



**Dogwood Village of
Orange County
Health &
Rehabilitation**
120 Dogwood Lane
Orange, VA 22960



**Braille Literacy
Month**

Soup Month

Cuddle Up Day
January 6

**Make Your Dream
Come True Day**
January 13

Popcorn Day
January 19

**Martin Luther
King Jr. Day**
January 21

Puzzle Day
January 29



The Village Voice



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A Special Thank You

Once again, the participation and generosity with our Angel Tree was amazing! On behalf of the residents, staff and family members we would like to offer a special thank you to American Color, Orange Dialysis, Flow Automotive of Stoney Point, Shannon Horton, Conway, Johanna and everyone who participated in our annual Angel Tree program. Thanks to your generosity each of our residents received a special Christmas present to open up on Christmas morning.



New Year's Folklore

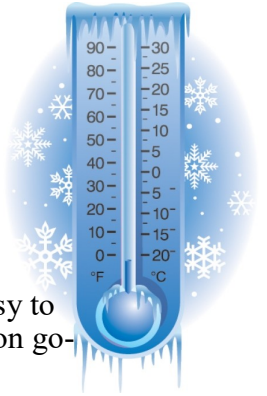
2019

Happy New Year!

- **First Kiss:** One of the more popular beliefs is that kissing your beloved at the stroke of midnight ensures twelve months of continuing affection.
- **Debt Free:** Never begin the New Year with unpaid debts.
- **Lucky Duck!** Babies born on New Year's Day are said to have the best luck throughout their lives.
- **Comings and Goings:** The first person to enter your home after midnight foretells the kind of luck you'll have in the coming year. A tall, dark, handsome male bearing small gifts is said to bring the best luck. According to this same tradition, no one should leave the house until someone first enters from outside, and nothing should be removed from the house on New Year's Day.
- **Best Foot Forward:** A polish tradition states that if you wake up early on New Years Day, you will wake up early for the rest of the year. If you touch the floor with your right foot, expect good luck!



KEEP OUT *the* COLD



CAUTION



**ICE
WATCH
YOUR STEP**

1. **Avoid Slipping on Ice.** Icy, snowy roads and sidewalks make it easy to slip and fall. For your safety please be sure to notify staff if you plan on going outside for any reason.

2. **Dress for warmth.** We try our best to keep temperatures regulated through out the facility but bring a light sweater or sweatshirt with you to meals and scheduled programs in the event you get chilly. Please do not adjust any thermostats. Alert staff if you feel your room is too chilly.

3. **Fight winter time blues.** To help avoid winter blues check in on other residents, encourage them to participate in scheduled programs. Daily phone calls can also make a big difference.

4. **Be aware of your surroundings.** Notify staff immediately if you notice any icy patches.



Ginger Bread House Display

The activities department would like to thank everyone for their participation in this years gingerbread house display. Residents and staff members did a fabulous job building and decorating their houses. We had a wide variety of houses, a farm, a Dallas Cowboy house, even a Batman cave. The houses were displayed in the main lobby during the month of December.



Spread the Facts **NOT Your Germs**



Get vaccinated



Stay home if you're sick



Wash hands frequently



Cover coughs/sneezes



Avoid touching your nose, mouth & eyes

#FLUSEASON

William Bland Davis was born and raised in Raleigh, North Carolina and graduated from Cardinal Gibbons Catholic High School. He stated working at the age of 14 for the Raleigh News and Observer. He graduated from University of North Carolina at Chapel Hill in 1972 where he earned several degrees in philosophy and psychology and went on to further his education by attending Lenoir-Rhyne University, earning a degree in teaching, science and social studies. Mr. Davis worked night shift at Wake Memorial Hospital in the x-ray department for several years. He later moved to Madison Co., Virginia where he married and raised his two daughters. His daughter, Ariel, is an employee at our facility. Mr. Davis worked for The Orange Review newspaper as well as American Press for 18 plus years. Mr. Davis is very artistically oriented and has a strong passion for photography, travel, discovery and learning. During his leisure time he enjoys watching programs on his Amazon firestick and keeps in touch with family and friends via email. He is pictured with volunteer Kyle Johnson.



