

## December Events & Outings



### Notable Quotable

“I don’t dream at night, I dream at day, I dream all day; I’m dreaming for a living.”

~ Steven Spielberg, film director



- 12/1 Holiday Show W/ Charlie
- 12/2 Guitar Billy
- 12/7 Blue Birds of Happiness
- 12/8 Folk Music W/ Alex
- 12/8 Elvis in the House
- 12/9 Lunch Trip: Texas Roadhouse
- 12/14 Trip: Christmas Lights
- 12/15 Nashville Standard
- 12/15 Grymes Students
- 12/16 Bollywood Fitness
- 12/16 Grymes Students

- 12/17 Orange Community Band
- 12/19 Music W/ Fritz
- 12/20 Music W/ Me & Martha
- 12/21 Keith Campbell Music
- 12/21 Trip: Winter Drive
- 12/24 Christmas Eve Service
- 12/28/ Trip: Winter Drive



### A Fresh Take *cont. from pg. 1*

century by a German choirmaster who bribed his choirboys with peppermint candy sticks to keep them complacent during mass. Candy in church was not exactly solemn, so the choirmaster asked the candy maker to fashion the candy sticks into shepherds’ crooks, honoring Jesus.

It wasn’t until 1847 that a German Swedish immigrant to America named August Irmgard used the candy cane as a Christmas

decoration. He spun white hard candy into its crooked shape and hung the canes along with paper ornaments from a blue spruce. It would take a few more decades and the advent of mass production techniques for candy canes to get their red stripes. Why red? Some say this color represents the blood shed by Jesus on the cross, while others attribute it to the red berries and green garland of evergreen holly that has been associated with Yule traditions.

### Volunteer Spotlight

Dogwood Senior Living is excited to have Hailey Johnson come and share her free time with our residents. She will share her talent of fitness, arts and games. She was born and raised in Austin Texas. She is married with a

beautiful 7-month-old son. She expressed how much she enjoys being able to brighten t the lives of others. Catch her on 12/4/22 at 2pm for her upcoming fitness program.

# Dogwood Dispatch

December 2022



Dogwood Village of Orange County  
120 Dogwood Lane Orange VA 22960  
540-672-1830

**Celebrating December**

**Safe Toys and Gifts Month**

**Spiritual Literacy Month**

**Cookie Cutter Week**

*December 1–7*

**Coats and Toys for Kids Day**

*December 3*

**St. Nicholas Day**

*December 6*

**Nobel Prize Day**

*December 10*

**Las Posadas**

*December 16–24*

**Hanukkah**

*December 18–26*

**Yelda**

*December 21*

**Christmas**

*December 25*

**New Year’s Eve**

*December 31*

## A Fresh Take on Peppermint

Peppermint bark. Peppermint lattes. Peppermint candy canes. There is no doubt about it—peppermint is the undisputed flavor of the winter season. Mint is full of the chemical menthol, which, when tasted, activates the same nerve sensors that allow us to feel cold. We love the refreshing, cooling sensation of mint in our mouths and are reminded of winter each time we take a taste. But there is more to the story of peppermint’s hold on the winter season than its chemical composition.

Mint-flavored hard candies have been made for hundreds of years. Before the invention of air-conditioning, hard candy could

be made only during the cool, dry months of winter, for heat and humidity would spoil the candy. Mint is a reliable flavoring because it does not cook off during the manufacturing process. Its flavor remains incredibly strong. For this reason, mint-flavored hard candy has always been a wintertime treat.

Legend has it that the first candy canes were invented in the 17th

*cont. on pg. 4*



## ACTIVITY NEWS

Soup Sale 12/14/22 The residents will be making homemade vegetable soup. It can be picked up to take home between 12 noon to 2 PM. It will be delicious on a cold night. You may sign up with activity staff or the sheet posted on the board in basement.

The giving tree will be full of resident packages. Staff will

assist with handing out gifts at 9:30 AM on Christmas Eve.

12/22/22 Holiday Appetizer Social in the activity room. Stop by for fellowship and yummy treats.

Ugly Sweater Day 12/16. Let’s show some holiday spirt and wear your hilarious sweater!

# November Happenings

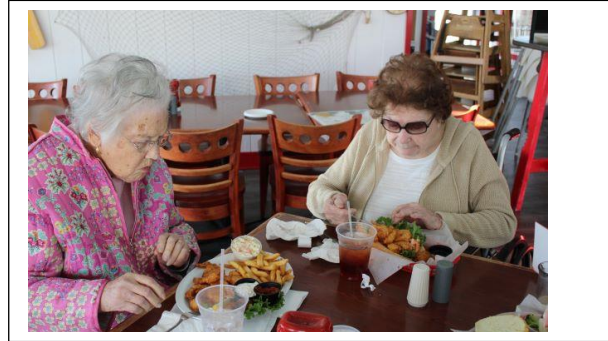
National Pickle Day!



Residents made delicious apple pie bites



Lunch at Tim's on the Lake



Quilt making with Orange Art Center



## NEW & EXCITING

- 12/3 Sipping Egg Nog
- 12/4 Fitness W/Hailey
- 12/5 Christmas Candy Bingo
- 12/7 Party Mix
- 12/9 Stick of Gum Day
- 12/12 Making Cool Whip Candy
- 12/13 Name That Tune W/ Janet
- 12/16 Farkle
- 12/20 Santa Grahams
- 12/28 Pool Noodle Horses
- 12/29 Hankey Panky

- 12/6 Holiday Photo Shoot at 2 in the activity room. Stroll up in your finest dress clothes for some holiday camera action.
- 12/31 New Year's Eve Bash
- 9:30-11:30 Jackpot Bingo
- 2:00 Pizza Party



# A Special Thank You!

During the month of November the residents were treated to delicious homemade Asian food. Pang Smith and Son along with Murriel Wright took time out to prepare, cook and serve a top notch lunch to residents and staff. We are so thankful here at Dogwood Village.



# Made With Love

Thanks to all the staff who supported the Chili Bar. Activity Assistant Kelly Javins sure can whip up a fine pot of Chili. We had wonderful lunch with toppings consisting of tater tots, sou cream, cheese, Doritos and homemade cornbread.

