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#### Birthdays:

Residents-Barbara Duncan 6/23

Matt Graves 6/26 Doris Smith 6/28

#### Staff-

Pokie Mingo 6/1 Patty Talley 6/16 Charlie Sluss 6/28

## Notable Quotable

"Truth is
everybody is
going to hurt
you: you just
gotta find the
ones worth
suffering for."

~ Bob Marley, musician





## Emergency Preparedness Response Plan Cont.

This electrical power source will supply power to the following:

- call bells

- door locks and alarms

emergency lightsexit lights

- elevators

- kitchen hood

- fire alarm

- red outlets

- pendants

- water heaters

- telephoneswater pumps
- heating and cooling system

Accessing emergency medical information, equipment, and medications for residents
Laptops will be taken to the site. We can access medications and treatments lists from them.
Medication and treatment carts can be evacuated to the site with us, or meds and treatment needs can be delivered from a pharmacy.

#### Locating and shutting off utilities

Utilities shut-off valves are located in the basement and on the outside of the building. The maintenance staff or emergency workers will turn them off if deemed necessary

Generator is located outside, and fuel tanks are underground.

The generators are monitored weekly, and records are maintained.

AEDs are located in the alcove of each floor near the visitor's restrooms.

Fire Alarms are located near each exit door.

The fire panel is in the first-floor health services office.

The fire alarm is inspected annually.

Fire extinguishers are located in corridors and near the health services offices.

The building is equipped with smoke alarms and a sprinkler system.

The sprinkler system is inspected quarterly.

#### **Coronavirus (COVID-19)**

Please ensure that we have your most current emergency contact information.

- 1. Practice proper hand-washing hygiene. Wash hands for at least 20 seconds with soap and water. Use alcohol-based hand sanitizer that contains at least 60-95% alcohol. Rub all over hands and up to wrists until the sanitizer dries. Soap and water should be used if hands are visibly dirty.
- 2. MASKS- Masks are to be worn by all health services staff at all times. Masks are to be worn in the halls by residents in the facility. During visits, if you and visitor are vaccinated, you and visitor can remove masks INSIDE room during visit and touching is okay if you feel comfortable with this.
- 3. REMEMBER TO SOCIAL DISTANCE when outside of facility for appointments. Symptoms of respiratory illness include cough, fever, sore throat, runny nose, shortness of breath.

#### New Activities for June!

4-H Animal Parade with Health & Rehab- Come watch the 4-H children introduce their 4-H projects to the residents.

Antique Car Show with Health and Rehab- Antique cars will be parked in the Health & Rehab parking lot. You will get the opportunity to look and ask questions about the vehicles.

Sassy Seniors Social- Bring your sass to our party with refreshments and props!

Nature Photography- Let's take a scavenger hunt in the Healing Garden and take pictures of the beautiful flowers.

Mod-Podge Galaxy Vases- Easy craft project with Dennet!

#### June 2021 Issue: 116

# Dogwood Dispatch

Celebrating June

Great Outdoors
Month

Audiobook Appreciation Month

African
American Music
Appreciation
Month

Chocolate Ice Cream Day June 7

Family Health and Fitness Day June 12

Flag Day (U.S.)

June 14

Juneteenth
June 19

Father's Day (U.S.) June 20

Day of the Seafarer
June 25

Dogwood Village of Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960
(540)-672-1830

## In and Around Senior Living...

#### Activities-

We will be doing a special display for our men for Father's Day with hats. We are asking all resident men to provide us with one special hat to use for the day. Hats will be cared for and returned. These could include baseball caps, military caps or just something that represents you.

#### Resident Services-

 Please welcome Mrs.
 Harriet Moore to Senior Living.

**Dining Services-**

Dining Discussion
 Meetings will be June 14th

and June 28<sup>th</sup>. The Father's Day lunch menu will be picked during the June 14<sup>th</sup> Meeting.

#### Health Services-

- If you are going to be outside for any length of time, please let the health services staff know so sunscreen can be applied.
- ♣ Please welcome Wendy Weakly, CNA, day, and evening shift; Tiffany Ruffner-Wilson, CNA, day and evening shift; & Marlena Rucker, night shift, RMA to our facility.



## Special Events and Outings for June!

#### **Special Events-**

6/1- Resident Council Meeting with Kathi Walker, Ombudsman

6/6- Communion during Church Service

6/11 Denim and Lace Music

6/20 Dunkin' Doughnuts for Dad Happy Father's Day!

6/21 Garden Party

6/23 Meeting with Administration

#### **Outings-**

6/2- Leisure Ride 6/4- Out-bache Ice Cream

6/9- Leisure Ride

6/16- Leisure Ride

6/23- Leisure Ride

6/25 County Fair Viewing 6/30 Leisure Ride

The Orange County Fair will be held the week of June 22<sup>nd</sup> if you have anything you would like to enter please see Activities!