Dogwood Village Foundation

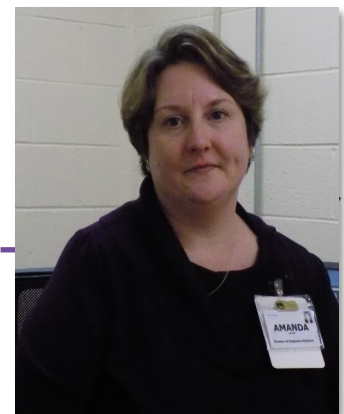
Dogwood Village is about people taking care of people and offering resources to improve or maintain the quality of life of each resident. One of the most valuable resources that we offer is a stimulating and safe environment that allows residents to enjoy the comforts of home with the reassurance and assistance of staff.

In order to support the efforts of Dogwood Village, a foundation was formed in hopes of enriching the quality of life and health of our seniors, serve the community and recognize the contributions of the staff and volunteers. As a result, many projects have been supported by the foundation to include: the facility bus, transport van, raised flower beds, patio renovations, spas and staff bonuses.



If you are interested in donating to the foundation, please contact Patty Talley, Director of Customer & Community Relations

Amanda Sorrell, Director of Employee Relations is one of our many dedicated employees at Dogwood Village. Amanda was born January 14, 1982 in Rapidan and graduated from Orange County High School. Her brother, John Mollan, is the maintenance director at our facility. Amanda started her career at Dogwood Village (formally known as Orange County Nursing Home) in December of 1999 as a child care aid. She was later promoted to director of our child care center where she has watched many of our employees children grow up. During her career at Dogwood Amanda has worked in several different departments. She has worked as Assistant Director of Environmental Services, Human Resources Assistant, Payroll Assistant and is currently the Director of Employee Relations. Amanda's husband Robert is our Maintenance Lead Tech. They have a daughter named Norah and two dogs, Castle and Lucy. During Amanda's leisure time she enjoys shopping, reading and working on crafts. Amanda says she enjoys this position the best because she is able to talk and help people throughout the day.



January EVENTS

Sunday School (Sunday morning)
Weekly worship service (Sunday afternoon)
Bingo Games *New added dates
(Monday & Saturday Mornings,
Wednesday Afternoons and First & Third Friday
Mornings of each month)
Funnercise with Pokey (Tuesdays)
The Bluebirds of Happiness Sing Along
(Every Wednesday Morning)
News Current with Doris Shumate
(Every Thursday)
Catholic Mass, St. Isidore The Farmer Church
1-4, 1-18
Funnercise with Amy 1-1
New Years Jeopardy 1-1
Mitten Craft 1-3
Victory Baptist 1-3
Sundae Social 1-4
BG Battle Music 1-5
Oak Grove Youth Visit 1-6
Light Bulb Craft 1-7
Worship & Song 1-7
Art with Anna Marie Orange Art Center 1-8
Dogwood Memorial Service 1-10
Monthly Garden Club Meeting 1-11
Coffee Social & Matching Game 1-11
Free Union Mission 1-12
Snowball Fight & Social 1-14
Music by Jim Lilly & Sunnyside 1-15
Woman's Community Bingo 1-15
The Way Worn Travelers 1-17
Milk Shake Social 1-18
Denim & Lace 1-19
Snowman Match 1-21
Martin Luther King Jr Day 1-21
Monthly Resident Council Meeting 1-22
Knights Chapel Singers 1-23
Sparkle Snow Flake Craft 1-24
Cookie Social & Matching Game 1-25
City of Refuge 1-26
Roll A Snowman Game 1-28
Snowman Races 1-29
Ice Fishing & Chain Reaction Game 1-31

***Please be sure to check the daily activity
calendars posted on each unit for any changes***



H. Ness 1-2
N. Shifflett 1-4
A. Brennan 1-5
P. Yancey 1-6
W. Lancaster 1-8
M. Mohrmann 1-9
N. Ryder 1-15
M. Dowell 1-24
B. Padgett 1-26
M. Silberski 1-26
C. Gingrich 1-27
J. Altman 1-28
B. Pounders 1-30
M. Butts 1-31



We are like a
SNOWFLAKE

all different in our own

beautiful way



To view our monthly newsletter online go to

www.dogwoodvillageocva.org