

Birthdays:

Residents:

Bettie Nixon- 11/11
Betty Colvin- 11/15
Claudia Chisholm- 11/25
Frances Reamy -11/27

Staff:

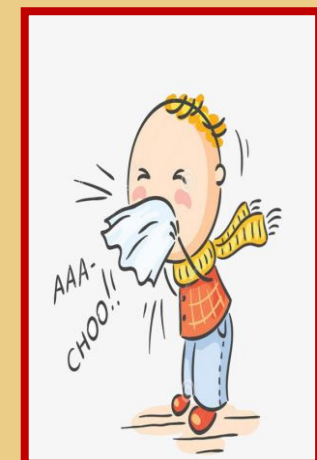
Sydnee Jenkins 11/3
Makinzie Sacra 11/12
Desirrae Sheffield 11/26
Kourtney Monroe 11/29



Notable Quotable

“If your ship doesn’t come in, swim out to it.”

~ Jonathan Winters, comedian



Special Events and Outings

Events-

11/1 November Birthday Party **CR**
11/2 Nashville Standard **CR**
11/4 Sit and Stitch **HL**
11/5 Emergency Preparedness Session with Carrie Dowdy **CR**
11/8 Pumpkin Roll and Cider **CR**
11/10 Chair Massage with Cindy **WR**
\$10 for 20mins please sign up with Activities
11/11 Veteran’s Day Celebration **CR**
11/14 Me and Martha **DR**
11/19 Kenwood Players Fun Band **CR**
11/23 Music Therapy with Madalyn **WR**

11/25 Adventures in Nature **CR**
11/27 Meeting with Administration **DR**
11/28 Thanksgiving Message **ML**

Outings:

11/4 Bright Side Spicer Mill Visit
11/6 Let’s Ride
11/13 Dollar Tree
11/15 Med Spa
11/18 Let’s Ride
11/20 Yoder’s Market
11/22 Silk Mill Grille

New Activities for November

Turkey Tail Fan Blade- Decorate a brown fan blade to be used as a tail feather for a Thanksgiving display!

Gratitude Tree- We will be decorating leaves with all the things we are thankful for.

Fingerprint Holiday Card- Design a beautiful card just by using the tip of your finger!

Roll-A-Turkey Dice Game- Use dice to see who makes the turkey tail first!


Wooden Christmas Trees- Parts 1,2 & 3- We will be making beautiful trees out of refurbished wood carved by our wonderful Maintenance Department!


Dessert Feast- Come celebrate with Bright Side Childcare an early and sweet Thanksgiving!


Ornament Decorating- make ornaments to decorate our resident tree in the Activity Room


Advent Calendar- Resident’s will be creating a calendar to count down to Christmas Day!


Helpful Tip to Prevent from getting sick!

 Wash your hands. Cold and flu viruses may be spread by indirect contact. Maybe someone sneezes onto their hand and then touches a doorknob, only to have the virus picked up by the next person who also touches it. Washing your hands is the best way to prevent the spread of germs.

 Cough into your elbow. Viruses cling to your bare hands; you can reduce the spread of viruses by perfecting the art of the elbow cough. When you cough, simply cover your face with your entire elbow.

 Disinfect common surfaces. Viruses that cause colds and flu can survive on common surfaces for up to 72 hours. Don’t forget to use disinfectant on phones, doorknobs, light switches, and remote controls.

 Drink Water- Water can help strengthen your immune system. If you get sick, water flushes your system, rehydrates you and washes out the toxins. An adult should drink eight 8-ounce glasses of fluids each day.

 **Family and Friends:** If you have to visit and you are ill please ask for a mask at the front desk!

Dogwood Dispatch

November 2019
Issue: 98



Dogwood Village
of Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960

Celebrating November

Inspirational Role Models Month

American Indian Heritage Month

Author’s Day
November 1

Men Make Dinner Day
November 7

Veterans Day:
U.S.
November 11


World Kindness Day
November 13


Rock Your Mocs Day
November 15

Thanksgiving:
U.S.
November 28


In and Around Senior Living...

Activities:


 Please welcome Alicia Foster to the Activities Team!

 If you requested an absentee ballot, the activities department will be around to assist


Admissions/ Resident Services:

 Welcome our new residents Beverly Elson and Mary McBride


Dining Services:

 November’s Coffee and Conversation meetings will be November 25th at 3:30 in the Main Dining Room.

Health Services:

 The holidays are approaching, if you are planning to be out of the facility for one or more nights, please give the charge nurse 72 hours’ notice so that your medications will be available to take with you.

Maintenance:

 Only metal or fire rated decorations are allowed to be used on apartment doors. Please do not place decorations in the hallways. If you have any questions, please see a member of the Maintenance Department.



Holiday Meals- Thanksgiving Luncheon

Thanksgiving Lunch will be hosted in the Senior Living Main Dining Room for resident’s family and friends on November 28th at 11:30am & 12:45.

Please let the receptionist at the front desk know how many guest and what seating you would like.

Guest meals will be \$15.00 for adults and \$7.00 for children ages 6-12.

Appetizer: Deviled Eggs

Main Course:
Roasted Turkey and Gravy
Cornbread Stuffing
Green Bean Casserole
Whipped Potatoes
Dinner Roll and butter
Cranberry Sauce

Desserts: Pumpkin, Sweet Potato or Apple Pie

Drinks: Lemonade, coffee, tea



Veteran's Day

Please take note of the Veteran's Day display that will be in the Main Lobby the first week in November! If you see any of these residents please thank them for their service

A special luncheon will be held in the Community Room for our veterans on November 11th at 11:15 in the Community Room!



