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<u>Birthdays:</u>

Residents:

Fred Wease 3/6

Peggy Butterworth 3/16

Bill Roper 3/17

Joseph Taylor 3/19

Jack Glascock 3/31

Employees:

Wanda Morris 3/7

Pam Rothgeb 3/25

Sari Jackson 3/27

Angela Humes 3/29

Michelle Embrey 3/29

Michelle Hamilton 3/29

Notable Quotable

"It may be the cock that crows, but it's the hen that lays the eggs."

- Margaret Thatcher, Former Prime Minister of the United Kingdom

Special Events and Outings for March:

Events:

3/2 Birthday Party CR
3/6 Flat Run Ramblers CR
3/8 Music of Yesteryear DR
3/10 Chair Massages with Cindy WR
 Cost is \$10.00 for 20 minutes
3/12 Drum Circle with
 Connie Ralston CR
3/14 Ronnie Williams and the Carter
 Family Sound CR
3/15 Musician Billy Brockman CR
3/20 Afternoon Social ML
3/21 Classics with Don Gearhart CR

Napier **CR** 3/28 Meeting with Administration **DR** 3/29 Jim Lilly and the Sunnyside Band **CR** Outings: 3/1 Let's Ride 3/5 Before Supper Cruise 3/19 Before Supper Cruise

3/23 Grymes Grand friend Program CR

3/24 Civil War Presentation with Nancy

3/22 Dollar Tree 3/23 Silk Mill Grille Luncheon 3/30 Yoder's Market

New and Fun Activities!

Paper Hopscotch- Bringing back an oldie but goodie game. Easy to play! See who makes it up and back the fastest!

Hand Art- Come be creative by drawing, sketching or tracing your hand. Imagination is welcome!

Pie for Pi Day- Come make a pudding pie to celebrate the mathematics pi



Emergency Drill

3.14



On March 20th at 9:45am. Dogwood Village will be participating in the Statewide Tornado Drill. An announcement will be made over the intercom/phone system that the drill is starting. Five minutes later the drill will be completed. Staff members will be on every floor to assist with the drill.

Q: What is a tornado?

A: Tornados are a violent, rotating column of air that gravitates from the storm to the Earth's surface. Always follow your facility Emergency Preparedness Plan. St. Patty's Mint Chocolate Cheesecake Dip- Easy recipe to make and eat on St. Patty's Day.

Water Color Egg Art- Easy craft that will be used to decorate for Easter.

Dead Poet's Society- Movie to celebrate World Poetry Day March 21st.

Easter Bag Filling for Childcare- We will be filling bags with goodies to give to the children after their egg hunt on March 30th.

Statewide Tornado Drill

A few safety tips are...

- 1. Remove yourself from any doors and windows immediately. Move to an interior room such as a bathroom.
- 2. Go to the lowest level of the building.
- 3. Remain calm and follow personnel direction.

Always follow your facility Emergency Preparedness Plan.

A **Tornado Watch** is where the conditions have created a significant risk of a tornado

A **Tornado Warning** is when the severe weather is actually occurring.

March 2018 Issue 78

Celebrating

March

Women's

History Month

World

Compliment

Day

March 1



In and Around Senior Living... Activities-Health Services-

Beginning in March, you will notice your calendar looks a little different. It will be bigger and have a color code to describe the type of each activity. For example, live entertainment or music will be coded with a yellow square.

Resident Services-New Medicare Cards:

April 2019.

Daylight Savings Time Begins March 11

Shakespeare Week March 12–18

St. Patrick's Day March 17

World Poetry Day March 21

Palm Sunday March 25

Good Friday March 30

Thank you to all residents, family members and responsible parties who completed the Senior Living Satisfaction Survey. The questions were designed to elicit feedback about the departments who serve the residents in Senior Living to include reception, admissions, environmental services, maintenance, IT, dining, activities and health services. There was a 61% return rate with a 96% overall satisfaction rate. Most of the comments were positive and for those where improvement is needed, interventions have been implemented. Please continue to offer positive comments and 'needs for improvement' suggestions to the staff in Senior Living



Dogwood Village of Orange County Senior Living 120 Dogwood Lane Orange, VA 22960

Social Security Numbers from Medicare cards will be removed to prevent fraud, fight identity theft, and keep taxpayer's dollars safe. You will be receiving a new Medicare card beginning in April 2018 through

Please let Annette know when you receive your card as she will need to add this new information to your records. If you have not done so, please inform your Health Services staff if you have any known allergies or adverse reactions to foods, bee stings or medications

Dining Services-

Meal Time Reminders:

- Coffee and Danishes 6am-7:30am
- Breakfast: 7:15am-8:45am
- Lunch 11:15am- 12:45pm
- Dinner 5:15pm- 6:45pm



Resident and Family Satisfaction Survey





To all the days here and after -May they be filled with fond memories, happiness, and laughter.

