

Birthdays:

Residents:

Mary Stephen 5/9
John Pente 5/14
Dolly Jones 5/17
Mildred Ransom 5/19
Irene Peltzer 5/22
Barbara Hutchinson 5/24
Emmett Wright 5/24
Eliner Clark 5/29

Employees:

Tiana Lewis 5/1
Fontella Nibblins 5/3
Annette Putman 5/10



Notable Quotable

“Just close your eyes—and think of England.”

~ Queen Victoria

Special Events and Outings for May

5/1 Me and Martha Music CR	5/30 Music with James Curry CR
5/5 Kentucky Derby CR	5/31 Orange Elementary School Chorus Concert CR
5/11 Ageless Grace CR	
5/13 Mother's Day Reminiscing	
5/15 Afternoon Social with Bob Williamson ML	
5/17 Music of Yesteryear with Bob Clouse CR	
5/18 Gryme's Visit- last one CR	
5/18 Aaron Karpalla Music CR	
5/25 Yoga with Lisa WR	
5/28 Memorial Day Celebration ML	

Outings:

5/2 Brightside Spicer's Mill Visit
5/11 Afternoon Ride
5/14 Before Supper Cruise
5/16 Dollar Tree
5/23 Roses Department Store
5/25 Oska Japanese Restaurant

New and Fun Activities!

May Day Door Knob Coloring Project- Easy Craft to celebrate May 1st.

Cinco de Mayo Dessert- come try the delicious sopapilla dessert made by Alexis to celebrate the 5th of May.

Spring Canvas Painting- Come paint a beautiful spring portrait!

Bath Bomb Making- We will be making bath bombs for the residents to give to the CNA's in June

Busy Hands Knit/Crochet Club-Bring your supplies and enjoy the company while you work on your piece.

Homemade Sidewalk Chalk for the Gryme's Children- Please come and make a gift for your Gryme's Friend to give on their last visit May 18th.

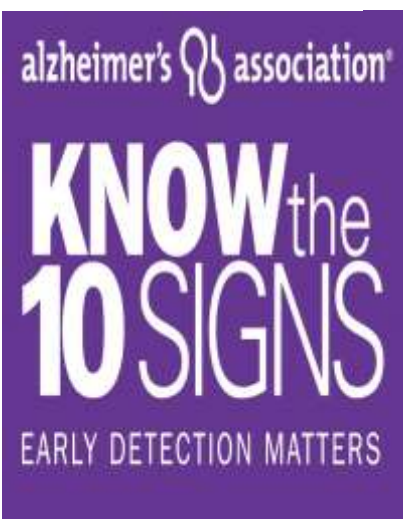
Bit of Banter- Easy Game to get you to know your friends

Decorative bottle craft- come decorate a bottle using the rubber band technique

Red Nose Cake Pop Sale- Come make a donation for a cake pop and red nose to raise money for Child Poverty Awareness!

Osaka's- Japanese restaurant in Culpeper.

10 Early Signs and Symptoms of Alzheimer's Disease



- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar task at home, or at leisure
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New Problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgement
- Withdrawal from social activities
- Change in mood and personality
- If you notice any of the 10 Warning Signs of Alzheimer's in yourself or someone you know, don't ignore them. Talk with the Health Services Staff to have a doctor's appointment scheduled.
- With early detection, you can: Get the maximum benefit from available treatments – You can explore treatments that may provide some relief of symptoms and help you maintain a level of independence longer

Dogwood Dispatch

May 2018
Issue: 80



Dogwood Village of Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960

Celebrating May

Global Health and Fitness Month

Gifts from the Garden Month

International Firefighters Day May 4

Wildflower Week May 7-13

Mother's Day May 13

Museum Day May 18

Ride a Unicycle Day May 20

Memorial Day (U.S.) May 28

In and Around Senior Living...

Activities-

- If you have a loved one who has served in the Military and would like their picture to be displayed for Memorial Day in the Main Lobby please complete the inserted form and return it to the activities department.

Resident Services-

- Remind your visitors to sign in to the facility and take a visitor badge upon entrance and return the badge as they leave.

