

**Birthdays**

**Residents:**

Helen Stewart 11/5  
Ruth Ecker 11/12  
Claudia Chisholm 11/25  
Frances Reamy 11/27

**Staff:**

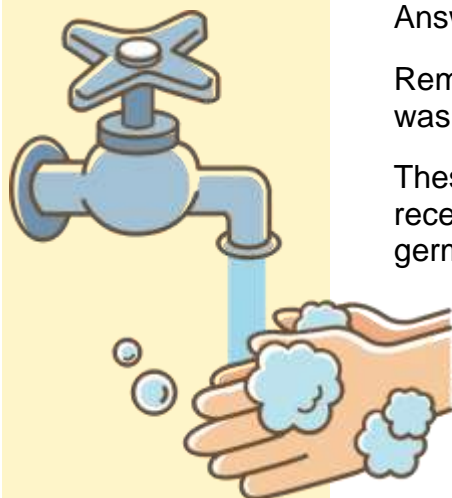
Tonika Payne 11/19  
Kourtney Monroe 11/29



**Notable Quotable**

“The thankful receiver bears a plentiful harvest.”

~ William Blake, poet



# Special Events and Outings

**Events:**

11/3 Birthday Party **CR**  
11/6 Music with Me and Martha **CR**  
11/9 Music of Yesteryear **CR**  
11/10 Veteran’s Day Salute **CR**  
11/11 “All Four Years” Presentation by Phil Audibert in honor of Veteran’s Day **CR**  
11/15 Karpalla Music **CR**  
11/16 Gryme’s GrandFriend Visit **CR**  
11/18 Chair Massage with Cindy **WR**  
\***\$10.00 for a 20 minute massage**  
11/21 Country Music with Gina **CR**

11/23 Thanksgiving Message with Dal **ML**  
11/29 Meeting with the Administrator **DR**

**Outings:**

11/7 Election Day- Voting Trip 10am and 1pm  
11/8 Dollar Tree  
11/17 Lunch at Tim’s Seafood Restaurant on Lake Anna  
11/20 Before Supper Cruise  
11/22 Yoder’s Market  
11/27 Rose’s Department Store

## New Activities for November!

**Happy Fall Décor-** Easy Craft Project.

**I Am Thankful Chalk Boards-** Activities will be doing a project on chalk boards, a pumpkin and leaves to display throughout Senior Living.

**Roll-A-Turkey-** Easy Dice Game

**Wooden Owl Ornaments-** These are pre-made ornaments and we will be adding our special touch!

**Piano and Ice Cream-** Join Dining Services as they serve Ice Cream in the main lobby once a month!

## Safety Question: Hand Washing

**What is the safest way to protect yourself from becoming ill?**

Answer: Washing your hands

Remember these easy steps when washing your hands.

These steps will protect you from receiving and spreading dangerous germs during cold and flu season.

**Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

Please join Videographer and Documentary Producer Phil Audibert On **Saturday, November 11<sup>th</sup> at 2pm** in the Senior Living Community Room for his Veteran’s Day Presentation of “All Four Years: The Civil War in Orange County, Virginia.

Senior Living Veteran’s will be recognized at this time.

This program is sponsored by the Community Outreach Program through The Arts Center in Orange.

**Lather** your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.

**Scrub** your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.

**Wet** your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.

**Rinse** your hands well under clean, running water.

**Dry** your hands using a clean towel or air dry them.

# Dogwood Dispatch

November 2017

Issue: 74

**Dogwood Village of Orange County Senior Living**  
120 Dogwood Lane  
Orange, VA 22960



## Celebrating November

**Aviation History Month**

**Daylight Savings Time Ends**  
November 5

**Election Day**  
November 7

**Veterans Day (U.S.)**  
November 11

**Pickle Day**  
November 14

**International Men’s Day**  
November 19

**Thanksgiving Day (U.S.)**  
November 23

**Black Friday**  
November 24

## In and Around Senior Living...

**Activities:**

- Please welcome Tiara Johnson to Activities.
- We will be going to Vote on November 7<sup>th</sup>. If you have signed up to go on the bus please let an activity staff member know if you prefer to go at 10am or 1pm.

**Admissions/ Resident Services:**

- Please let Annette or Patty know what time you prefer to eat supper. You may choose 5pm or 6pm.

