



WELCOME

Janice Hales is from Delta Ohio. She is a retired children's Librarian. She graduated from Patrick Henry High School. The highlights of her life are her son and daughter. She shared her greatest joy was being their mother. Her hobbies include reading the newspaper and playing bingo. In the past she enjoyed playing the piano. Let's give a warm Virginia welcome.



John Ryder was born in Charlottesville but has lived his life in Orange. He is a retired resource officer at Orange County High School. He has two wonderful daughters who are his pride and joy. He enjoys socials, bingo, church and television. He was proud to share that his greatest life accomplishment was being able to work with children at Orange High School as he coached football, softball, and wrestling. John was proud to have made a difference in the lives of the students. Stop by and get to know this fine man.



February Birthdays



2/15 Laura Thacker
2/20 Grace Gordon
2/21 Glenda Bockelman
2/22 Thomas Short

FEBRUARY OUTINGS

2/2 Winter Drive
2/7 Shopping: Big Lots
2/9 Knakals Bakery
2/16 Lunch: Champion Ice House
2/21 Lunch: Vinny's
2/23 Shopping: Terry's Consignment
2/28 Shopping: Goodwill
Lunch: Chick-Fil-A



Janita White was born in Fauquier County Virginia. In 1951 she moved to Madison County and made that her home. She has 3 lovely children and a host of grandchildren. She worked at Liberty

Fabric as a inspector along with being a homemaker. She prides herself in cooking and continues to enjoy it. Janita was eager to share at age 50 she returned to school to complete her GED at Piedmont Carver School. Her volunteer work consisted of being a member of Walker's Methodist Church. Welcome to Dogwood Senior Living.

Celebrating February

Bird Feeding Month

Spunky Old Broads Month

Women Inventors Month

Engineers Week
February 18-24

Change Your Password Day
February 1

Liberace Day
February 4

Periodic Table Day
February 7

Chinese Lunar New Year's Day
February 10

Galentine's Day
February 13

Valentine's Day
February 14

Presidents' Day
February 17

For Pete's Sake Day
February 26

Leap Day
February 29

What's for Breakfast?

February is a month that brings with it an array of breakfast-themed celebrations, making it a time for food enthusiasts to indulge in their morning cravings. Let's take a quick tour of some of these scrumptious occasions.

Hot Breakfast Month in February reminds us of the warmth and comfort that a steaming bowl of oatmeal, a plate of scrambled eggs, or a hearty breakfast burrito can bring to a chilly winter morning. It's a time to appreciate the heartiness of hot breakfast options, even if they take a bit longer to prepare.

Bagel and Lox Day (Feb. 9) caters to lovers of this classic combination. With a bagel as the sturdy base and lox (smoked salmon) as the star, this day is all about the savory and satisfying flavors that have become a breakfast staple for many.

Mardi Gras, which is French for "Fat Tuesday," marks the culmination of the festive Carnival season on February 13. While the day is famous for its lively parades and vibrant masks, it's also an opportunity to savor some delicious breakfast treats. Traditional dishes like beignets and king cakes take center stage, offering a sweet and hearty start to the day.

Fat Tuesday is also Pancake Day, an event celebrated worldwide with fluffy stacks of pancakes drizzled with syrup or piled high with fresh fruits and whipped cream. Observers relish the simple pleasure of this beloved breakfast food.

Finally, Muffin Day (Feb. 20) rounds off the month with a celebration of these handheld treats. Whether you prefer blueberry, chocolate chip, or bran muffins, be sure to indulge in a sweet or savory snack on the go.

Whether you're savoring a fluffy stack of pancakes or nibbling on a warm muffin, these celebrations remind us of the joy that breakfast can bring to our lives.

WELCOME



Laura Thacker joined the Dogwood family in January. She has lived in Madison County for over 55 years. She retired from Comdial in Charlottesville after working 33 years. She has two daughters and two grandchildren. Laura is a member of Good Hope Baptist Church. Her hobbies are watching TV, playing bingo, attending church, and going on outings. She shared with us that her life accomplishment was marrying the love of her life and he fried the best chicken. Stop by and say hello.



The winter soup sale was a huge success!

VALENTINE FUNDRAISER

The activity department is having their 2nd annual cupcake sale in celebration for Valentines' Day!

~Options are ½ dozen @ \$ 9.00 or a dozen @ \$16.00.

~ Flavors chocolate, vanilla, or strawberry.

~Pick up on 2/14 from 9:00 am to 11:00 am in the activity room.

See any activity team member to place your order. Thanks for supporting activities!

Cupid Bingo Games

- 2/1 Bingo W/Ellen
- 2/4 Bingo W/Chelsea
- 2/8 Bingo W/Legacy Hospice (prizes)
- 2/11 Bingo W/Ellen
- 2/15 Bingo W/Ellen
- 2/18 Bingo W/Chelsea
- 2/25 Bingo W/Chelsea
- 2/29 Bingo W/Chelsea



American Heart Month

In honor of National Heart Month, we ask each person to wear red on February 2, 2024. Together we can continue to wear red, share and rock out our red, all to help save lives. Heart disease is the leading cause of death in the United States.

The ladies enjoyed making a fleece blanket for an upcoming winter raffle!



Our annual Winter Olympic Games was enjoyed by so many residents!



Residents shared hidden talent at the Wine & Design!



FEBRUARY EVENTS

- 2/2 Music W/Billy Caldwell
- 2/3 Cake Social
- 2/5 Cooking Class
- 2/7 Blue Birds of Happiness
- 2/8 Scavenger Hunt
- 2/9 Pizza Social
- 2/10 Umbrella Toss
- 2/12 Dipping Strawberries
- 2/13 Baking Cupcakes-Fundraiser
- 2/15 Nashville Standard
- 2/17 Egg Carton Bingo
- 2/19 Wine & Cheese
- 2/20 Resident Council
- 2/21 Blue Birds of Happiness
- 2/22 Peanut Auction
- 2/23 Movie W/Grymes Students
- 2/26 Peanut Butter Pong
- 2/27 Water Falls Trio Band
- 2/28 Flower Arranging
- 2/29 Happy Hour Decade Style



Valentine Breakfast Celebration

Come down to Activities and enjoy a "Heart" filled breakfast served anytime from 7:30 to 9:00 on February 14th. Sign up required with activity staff member by 2/7/23.

New & Exciting

During the month of February, we will have the "Winter Walkers" group. If you want to join us come to the lobby area on 1st floor each Monday at 3 PM We will be strolling or rolling the halls on each floor for exercise.

IMPORTANT RESIDENT INFORMATION

If you change your insurance coverage, please alert Annette in Resident Services. She will need to make a copy of your new card to have for billing purposes.