Health Services-

- With the weather becoming warmer, please drink plenty of water, wear a hat and try to stay in a shady area to protect yourself from the sun.

Dining Services-

- Coffee and Conversation Meetings will be held May 7th and May 21st. Your input on meals is appreciated.

Maintenance-

- Thank you for your patience with the maintenance department changing your air filters. If you need assistance with your thermostat please let a staff member know.



Mother's Day Luncheon at Senior Living

Please join us for our annual Mother's Day Luncheon on May 13th from 11:15am-1:30pm in the Community Room. Meals will be \$15.00 each for guests. Prime rib and fried chicken will be the main entrees with plenty of delicious sides and desserts. Please contact the receptionist for the full menu and reservations. Reservations can be for the 11:15am or 12:30pm seating. Please make a reservation by Friday, May 11th.





Dogwood Village Senior Living Welcomes Dr. Bryan Snyder

Dr. Bryan Snyder has practiced Podiatry in Charlottesville since 1999 with his wife, Dr. Heather Snyder.

After graduating from the Pennsylvania School of Podiatric medicine (now TUSPM) in 1997, they then completed a 2-year residency together in primary Podiatric medicine at the University of Pennsylvania Hospital System.

In their office, Albemarle Family Foot & Ankle, the focus is on conservative, non-surgical care of foot and ankle ailments.

Dr. Bryan Snyder is also an attending physician in the Division of General, Geriatric, Palliative and Hospital Medicine at UVA Health Systems/University Physicians Group

He is happy to be a part of the care team at Dogwood Village at Orange County's Senior Living.



Prayer Request:

1st Floor:

- Emmett Wright- Health
- Family of Ruth Ecker- Health
- Joseph Taylor- Health
- Martha Curry- Transition

2nd Floor:

- Pat Faulconer- Husband's Health
- Jeanne Davis- Health
- Lois Gaines- Transition
- Glynn Coleman- Health
- Barbara Grasty- Granddaughter 's Health

PRAYER REQUESTS
LET US PRAY FOR YOU

Wonderful Mother's

God made a wonderful mother,
A mother who never grows old;
He made her smile of the sunshine,
And He molded her heart of pure gold;
In her eyes he placed bright shining stars,
In her cheeks fair roses you see;
God made a wonderful mother,
And He gave that dear mother to me.

-Pat O'Reilly

Meet Your New Neighbor:

Martha Curry



Volunteer Spotlight- Orange County Master Gardeners

Dogwood Village would like to recognize the Orange County Master Gardeners for their contributions to the facility. This group has been assisting residents in the facility since 1997. The Master Gardeners are part of the Rapidan River Master Gardeners group under the auspices of Virginia Tech.

One of the stated goals of the Virginia Tech Master Gardening program is to provide educational opportunities and community involvement.

The group meets the second Friday in each month to provide the opportunity to learn about various plants and to provide residents with gardening and garden related activities. The sessions are very "hands-on" to engage the participants, improve dexterity, and allow socialization with their peers and the Master Gardeners.



Health and Rehab Resident Dorothy Fultz is pictured with the Orange Master Gardeners

Resident Spotlight

Mrs. Irene Peltzer is originally from Mount Carmel, Pennsylvania and moved down South later in life. Irene was one of five children and grew up in the coal mining area of Sheboygen, Pennsylvania. After high school Irene went to work for a doctor and his wife tending to their two small sons. Irene went on to marry her husband Joe who was a coalminer and was very dedicated to providing for her and their children. In the past Irene loved cooking and baking and it was something her children and grandchildren always looked forward to enjoying but now a days Mrs. Peltzer can be found spending time completing puzzle books and crocheting.

Employee Spotlight

Ms. Alexis Fountain was born in Charlottesville, Virginia but has lived in Louisa County the majority of her life. Her three-year-old daughter Dallas Noel is the light of her life. Alexis has worked at Dogwood for the past two years in both the Health and Rehab and Senior Living buildings. She is currently working on her Activity Professional license. Out of all the joy Alexis finds in her role here at Dogwood Village there's nothing she enjoys more than bringing a smile or a little laughter to both the residents and the staff. Alexis lives by the motto, "always be humble and kind."

