR Chapter Meeting held at Westover Methodist Church.

I choose to live soulfully, I choose to be awake. to learn and to grow. to stay present. to embrace it all.

Celebrate Mom

Mother's Day Luncheon Sunday, May 12th

Seating's at 11:00AM - Noon & 12:15PM—1:15PM

Health & Rehabilitation Main Dining Room

Menu

Shrimp Cocktail
Chicken Cordon Bleu
Honeybaked Ham
Steamed Broccoli Florets
Oven Roasted Diced
Sweet Potatoes
Dinner Rolls & Butter
Chocolate Silk Pie or
Lemon Cream Layer Cake

Please RSVP at front office.



On Monday April 30th, 2019 Tom Czelusta met with several of our residents to sign this years National Skilled Nursing Care Week Proclamation.

(Pictured left to right)
Brenda Hutchinson,
Admin. Assistant, Carol
McKenney, Tabitha
Payne, DON, Ann
Freeman, Tom Czelusta,
Chairman of Health
Center Commission and
Nancy Huffstickler.

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Resident Spotlight

Ms. Jean Dempsey was born and raised in Orange County Virginia and attended Orange County Public Schools. She has two sons and one daughter, four grandchildren and five (soon to be seven) great-great grandchildren. After raising her children Ms. Dempsey went to work for the Orange Review Newspaper. She enjoyed working at the newspaper very much. During her leisure time she likes to spend time with family and friends, socializing with other residents and workers, working on her puzzle books and working with flowers every chance she can. She is pictured here with Ms. Charlene Schweikert and Ms. Agnes Sullivan. (left to right; Ms. Schweikert, Ms. Dempsey and Ms. Sullivan)





May 6-12, 2019

Join us in celebrating National Nurses Week and celebrate nurses who lead the charge for health and wellness. The theme for 2019 is

"Nursing: The Balance of Mind, Body and Spirit".

On National Nurses Day, celebrations and receptions are held across the United States to honor nurses. May 12, the final day of National Nurses Week, is the birthday of Florence Nightingale (1820-1910). The English nurse became known as the founder of professional nursing, especially due to her pioneering work during the Crimean War (1853-1856). Due to her habit of making rounds at night,

Nightingale became known as "The Lady with the Lamp".





The winners of our Easter candy contest are...
Tina Nicholson & Grace Wilson.
Tina is pictured with her winning jar of Easter candy.
(155 pieces of candy)

NURSES WEEK CALENDAR OF EVENTS

Monday 6th- "Take A Break" with Kit Kats, provided by Rehab.

Tuesday 7th - Breakfast—coffee & Donuts in EM PDR for Nurses. Provided by Dining Services. Breakfast begins at 6:30am

Wednesday 8th - Hand sanitizers provided by Activities.

Thursday 9th - De"**pen**"dable pens, provided by Employee Relations

Friday 10th - Cookout for Nurses (10:00am - 1:00pm) **Saturday 11th**- T-shirt Giveaway. Lottery Tickets & Candy provided by Social Services.

Sunday 12th- "All That And A Bag of Chips" Provided by Dining Services.

*Night shift will be accommodated by nurse management *

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Sunday School every Sunday morning Weekly worship service every Sunday afternoon Bingo Games (Monday & Saturday Mornings) Weekly Sing Along with The Bluebirds of Happiness (Wednesday) News Current with Doris Shumate (Thursday)

Catholic Mass, St. Isidore The Farmer Church 5-3, 5-17

> May Craft 5-1 Afternoon Social 5-2

Victory Baptist with Teddy Cave 5-2

Bingo 5-3

Cinco de Mayo 5-3

Tyler Village Children Visit 5-3

50's & 60's Music by Keith 5-6

Worship & Song with Archie Seale 5-6 Music by Charlie Lopez 5-7

Leisure Ride 5-7, 5-9, 5-23

Flower Pot Painting 5-8

Funnercise with Pokey 5-9, 5-16, 5-21, 5-28

Monthly Master Gardners Club Meeting 5-10

Monthly Birthday Bash 5-10 Free Union Mission 5-11

Mother's Day Luncheon 5-12

Oak Grove Youth Visit 5-12

Acts of Kindness (throughout the week)

Orange Co HS Cheerleaders Visit 5-13

Posh Pampering with Jennifer ADON 5-13 Enriching The Soul with Aaron 5-13

Music by Fritz 5-14

Alan Jackson Hymn Sing DVD 5-14 Annual Family Night Cookout 5-14

Dogwood Village Talent Show 5-15

Rhoadesville Baptist Church Visit 5-15

Knights Chapel Singers 5-15

Music by The Way Worn Travelers 5-16

Ice Cream Social Provided by APS 5-16

A Visit to James Madison Montpelier 5-16 Brightside Reading Group Visit 5-17

Holy Land Slideshow with Jim Beavers 5-17

Hi-Horse Cloggers 5-18 Jeopardy 5-20

Music by Jim Lilly & Sunnyside 5-21

Woman's Community BINGO 5-21

Kevin Sings The Classics 5-22

Strawberry Social 5-24

City of Refuge Bible Baptist Church 5-25

House of God Tabernacle Visit 5-26

Memorial Day Celebration 5-27

Monthly Resident Council Meeting 5-28

Balloon Dart Game 5-29

Movie & Popcorn 5-30

Afternoon Social 5-31



John Washington 5-1

Garnett Kestner 5-5

Ritha Corbin 5-8

Vincent Sukites 5-9

Mary Whalen 5-9

Ray Faulconer 5-11

Virginia Henderson 5-12

Helen Shoemaker 5-13

Ruth Conrad 5-14

Harriet Lewis 5-15

George Johnson 5-16

Paul Irvin 5-18

Elaine Gentry 5-18

Janice Noble 5-21

Estelle Bracey 5-31

In observance of Memorial Day

We honor the brave men and women who serve our country and those who gave their lives to preserve our freedom.

Memorial Day May 27, 2019



To view our monthly newsletter online go to

www.dogwoodvillageocva.org

Please be sure to check the daily activity calendar posted on each unit as activities are subject to change