



120 Dogwood Lane
Orange, VA 22960
540-661-3100

The Village Voice

A publication of Dogwood Village Health and Rehabilitation

January 2022

Celebrating January

**New Years Day
January 1**

**Elvis's Birthday
January 8**

**Martin Luther
King Jr. Day
January 17**

**Betty White's
100th Birthday
January 17**

**Maintenance Day
January 18**

**Activities
Professional
Week
January 23-29**



We would like to thank everyone who participated in our Annual Angel Tree Event. Thanks to your thoughtfulness and generosity, every resident had a special Christmas gift to open on Christmas morning. We cannot thank you enough for bringing some much needed happiness to our residents during this rather challenging year.

UPCOMING EVENTS

** Please remember to check the daily activity calendar posted on each unit as the monthly calendar is schedule to change **

- New Years Day 2022
Rose Bowl Parade on big screen in Main Dining Room
- Movie & Popcorn on Saturday afternoons
- Snowball Toss Game
- Cozy up by the fireplace with some hot cocoa
- Short Stories with Joan Edwards
- Weekly crafts - Winter theme
- Music with Fritz
- Music with Nashville Standard/ Adam
- Balloon Volleyball
- Milk & Cookies on National Milk Day 1-11
- Elvis's Birthday - Movie in MDR 1-8
- Martin Luther King Jr Day 1-17:
The Story of Martin Luther King Jr. DVD
- Let's build a Marshmallow Igloo



Birthdays of the Month

Gladys Glass 1-1

Marjorie Foster 1-1

Patricia Yancey 1-6

Louise Frazier 1-9

Maryann Mohrmann 1-9

Irene Pittman 1-11

Brenda Johnson 1-13

Joella Bradshaw 1-21

Mary Dowell 1-24

Dorothy Oberreuter 1-24

Carolyn Long 1-27

Mildred Butts 1-31

Ruby Weakly 1-31



In order to keep temperatures regulated throughout the facility we need to make sure windows are kept closed at all times.

If you notice anything in or around your room in need of repair please notify your charge nurse as soon as possible.

Please be sure to wear your facemask at all times when outside of your room, except for when eating. When you are done eating please remember to put your facemask back on.

**Residents Council Meeting
January 13, 2022 in Main Dining Room**



"We are all like snow flakes, different in our own beautiful way"

Snowflake Fun Facts

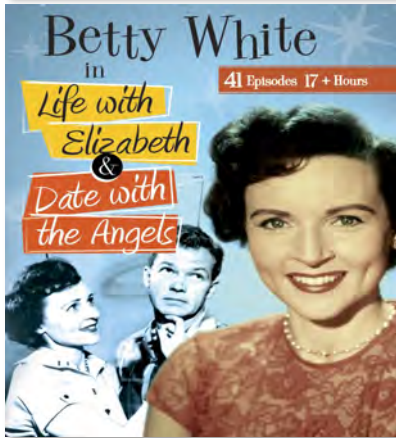


- The world's largest ever snowflake found to date was 38 centimeters wide and 20 centimeters thick! This snowflake occurred at Fort Keogh, Montana, USA on 28 January 1887.
- Each snowflake is made up of about 200 ice crystals.
- Snowflakes always have six sides.
- There is no scientific proof that no two snowflakes aren't exactly alike.
- On average snowflakes fall from the sky at 3-4 miles per hour.
- Close to 80% of the world's fresh water supply comes from snow and ice.
- Snow is not actually white but clear. Snow looks white because of the way the light reflects off of the ice crystals.
- Thundersnow is when it snows while there is thunder and lightning.
- Watermelon snow is snow with algae growing on it. The algae is a reddish color. It is mostly found in the Canadian Rockies.

FOOD FOR THOUGHT



**Food for Thought Meetings
For the month of January will be held Thursday, January 13th and January 27th at 9:00am in the Main Dining Room**



Betty Marion White Ludden was born January 17, 1922. Her career as an American actress has spanned over nine decades. She is known as the first woman to produce a sitcom. She is best known for her roles in *Life with Elizabeth* in 1955; Sue Ann Nivens on the sitcom *The Mary Tyler Moore Show* (1973-1977) and Rose Nylund of *Saint Olaf, Minnesota* on the sitcom *The Golden Girls* (1985-1992). She was 8 years old when she made her radio debut in 1930. Betty White is an animal rights advocate. She has been involved with the Los Angeles SPCA since the 1960's.

*"The older you get,
the better you get.
Unless you're a banana"*
-Betty White



Martin Luther King Jr. (born **Michael King Jr.**; January 15, 1929 – April 4, 1968) was an American Baptist minister and activist who became the most visible spokesman and leader in the American civil rights movement from 1955 until his assassination in 1968.

King a advanced civil rights through nonviolence and civil disobedience, inspired by his Christian beliefs and the nonviolent activism of Mahatma Gandhi. He was the son of early civil rights activist and minister Martin Luther King Sr.

"If you can't fly then run, If you can't run then walk, If you can't walk then crawl, but whatever you do you have to keep moving forward"

-Martin Luther King Jr.

Wishes for the New Year....

" Hoping they find a cure for MS and other diseases"
- James Dennison

" May my knees stop hurting and hoping to room with my sister in the new year" -Nancy Huffstickler

"Deal with each day as they come" -Carole McKenney

"Stay well and healthy" -Barbara Bonnell

"Wishing to stay well and for my arm to quit hurting"
- Tina Nicholson

" Wishing for PEACE" - Jean Trout

" Wishing for good health" -Jennifer Moyer

"To get stronger" -Louise Frazier

"To be comfortable" - John Gordon

