

October 2022

Issue 132

Dogwood Dispatch



Celebrating October

Go on a Field Trip Month

Learn to Bowl Month

Country Music Month

International Day of Older
Persons
October 1

Dick Tracy Day
October 4

Sukkot
October 9–16

Indigenous Peoples' Day
October 10

Silly Sayings Day
October 13

Character Counts Week
October 16–22

International Artists Day
October 25

Senior Health & Fitness Day
October 26

Halloween
October 31

Dogwood Village of Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960
(540) 672-1830



In and Around Senior Living

Activities – Fall cleaning is in full swing. On 10/3/22 hit our sidewalk sale in front of building. The sale will be donations only so take what you want and drop some cash in the bucket. It will open from 9:00 AM to 2 PM. Happy Shopping!! Money raised will support upcoming musical events and monthly peanut auction. Staff children Trick or Treat 10/31 from 4pm-6pm (outside).

10/20 Earth Quake Drill for all residents.

Dining Services-10/25 Dining Discussion. Come out and share your thoughts with our team. Health Care Food Service Workers Week October 2nd-8th, 2022. Hats off to our amazing staff who provides delicious meals for our residents.

Maintenance-Our bus is back up and running. Catch the dates on calendar for upcoming outings.

Misc-Residents will be making Halloween goody bags for staff children under age 12. Please sign up on board outside activity room by 10/20.

Carving a Legend

One of the most beloved traditions of the Halloween season is carving pumpkins into jack-o'-lanterns. The term *jack-o'-lantern* comes from an old Irish folktale about a clever and miserly old man known as Stingy Jack.

Legend has it that Stingy Jack invited the Devil to have a drink with him. True to his nickname, Jack did not want to pay the bill, so he convinced the Devil to transform into a coin that Jack could use to pay for their drinks. The Devil agreed to go along with the trick, but then Jack decided to keep the coin, placing it in his pocket alongside a silver cross, which prevented the Devil from transforming back.

Jack then made a bargain with the Devil, allowing him to transform back on the condition that the Devil would not bother Jack for a year and, if Jack should die, the Devil would not claim his soul. The Devil had to agree, and Jack was safe for the year. When the year was up, Jack cleverly tricked the Devil into climbing a tree to pick some fruit. Jack once again trapped the Devil by carving a cross into the tree's bark. A new bargain was struck for the Devil's release. This time the Devil agreed to not bother Jack for 10 years.

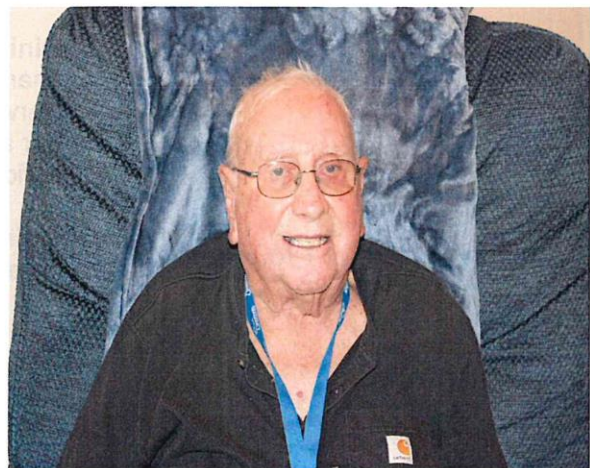


Soon after, Jack died. God would not allow him into Heaven, and the Devil would not allow him into Hell. The Devil instead sent Jack off into the dark of night with nothing but a lump of coal to guide him. Jack put the burning coal into a lantern carved from a turnip and has been wandering the earth ever since. The Irish call his wandering spirit Jack of the Lantern, or jack-o'-lantern.

The Irish carved their lanterns out of turnips and potatoes and placed them at their doors and windows to scare away Stingy Jack and other malevolent spirits. The English carved large beets. When Irish immigrants arrived in the United States, they discovered that pumpkins made the best lanterns of all. We've used them as jack-o'-lanterns ever since.

