July 2023

National Onion Ring Day!



Wine & Design is a favorite!



ACTIVITY NEWS

We continue to hold our monthly Peanut Auction each month. The residents can purchase, goodies with peanuts. We are always looking for, donations. Examples we can use personals, snacks, candy, home décor, CD's, picture frames. If you can help us out, please contact: Lisa Erb, Director of Activities at 540-672-3010.

Dogwood Senior Living is working on opening a game room on the 3rd floor for residents to enjoy in the evenings and weekends. If you have any board games, card games or table top games you no longer want we would be glad to put it to good use.

In October of 2023 we plan to host a holiday Bazaar. Our residents will be busy making Christmas Ornaments the next several months. Stay tuned for upcoming news about this event!

July Birthday's

7/4 Betty Coleman 7/9 Beverly Elson 7/12 Ray Lonick 7/13 Ruth Sullivan 7/14 Peggy Fitch



JULY OUTINGS:

You are required to sign up!! 7/5 Leisure Ride 7/12 Lunch: Martins Grill 7/14 Madison Gardens 7/19 Lunch: Vinny's 7/21 Leisure Ride 7/26 Crossing Brook Farms 7/28 Longhorn Steak House



Shop till you drop!

DOGWOOD DISPATCH

Dogwood Senior Living 120 Dogwood Lane Orange VA 22960 540-672-1830

Celebrating July

Family Reunion Month Park and Recreation Month

World Watercolor Month

Canada Day July 1

Air Conditioning Appreciation Days July 3–31

Independence Day (U.S.) July 4

> Swimming Pool Day July 11

Bastille Day (France) July 14

Muharram (Islamic New Year) Begins at sundown on July 18

> Hammock Day July 22

World Nature Conservation Day July 28 For better or for worse, whether you revere him as an exemplar of American fiction or criticize him for being a man's man, Ernest Hemingway has forever etched himself into the American literary canon. If the debate over Hemingway's literary worthiness leaves you tired and bored, you can escape to a place where "Papa"—as he was so lovingly known near the end of his life—is remembered more like an old friend than a literary giant: Key West, Florida.

From July 20–23, in honor of the writer's birthday on July 21, Sloppy Joe's Bar on Duval Street in Key West holds its annual Hemingway Look-Alike Contest. Key West held a special allure for Hemingway. Its world-class deep-sea fishing provided an outlet for Hemingway's masculine bravado. He loved nothing more than to fish in the mornings, write in the afternoons, and head over to Sloppy Joe's in the evenings.

The original Sloppy Joe's was not located in Key West but in Havana, Cuba, another one of Hemingway's favorite places (especially during the Prohibition era). Havana bar owner Jose "Joe" Garcia was known to leave the floor of his bar "sloppy" with melted ice from seafood and cold drinks. Hemingway and other patrons teasingly referred to his bar as Sloppy Joe's. Hemingway often visited the Havana haunt with his friend, bartender Joe Russell. Once Prohibition was lifted in America, Russell opened his own bar in Key West, a bar that would eventually "borrow" the name Sloppy Joe's and become Hemingway's favorite watering hole.

So, what better place to remember Hemingway than at his favorite watering hole in his favorite locale? Each year, the Hemingway Look-Alike Society gathers dozens of its best Hemingways to vie for the honor of becoming that year's beloved "Papa." And lucky for these Hemingways, they don't have to box each other or run with the bulls in Pamplona, two of Papa's favorite pastimes.



Remembering "Papa"

Good Fortune

No meal at a Chinese restaurant is complete without the obligatory fortune cookie to finish the experience. However, there is nothing inherently Chinese about fortune cookies. The crisp vanilla cookies were invented in California around 1915, but just who invented them is up for debate—a debate we hope to resolve before July 20, Fortune Cookie Day.



Modern-day fortune cookies might have been inspired by a real-life Chinese historical figure. In the 14th century, Chinese revolutionary Chu Yuan Chang led a band of rebels against the Mongols. Disguised as

a Taoist priest, Chu entered the walls of cities occupied by the Mongols to hand out traditional moon cakes to the locals. Moon cakes were made with lotus nut paste, an ingredient that the Mongols never liked. Knowing that the Mongols would never taste a moon cake, Chu hid messages inside them detailing his strategies to rise against the Mongols. It is believed that the first fortune cookies were born from this ancient practice of hiding messages in moon cakes.

Fast forward to San Francisco in 1914, where Japanese immigrant Makoto Hagiwara ran his famous Japanese Tea Garden in Golden Gate Park. After the anti-Japanese mayor of San Francisco attempted to remove Hagiwara from his position, Hagiwara showed his appreciation to friends who stood by him by hiding well wishes inside a cookie. Hagiwara's "fortune cookies" became a staple at the Japanese Tea Garden.

Or perhaps the credit goes to Chinese immigrant David Jung, founder of Los Angeles' Hong Kong Noodle Company. Jung claims to have created the cookie in 1918. So saddened by the unemployed people wandering the streets of Los Angeles, he invented a cookie that held inspirational Bible passages on small strips of paper.

Fortune has favored Hagiwara. In 1983, the unofficial Court of Historical Review in San Francisco ruled Hagiwara the rightful inventor of the fortune cookie.



FIRECRAKER HAPPENINGS!!

7/4 Patriotic Breakfast in the activity room.The doors will open at 7:30 AM and close at 8:30 AM. Please sign with activity staff if you plan to attend this festive event.

7/4 Mark your calendar to attend Firecracker Bingo in the community room from 9:30 AM to 11:30 AM. We will be giving away "Firecracker" prizes so don't miss it!!





Memorial Day Balloon Pop was a hit!



Tomato Sandwich Monday will continue through the summer, with fresh garden tomatoes!



We Celebrated National Donut Day with cinnamon sugar and powdered sugar homemade donuts.





7/3 Patriotic Parade W/Brightside 7/3 Patriotic Tattoo's 7/3 Pop It & Win It 7/5 Blue Birds of Happiness 7/6 1950's Summer Dance Party 7/6 Bingo W/Ellen 7/7 Civil War W/Nancy Napier Topic: Underwear 7/10 Nashville Standard 7/11 Water Falls Trio Band 7/12 Purple Cow Cart (Room to Room) 7/17 Tomato Sandwich Monday 7/18 Singing Grandpa 7/19 Blue Birds of Happiness 7/19 Keith Campbell 7/20 Bingo W/Ellen 7/21 Bollywood Fitness 7/21 Junk Food Social 7/25 Peanut Auction 7/26 Water Gun Blast 7/27 Garden Party Buffett 7/27 Bingo W/Chelsea 7/31 Fly Swatter Hockey



PUTTIN ON YOUR BOOGIE SHOES!!

On July 7, 2023, from 2:00 pm to 3:30 pm head up to the wellness

room. We are excited to have DJ James Helmick in the house for the afternoon celebrating the 1950's Dance Party! Come up and enjoy an afternoon of socialization, music and most of all dancing. Dig deep in your closet to find that awesome fifties outfit. We encourage any staff or family to attend the event.

DONATIONS NEEDED

The activity department is still looking for any summer veggies that you may wish to donate. We have included events over the next few months to share the sweet taste of summer with our residents. If you wish to donate, please reach out to the activity staff here at Dogwood Senior Living.