# Emergency Preparedness







## Emergency Preparedness Response Plan

Alerting Emergency Personnel and sounding alarms-

- Fire alarm pulls
- Announce the emergency by overhead paging from phone 6201 and repeat the announcement three times
  - 1. Dr. Red for fire
  - 2. Missing resident for missing resident
  - 3. Nurse to (location) STAT

DO NOT pull the fire alarm for armed intruder.

As part of our fire plan, all resident doors must be closed from 8PM -8AM Notify emergency personnel by dialing 9911

Sheltering in place is the goal if it is possible. A back-up generator is onsite for power outages.

We have a 96-hour supply of emergency food and water on hand for residents and staff. Relocation procedures include:

- determining where we will relocate (if in Orange or elsewhere depending on the nature of the emergency)
- how we will travel to that location.

An emergency notebook is kept up-to-date with all resident information in front office of this building.

Evacuation will happen if we cannot, for whatever reason, remain in the building. The decision to evacuate will be determined by emergency personnel or the executive director with the assistance of the director of maintenance.

Utilizing community support services: Relocation to schools or health department by utilization of school buses for transport, local taxi companies, TOOT buses and volunteers. In order to ensure the provision of electricity during an interruption of power:

- The Maintenance Staff has been trained to operate the generator and will report to
  the facility if there is an interruption of power and the generator activates. They
  remain on the property until the normal electric power supply has been
  reestablished and to ensure that all systems have rese
- The maintenance of the generator is managed by a licensed generator service company per life safety code.
- The generator is tested, and results documented on a weekly basis.
- The test begins automatically and runs for 30 minutes.

This facility has an <u>on-site emergency electrical power source</u> for the provision of electricity during an interruption of the normal electric power supply.

# PRAYER REQUEST

Prayer changes things.

#### 1<sup>st</sup> Floor:

Thelma Oliver- Grief of Son Harriet Moore- Transition Peggy Woodward- Health Family of Al Duncan- Grief Barbara Duncan-Grief of Husband

#### 2<sup>nd</sup> Floor:

Transition of 2<sup>nd</sup> Floor to 1<sup>st</sup> and 3<sup>rd</sup> Floors

#### 3<sup>rd</sup> Floor:

Barbara Garr- Health Mildred Ransom-Transition

#### 3<sup>rd</sup> Floor Continued:

Cora Smith- Health
Elizabeth Holley-GoodwinHealth
Barbara Hutchinson3 Siblings- Health
Frances PurcellHealth and Transition

#### Staff:

Dennet McFarlane- Activities-Health of Mother Alicia Foster- Activities- Health of Grandmother Chris Weller- Dining Services-Grief of Mother











### Resident Spotlight

John Nixon was born and raised in Queens. New York. He attended Brooklyn Technical High School where received an excellent education. He lived in Queens for twentytwo years before marrying his wife, Carolyn. John and Carolyn were married for a wonderful fifty-three years. They met through his cousin, who went to beautician school with Carolyn. Carolyn was a beautician and once their children went off to college, she became the executive secretary for Este Lauder in New York. Together they had three sons named David, Allen, and Christopher. John is the grandfather to four and a great grandfather to five. His occupation was a field salesman for electrical distribution equipment. He was never in active duty, but he retired as a chief petty officer in the Naval Reserve. Throughout his life, John has enjoyed collecting stamps, Red Sox Baseball and traveling. He says his greatest accomplishment in life is his marriage with his amazing wife.

## Staff Spotlight

Dennet was born and raised until the age of thirteen in Cleveland, Ohio. She then moved to Oklahoma until graduating from high school. She is married to Bryan McFarlane who is a deputy sheriff in animal control. Dennet is the mother to four children: Christopher age 30, Samantha age 27, Zachary age 22, and Gregory age 19. She is the grandmother of a beautiful sixyear-old named Amelia. She attended Sallisaw High School while living in Oklahoma and then joined the Army National Guard. After serving in Ohio, she then joined the Navy. After serving in the Navy, Dennet went to trade school and became a dental assistant, a certified nursing assistant, and a certified clinical medical assistant. Her role at Dogwood Village is an Activities Assistant. She has worked at Dogwood as an Activities Assistant for six months and worked in the C.A.R.E. program before that. She says the best thing about working at Dogwood is the amazing staff and residents. She also loves "hanging out" with her senior friends. In her spare time, she enjoys crafts, playing the guitar, singing, and spending time with her granddaughter. She is an animal lover, as she has 20 chickens, four dogs, and five cats. Her advice to new employees is to breathe and "love the residents, they are awesome people!"