Guiding Light

Age lines their faces They don't get around like they used to Moving slowly Sometimes loneliness closes in *Is that a kind voice I hear? Let me tell you their story* Most folks don't like to hear Too Busy! Hey will somebody listen? *Time is passing by Let me tell you this story* A world of wealth is hidden behind the lines Nature has so carefully concealed The voice shook with trembling I don't get around well any more *Let me give you this recipe* Did I show you my sewing? Take time to listen Then maybe someone someday will listen to you!

Composer: Resident Spotlight: Mildred Ransom



1st Floor: Gabriel Twyman-Health Family of Martha Caroon- Grief

> 2nd Floor: **Dolly Jones- Health** Pat Faulconer-Husband's Health Jeanne Davis- Health Barbara Grasty-Granddaughter 's Health

BruTab: What is it?

This spray is being used by our housekeeping staff to disinfect and keep our facility germ free. It is a solution that comes in tablet form, when mixed with water becomes a powerful disinfectant and sanitizer that is safe for all surfaces, including fabrics. This solution is a milder alternative to bleach, with less negative effects, while still being effective against a broad range of microorganisms including C-Diff. norovirus and influenza.

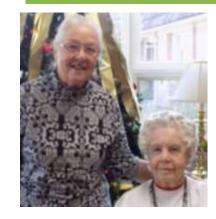
When used properly, this solution kills germs in less than 10 minutes, some in as little as one minute. In order for this happen, however, the spray must be allowed to air dry. In addition, once the surface is dry, BruTab will continue to kill new microorganisms for an extended period of time as long as the residue is not wiped off the surface. It is safe for contact with skin, although harmful in ingested or in the eyes. However, if contact with skin occurs, it is recommended to wash the skin to avoid any chance of irritation.

If you have any further questions, feel free to contact Larry Schoenfelder for more information.



Betty Glascock- Health **Jack Glascock- Health** Helen Stewart-Heath Helen Herndon- Health Harry and Carlene Saxton-Granddaughter 's Health

Staff, Volunteers, and Others: Mallory Greene- Activities-**Upcoming Health Procedure**



Fedie is pictured with Health and Rehab Resident, Ms. Mildred Butts.







Dogwood Village would like to recognize Fedie McClung for her contributions to our facility. Fedie was born and raised in West Virginia and graduated from Shepherdstown High School. She trained to be a registered nurse at Winchester Memorial Hospital in 1956. Fedie retired from her nursing career in 2003 at Martha Jefferson Hospital in Charlottesville, Virginia. She has three children, seven grandchildren and one great grandchild. She is expecting the arrival of a new great grandson in February. Fedie lives in Orange, Virginia and is an active member of Orange Presbyterian Church. She has been a dedicated volunteer at Dogwood Village since 2007. She enjoys reading, listening to books on tape and loves to garden.

Fred Wease Selected for VHCA Calendar

Dogwood Village Senior Living resident, Fred Wease, was selected to the 2018 Faces and Stories in Virginia's Long-Term Care Centers calendar. His story and photo are highlighted on the Virginia Health Care Association website.

Mr. Wease has been a volunteer and resident of Dogwood Village for many years and is pictured with his daughter Carol Ann Lorien at the Annual Sweetheart Ball in February.

Resident Spotlight:

Mrs. Mildred Ransom originally hails from the coal mining town of Slabfork, WV. She was one of nine children and grew up to marry her high school sweetheart whom she'd met at a ball game. Mildred and her husband went on to have three children after she finished her schooling at Beckley College. Mrs. Ransom was a wonderful homemaker and had a knack for writing very beautiful poetry. Out of all the joy she's experienced in her life there's nothing she cherishes more than her children.

Volunteer Spotlight- Fedie McClung

Employee Spotlight:

Ms. Margaret Schrock was born in Uniontown, Ohio and spent her childhood years tending to animals on her family's farm. In 1992, Margaret attended Canton City School of Nursing for her Practical Nursing License. For the past six years while working at Dogwood Village, Margaret has discovered that this job is a calling, not just a paycheck. On her days spent away from work she can be found reading, cooking or spending time with her nieces.