Resident Spotlight

Herbert Rankin was born and lived 25 years in Berkley Springs West Virginia. He has been living in Orange for over 50 years. He has a son Ronnie and two beautiful grandchildren. He is retired from Orange County School System. He worked as physical education teacher at Prospect Heights Middle School until his retirement. He graduated from Shepard College in Shepardstown West Virginia. His favorite past time was hunting, fishing and doing good old fashion yard work. During the interview he expressed his greatest life accomplishment is "simply living". He describes his self as active, and living his best life when he can be outside. Stop by and welcome him to Dogwood Senior Living.





RESIDENT VOLUNTEER SPOTLIGHT

Susan Hensley is excited to be added to our monthly activity calendar. She will be volunteering one Sunday each month to share biblestories/devotions with other residents. You may meet her on October 30th In the community room at 2:00 PM for her program. We are blessed to have you assist our Dogwood family. We are always looking for Volunteers. If you can help please reach out to Lisa Erb, Director of Activities.

Cosmetology Month

A shout out to Cornelia Braxton and Melissa Seale. We thank for the Dedication to your profession. The residents and staff are blessed to have you provide us with your amazing talent.

COMMUNITY HIGHLIGHT



Thanks to Cindy Pagan who is the owner of Spelled Ink book store here In Orange. Cindy and her team will be visiting Dogwood monthly to share story hour with us. Her first visit is October 3, 2022. Welcome!!

HAPPY BIRTHDAY

10/5 Marjorie Sherman



10/11 Terrell Baskerville

STAFF SPOTLIGHT

Sheri Teaford, LPN was born in Prince George Co Maryland. She currently resides in Locust Grove with her spouse Ricky. She has 2 boys and 2 girls. She has been with Dogwood for 9 years. She completed her nursing training at Career Training Solutions. During the interview she shared she keeps coming to work because the residents are her love. During her free time she likes to spend time with family and cook. She is very active in her local church. When asked to describe herself in 3 words she took a few moments. As she answered she expressed caring, dependable and compassionate. She likes to share this same advise with others. "Do everything as you're doing for the lord and always take pride in you work" Thanks for all your dedication.



EVENTS

Upcoming events and outings

- 10/3 Glamor Nails with Heather
- 10/7&10/14&10/21&10/28 Community Quilt Project
- 10/5 & 10/19 Blue Birds of Happiness
- 10/5 Meisha Herron Music Show
- 10/7 Leisure Ride
- 10/12 Shopping Trip: Terrys
- 10/19 Lunch Trip: Champion Ice House
- 10/20 Adam & Melia show
- 10/26 Monthly Dollar Store Trip
- 10/26 Music W/Keith Campbell
- 10/27 Monthly Peanut Auction

Halloween Happenings

October 31

10:00 AM Pumpkin Judging contest
Judging staff may bring in a decorated pumpkin and place in community room by 10/28.
Prize will be awarded.

Staff may dress up in celebration of Halloween. Our residents will be excited to judge. So show off your spirit. We will be giving out prizes for the top in the class. This will take place in community room 10/31.

New Activities for October

- 10/3 Card Making w/Brenda
- 10/3 Story Time with Spelled Ink
- 10/4 Hot Biscuits & Apple Butter
- 10/12 Fall Yarn Balls
- 10/13 Massage w/Cindy (sign up required)
- 10/14 Cooking Class: Mini Pizza
- 10/17 Pool Noodle Creatures
- 10/18 Paint & Sip
- 10/21 Bollywood Fitness
- 10/24 Axe Toss
- 10/28 Candy Apple Bar
- 10/29 Sipping Cider on patio

A BIG THANK YOU

We are blessed to have so much community support. Thanks to Madison Gardens and Yoders Country Market for the donations of fall goodies. Our facility is looking cheerful and colorful for the fall season.

