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Birthdays:

Residents-Betty Coleman 7/4 Peggy Fitch 7/14 Jay Marshall 7/18 Pat Faulconer 7/28 Staff-Samantha Dodson 7/2 Barbara Ezell 7/9 Mark Morriss 7/9 Jane Johnson 7/13 Rue Gordon 7/15 Lori Miller 7/16 Chris Weller 7/16 Bobby Painter 7/19 Taylor Walters 7/24 Chelsey Partlow 7/26 Kathleen Archer 7/27 Typesia Tyler 7/29 Linda Grimes 7/29 Doris McLeman 7/31

Notable Quotable

"Here men from the planet Earth set foot upon the moon. July 1969 AD. We came in peace for all mankind."

~ Neil Armstrong, astronaut





Events:

7/4 4th of July Celebration CR 7/5 July Birthday Party CR 7/8 Adventures in Nature-Program on Caves CR 7/9 Ear Cleaning and Hearing Aid Checks with Dr. Koch S 7/11 Music with Billy Caldwell DR 7/12 Whispering Tunes with Kim CR 7/13 Denim and Lace CR 7/16 Afternoon Social with Music by Dick Orange CR 7/18 Ronnie Williams and the Carter Family Sound CR

Patriotic Shirt Making- Come make a shirt to wear on all patriotic holidays!

Let's make Patriotic Treats- You will be making the treats we serve during the 4th of July celebrations.

Sheep Ornament- Simple Craft project using a yarn wrapping technique.

Suncatcher Craft- a resourceful craft using recycled materials.

- 1. DO NOT Talk to telemarketers
- a. Use an answering machine b. Use your caller I.D. or get
- caller I.D. c. Hang up the phone if there is a long hesitation or if it is not someone you recogonize.
- 2. If you talk to them, trust your Instincts.
 - a. Never give your out your personal information
 - credit card numbers •
 - bank. ID number •
 - drivers license • numbers
 - social security number ٠

- **Events and Outings** 7/20 Chair Massages with Cindy WR *\$10.00 for 20mins. Please sign-up with Activities Staff*
 - 7/23 Kenwood Fun Band CR 7/25 Garden Party HG 7/26 Folk Music with Alex Caton CR

Outings:

7/3 Dollar Tree 7/10 Terry's Place Consignment 7/17 Ice Cream Run 7/19 Med Spa 7/24 Lunch and Tour at Montpelier 7/26 Yoder's Market 7/29 Country Roads Ride

New Ideas and Activities for July!

Pass the Pig Game- easy game involving rolling pigs!

> Mason Jar Painting-Come help us begin creating the centerpieces for National Assisted Living Week!

British Dice Game- A game of luck in which you try to roll the lowest numbers as possible.

Would You Rather- Food for thought. Would you rather live at the beach or in the mountains?

Safety Tips- Avoiding Scams

- b. Ask what state or federal agencies the company is registered with or regulated by
- c. Get it in writing. If the offer sounds "too good to be true," it probably is. Don't be pressured.
- d. Ask to be put on the Do-Not-Call List.
- e. Keep a call log. Write down dates and times you've received called when you'd requested not to be called
- 3. If you are contining to have issues or problems please let Annette Putman, Resident Service

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Activities-

See.



Celebrating July

Picnic Month

Tour de France Month

Canada Day July 1

Independence Day July 4

Don't Step on a Bee Day July 10

Yellow Pig Day

July 17

July 21–27

Dav

July 24

Lipstick Day

July 29

staff member.

Zookeeper Week Tell an Old Joke

- Coordinator know ASAP.

allowed the Activities Department to enter their crafts into the Orange County Fair. Over 30 ribbons were earned! **Resident Services/ Admissions-**Please remember if you place

Dogwood Dispatch

Dogwood Village of Orange County Senior Living 120 Dogwood Lane Orange, VA 22960

In and Around Senior Living...

Thank you to everyone who

something on your front door it needs to be metal or fire rated to follow our guidelines from the fire marshal. **Environmental Services-**

Please continue to help keep our facility clean by reporting any spills, pests or areas needing improvements to a

Bird Nest Found in the Bird Box by the Raised flower bed!