- Glynn Coleman- Air Force
- Don Detwiler- Navy
- Ron Gellatly-Air Force
- Dr. Matt Graves- Air Force
- Rod Knighton- Army
- Jay Marshall- Navy
- Doris Smith- Navy
- Zeke Tomlinson- Army
- Fred Wease- Army

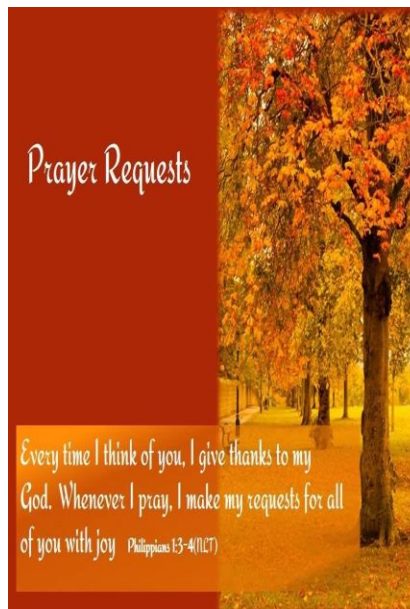


1st Floor:

- Family of Herbert Breeden – Grief
- Family of Alice Lumsden- Grief
- Don Detwiler- Health

2nd Floor:

- Barbara Hutchinson- Health
- Health of Niece
- Health of Brother
- Health of Brother-In-Law
- Alice Wells - Health
- Barbara Grasty- Health
- Jay Marshall- Health



New Neighbors

Beverly Elson



Mary McBride



3rd Floor:

- Mildred Ransom- Health
- Sarah Crigler- Health
- Erba Burton- Health of Son

Volunteer:

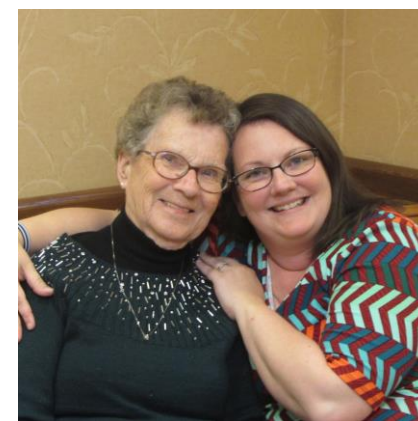
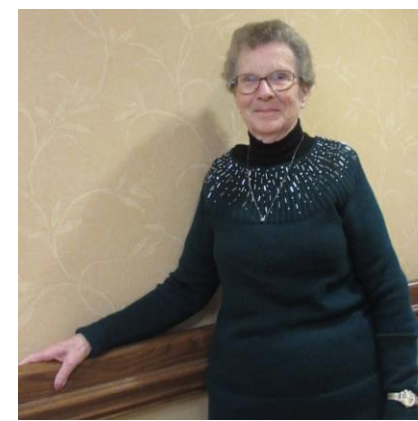
- Roberta Jalbert- Master Naturalist Garden Volunteer- Health

Staff:

- Tyhesha Minor- Birth of Son

Golden Horseshoe Volunteer Corp.

Dogwood Village would like to recognize the Golden Horseshoe Volunteers for their many contributions to the facility since 1970. This amazing group of volunteers provide compassion and kindness as they support the residents and staff at Dogwood Village through programs, individual visits and assistance with activities. Most recently, this group of Volunteers as well as other community volunteers hosted a Bake and White Elephant sale in the facility where they raised a thousand dollars for the facility. Pictured L-R is Brenda Hutchinson, Volunteer Coordinator receiving a check from President of the Golden Horseshoe Volunteer Corps, Violet Brown. If you are interested in becoming a volunteer and joining this group, please contact Brenda Hutchinson at 540-672-2611.



Resident Spotlight

Mrs. Mary Lou Baker has been a friend to all from the moment she moved into Dogwood Village. She was born in Unionville and has spent the entirety of her life in Orange County. She worked for Safe Way for 24 years and retired in 1988. She met her husband W. Ivan Baker on a blind date and the couple shared a wonderful marriage for 35 years. In total the couple shared 9 incredible children. When speaking of her husband Mary Lou fondly remembers that in the eyes of her husband children could do no wrong. Mary Lou has always enjoyed spending time with friends, shopping and going out to eat. She is a member of the Unionville Christian Church where she attends when possible. Of all the things she's done in her life she takes the most pride raising her children to be well-rounded individuals and always doing her best to be a good person.

Staff Spotlight

Activities Director, Ashley Gore spent her early life in Culpeper County with her parents & brother Bryan. After graduating from Culpeper County High School Ashley went on to further her education at Radford University, earning her B.S. in Recreation, Parks and Tourism with her concentration in Recreation Therapy. While in college she began dating her husband Owen and the two married in 2010. Owen serves the Culpeper County Sherriff's Department with his K-9 Stryker. The couple shares two daughters Marleigh and Meredith, ages 7 and 2. Ashley cherishes a close bond with her mother whom she finds to be an inspiration and is her reason for beginning her journey in healthcare. Over the course of the last 8 years Ashley expressed the residents have become part of her family and she enjoys being able to bring smiles to their faces.