



# The Village Voice



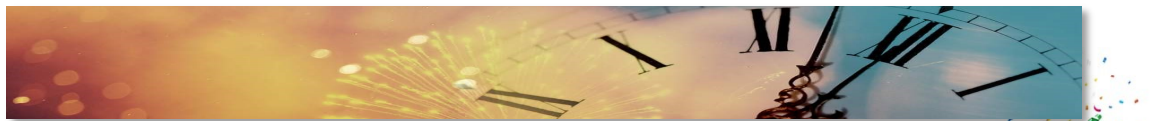
*A publication of Dogwood Village Health and Rehabilitation*

Dogwood Village of Orange County Health & Rehabilitation  
120 Dogwood Lane  
Orange, VA 22960

JANUARY 2020

## *A Special Thank You*

Once again, the participation and generosity with our Angel Tree was amazing! On behalf of the residents, staff and family members we would like to offer a special thank you to everyone who participated in our annual Angel Tree program. Thanks to your generosity each of our residents received a special Christmas present to open up on Christmas morning.



## *New Year's Folklore*



- **First Kiss:** One of the more popular beliefs is that kissing your beloved at the stroke of midnight ensures twelve months of continuing affection.
- **Debt Free:** Never begin the New Year with unpaid debts.
- **Lucky Duck!** Babies born on New Year's Day are said to have the best luck throughout their lives.

- **Comings and Goings:** The first person to enter your home after midnight foretells the kind of luck you'll have in the coming year. A tall, dark, handsome male bearing small gifts is said to bring the best luck. According to this same tradition, no one should leave the house until someone first enters from outside, and nothing should be removed from the house on New Year's Day.
- **Best Foot Forward:** A polish tradition states that if you wake up early on New Years Day, you will wake up early for the rest of the year. If you touch the floor with your right foot, expect good luck!



**New Years Day**  
*January 1*

**National Trivia Day**  
*January 4*

**National Technology Day**  
*January 6*

**National Milk Day**  
*January 11*

**National Hat Day**  
*January 15*

**National Popcorn Day**  
*January 19*

**National Day of Hugging**  
*January 21*

**National Puzzle Day**  
*January 29*

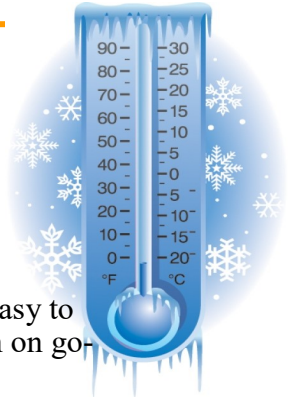
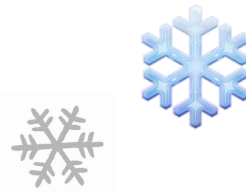
**National Soup Month**

**Inspire Your Heart with Art Month**





# KEEP OUT *the* COLD



1. **Avoid Slipping on Ice.** Icy, snowy roads and sidewalks make it easy to slip and fall. For your safety please be sure to notify staff if you plan on going outside for any reason.

2. **Dress for warmth.** We try our best to keep temperatures regulated through out the facility but bring a light sweater or sweatshirt with you to meals and scheduled programs in the event you get chilly. Please do not adjust any thermostats. Alert staff if you feel your room is too chilly.

3. **Fight winter time blues.** To help avoid winter blues check in on other residents, encourage them to participate in scheduled programs. Daily phone calls can also make a big difference.

4. **Be aware of your surroundings.** Notify staff immediately if you notice any icy patches.



## and the WINNERS ARE...



The winners of our December ornament contest are Terrie Vann, LPN and Kim Tinsley, Environmental Services. We would like to thank each and everyone who participated in this special event.