Check out our raised bed garden!

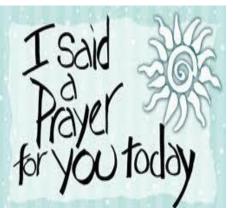


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What is Hyperthermia? Hyperthermia is a group of

illnessess that may result from being too hot for too long.

Who may be at risk?

- People with heart or blood vessel problems
- Diagnoses of lung, or kidney disease
- Diagnoses of high blood pressure
- People taking beta blockers or diuretics.

How to prevent hyperthermia-

- Drink plently of fluids-Water, fruit juices
- Avoid caffeine and alcohol
- Use fans or Air Conditioning
- Stay in the cool during the hottest parts of the day
- Do no go out or exercise in the heat
- Shower, bathe or sponge off with cool water if needed

Prayer Request 1st Floor:

Herbert Breeden - Health Virginia Serroka- Health Catherine Kimbrough-Health

2nd Floor:

Barbara Hutchinson-Health of Niece Health of Brother Health of Brother-In-Law Renate Ruzich-Health Jean Good- Health **Glynn Coleman- Health** Ruth Stevens- Health 3rd Floor: Betty Glascock- Daughter-Safe Travels

New Neighbors 🔺

1

3

3

3

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3

2

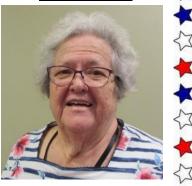
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17



Bettie Nixon

3



Cora Frances Smith



Family of Virgie Atkins- Grief

Family of Irmgard Sames- Grief

Volunteer:

Roberta Jalbert- Master Naturalist

Garden Volunteer- Health

Ellen Puffenbarger- Bingo

Volunteer- Grief of Mother

Staff:

Susie Rogers- Maintenance-

Health of Daughter

Alexis Fountain-Transition

to new home!

Hope Donaghy- Health of Husband

Patty Talley- Director of Community

and Customer Relations-

Father's Health



Earl is pictured with his good friend Barbara Hutchinson who resides in Senior Living.







Dogwood Village would like to recognize Earl McCauley for his contributions to the facility. McCauley was born and raised in Maryland and has many siblings. He landed a job with Potomac Edison Power Company where he worked for 36 years. Earl is currently married to Brenda McCauley and lives in Orange. The couple has 5 children, 7 grandchildren and 1 great grandchild.

Staff Spotlight

The one and only, Mrs. Angela Humes was born in Charlottesville, VA and has spent the majority of her life in or around Orange County. She and her lifelong partner Anthony share a home in Spotsylvania County. Angela has one son, Lionel and one granddaughter, Tamera whom affectionately refers to her as "Mama Sissy". Since graduating from Orange County High School Angela has dedicated the majority of her life working in health care. We are proud and privileged to say that for the last 38 years Angela has been a constant for the residents of Dogwood Village. The sense of family and being able to make a difference in the lives of others is what brings her back to us each day. When she isn't working, Angela can be found spending time with family, playing cards, shopping and occasionally spending time at the casino.

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Volunteer Spotlight



They are active members of Zion Baptist church and enjoy fellowship with their church family and community friends. Earl loves to learn and has many areas of expertise including ministering to others.



Resident Spotlight

Our friend, Claudia Chisholm, affectionately known as C.C., is originally from Buckingham County, VA where she grew up with an older sister and younger brother. Claudia spent her days in Buckingham until she went to study at Longwood University. During her college years she met her future husband Louis while attending a dance at Virginia Tech University. After marrying the couple went on to have two wonderful children, Brenda and Randy who in turn blessed them with three grandchildren. Louis and Claudia had a family-owned farm which ran a beef cattle operation. Claudia assisted with running the farm while her husband traveled to Richmond each day for his job with Virginia Farm Bureau. One little

known fact about Claudia is her coauthorship of a book titled, "Old Homes of Louisa County". Mrs. Chisholm was a longtime member of the Elk Creek Church, DAR, and UDC. Nothing at all could slow her down. Though life has always kept her busy, nothing could ever compare to the love and dedication C.C. has given to her farm and

family.