**Dining Services:**

- If you will be having guests for Thanksgiving please let the receptionist know as soon as possible. The meal time for Thanksgiving will be 11am-1:15pm in the Community Room and Main Dining Room.

**Health Services:**

- Thank you for your participation with the earthquake drill on October 19<sup>th</sup>. If you have any additional questions about what to do during an earthquake please ask a staff member.

**Maintenance:**

- Thank you for your patience with the hot water. If you continue to have trouble please contact a staff member so maintenance can be aware.



## Veteran’s Day Salute

A hero is an ordinary person facing extraordinary circumstances and acting with courage, honor and self-sacrifice.

We will be having a special luncheon on Friday, November 10<sup>th</sup> at 11:30 in the Community Room for the men and women who have served in the Military. If you have a spouse or a guest you would like to bring they are also invited to join.

- Glynn Coleman- Air Force
- Sidney Davis- Army
- Jack Glascock- Air Force
- Bud Kidwell- Marine Corps
- Rod Knighton- Army
- Jay Marshall- Navy
- Harry Saxton- Marine Corps
- Gabe Twyman- Army
- Fred Wease- Army
- Emmett Wright- Navy



## Thanksgiving Menu

- 🍴 Roasted Turkey with giblet Gravy
- 🍴 Sliced Ham with Raisin Sauce
- 🍴 Dressing
- 🍴 Cranberry Sauce
- 🍴 Mashed Potatoes
- 🍴 Green Bean Casserole
- 🍴 Dinner Rolls
- 🍴 Spiced Shrimp
- 🍴 Assorted Holiday Pies



## “Just a Thought” from the Administrator

“How old would you be if you didn't know how old you are?”

- Mark Morriss

## Prayer Request

### 1<sup>st</sup> Floor:

- Joseph Taylor- Health
- Dorothy Garnett- Health
- Martha Caroon- Health
- Family of Louise Goings- Grief
- Fred Miller- Health

### 2<sup>nd</sup> Floor:

- Family of Betty Duffer- Grief
- Pat Faulconer- Sister's Health
- Barbara Hutchinson- Transition
- Julia Williams- Transition
- Renate Ruzich- Health

## Meet your new Neighbors

Martha Caroon from Culpeper was a bookkeeper



Barbara Hutchinson from Orange was a Secretary at Dogwood Village Health and Rehab



## Volunteer Spotlight

Brenda Dillion was born in Charlottesville, Virginia on May 24, 1947. She is the youngest child of Sandy and Reba Shifflett. She has two brothers and three sisters and attended Orange County High School. Brenda has been married to her husband, Jerry, for fifty two years. Together they have four children, nine grandchildren and six great grandchildren. She is an active member of Zion Baptist Church in Orange, VA. Brenda and her husband love to travel. They travel several times a year and especially enjoy traveling out west and to the mountains of Tennessee. Brenda loves to share her vacation adventures with the residents of Dogwood Village during her weekly visits. When Brenda is not traveling or volunteering her time she loves to work in her gardens and mow grass. She believes she does her best thinking while mowing grass. Brenda has been a faithful volunteer at Dogwood Village for the past five years, helping with bingo and visiting with residents.



Brenda is pictured with Health and Rehab resident Florence Burruss.

## Resident Spotlight: Pat Brummett

Pat Brummett was one of three children born and raised in Indiana. After graduating high school Pat went on to further her education at Spalding College earning a Bachelor of Arts before accepting a job as a librarian. Mrs. Brummett was married to her high school sweetheart for about thirty years before his passing and says that out of all the things she's seen and done in her lifetime her biggest accomplishment would have to be her happy family.

## Staff Spotlight: Johnny Hayden

Although born in Charlottesville, Johnny is an Orange County native. Growing up in Orange brought a simple yet satisfying life.

After graduating from Orange County High School in 2011, Johnny went on to further his education at ITT Technical Institute earning a Bachelor's Degree in Cyber-Security. As a member of the Dogwood Village family Johnny can be seen around the facility helping with our technical woes. As an IT Support Specialist he is responsible for helping both residents and staff alike with their technical troubles. Whether it is a computer, phone, pager, tablet, Wi-Fi or printer, Johnny is always ready to lend a helping hand. In the past year of being on our team he has found that the best part of working for Dogwood is being able to help so many people doing something he enjoys. When he's not working Johnny can be found hanging out with friends, playing sports or video games, hunting and fishing.