## Spread the Facts NOT Your Germs



Get vaccinated



Stay home if you're sick



Wash hands frequently



Cover coughs/sneezes

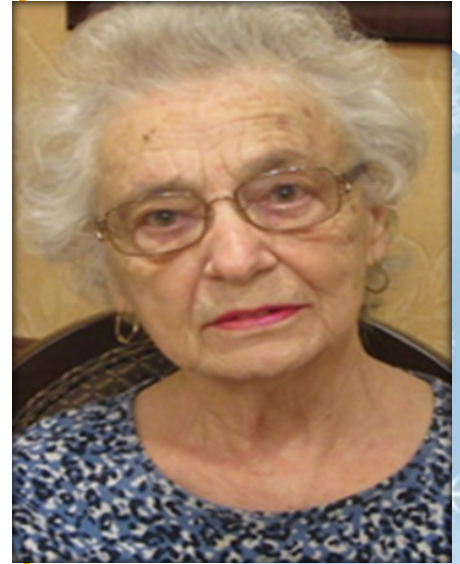


Avoid touching your nose, mouth & eyes

#FLUSEASON



Ms. Barbara Jean Grasty was born and raised in Orange, VA. along with her brother and sister and attended Orange County schools. After graduating from Orange County High School, she married her husband John, who she was married to for sixty years. Together they have one daughter, Dorinda, who lives in North Carolina and several grandchildren. Ms. Grasty worked at The Silk Mill, Aileen's, the Orange County Health Department and Continental Teves in Culpeper. She enjoys attending a variety of activities including musical programs, crafts and socializing with others throughout the day. Her niece is very supportive and visits with her often. She also enjoys talking on the telephone with her daughter daily. Ms. Grasty considers one of her greatest accomplishments was raising her daughter, watching her grow up, and become successful both in her life and career. Ms. Grasty's sister, Pat Winters, was a resident at our facility for many years. Ms. Grasty lived in our senior living facility on campus for five years and has been a resident at our Health & Rehabilitation facility since November 2019.



### *Dogwood Village Foundation*

Dogwood Village is about people taking care of people and offering resources to improve or maintain the quality of life of each resident. One of the most valuable resources that we offer is a stimulating and safe environment that allows residents to enjoy the comforts of home with the reassurance and assistance of staff.

In order to support the efforts of Dogwood Village, a foundation was formed in hopes of enriching the quality of life and health of our seniors, serve the community and recognize the contributions of the staff and volunteers. As a result, many projects have been supported by the foundation to include: the facility bus, transport van, raised flower beds, patio renovations, spas and staff bonuses.



If you are interested in donating to the foundation, please contact Patty Talley, Director of Customer & Community Relations



We would like to thank North Anna/ Dominion Power for their generous holiday donation towards our bingo games.



## Resident COUNCIL

**Monthly Meeting**  
January 27, 2020 2:00pm

**Main Dining Room**

**If you have any questions or concerns about your care as a resident, please speak to Residents Services; Martha Robeson or Rita Johnson**



# January EVENTS

Sunday School (Sunday morning)  
 Weekly worship service (Sunday afternoon)  
 Bingo (Monday and Saturday Mornings)  
 Food for Thought Meetings (Monday Mornings)  
 Funnercise with Pokey (Tuesdays)  
 The Bluebirds of Happiness Sing Along  
 (Every Wednesday Morning)  
 News Current with Doris Shumate  
 (Every Thursday Morning)  
 Catholic Mass, St. Isadore The Farmer 1-3  
**New Years Day** 1-1  
 Holiday Decoration Clean Up 1-1  
 Winter Painted Rocks 1-2  
 Monthly Birthday Bash 1-3  
 BG Battle Music 1-4  
 Worship & Song with Archie Seale 1-6  
 Folk Music by Matthew 1-7  
 Music by Adam "Nashville Standard" 1-7  
 Bar Soap Snowman Craft 1-8  
 Winter Match Up Game 1-9  
 Popcorn Social 1-10  
 Free Union Mission 1-11  
 Roll A Snowman Dice Game 1-13  
 Art with Anna Marie Orange Art Center 1-14  
 Bird Feeder Cakes 1-15  
 Jeopardy Game 1-16  
 Morning BINGO 1-17  
 Afternoon Social 1-17  
 Music by Denim & Lace 1-18  
**Martin Luther King Day** 1-20  
 Snowman Races 1-20  
 Painted Beaded Necklace Craft 1-21  
 Woman's Community BINGO 1-21  
 Snowflake Craft 1-22  
 Snowball Fight 1-23  
 Hot Chocolate Social 1-24  
 City of Refuge Bible Baptist Church 1-25  
 Monthly Resident Council Meeting 1-27  
 Harp Music by Eve 1-28  
 Placemat Craft 1-29  
 Knight Chapel Singers 1-29  
 Enriching Heart Mind & Soul with Aaron 1-30  
 Afternoon Social 1-31

**\*Please be sure to check the daily activity calendars posted on each unit for any changes\***



Gladys Glass Jan 1  
 Harry Ness Jan 2  
 Earl Davis Jan 3  
 Patricia Yancey Jan 6  
 Mary Mohrmann Jan 9  
 Clara Lee Jan 16  
 Mary Dowell Jan 24  
 Bernard Padgett Jan 26  
 Jeanette Altman Jan 28  
 Betty Pounders Jan 30  
 Mildred Butts Jan 31  
 Ruby Weakley Jan 31



To view our monthly newsletter online go to

[www.dogwoodvillageocva.org](http://www.dogwoodvillageocva.org)