



Dogwood Village of  
Orange County  
Health &  
Rehabilitation  
120 Dogwood Lane  
Orange, VA 22960

## Celebrating February

**Ground Hogs Day**  
February 2  
**National Wear  
Red Day**  
February 2

**Super Bowl LII**  
February 4

**Stroke Tuesday**  
**Mardi Gras**  
February 13

**Ash Wednesday**  
February 14

**Valentine's Day**  
February 14

**Presidents Day**  
February 19



# The Village Voice



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VOLUME 15

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February 2, 2018

Let's Unite On  
National Wear Red Day



The first Friday of February has been designated by the awareness campaign, Heart Truth, as National Wear Red Day in the United States. On this day, men and women are encouraged to wear red as a symbol of their support of women's heart health. People wear red as a way to bring attention to the problem of heart disease in women. Many women wear red dresses, the identifying symbol for the day. We are encouraging all residents and staff to participate as well on February 2, 2018.

## National Activity Professionals' Week

The Activities Department would like to thank all of our residents, staff and volunteers that took time out of their day to celebrate this year's National Activities Professionals Week January 21-27, 2018. We appreciate all of your love and support.



Dogwood Village staff constantly strive to meet your needs while offering care with compassion. With this said, we want you to share with your caregivers anything that we can improve upon at any time. We will follow-up as soon as possible, Thank you for your feedback.



# FIGHT INFLUENZA



## Tips to help avoid getting sick

- ♥ Avoid close contact with people who are sick.
- ♥ If you do not feel well stay at home
- ♥ Cover your nose and mouth.
- ♥ Avoid touching your eyes, nose or mouth.
- ♥ Practice good health habits.
- ♥ Wash your hands often with soap

If you have any further questions regarding BruTabs, feel free to contact Larry Schoenfelder

## “What are they spraying???”

There have been many questions regarding the sanitizer spray used by our housekeeping staff so we'd like to explain a little bit about it. It is a solution that comes in a tablet form, when mixed with water it becomes a powerful disinfectant and sanitizer that is safe for all surfaces, including fabrics. This solution is a milder alternative to bleach, with less negative effects, while still being effective against a broad range of microorganisms including C-Diff, norovirus and influenza.

When used properly, this solution kills germs in less than 10 minutes, some in as little as one minute. In order for this to happen, however, the spray must be allowed to air dry. In addition, once the surface is dry, BruTabs will continue to kill new microorganisms for an extended period of time protecting even if it comes in contact with new germs. It is safe for skin, although harmful if ingested or in the eyes. However, if contact with skin occurs, it is recommended to wash the skin to avoid any chance of irritation.



It would be a  
**ROYAL TREAT**  
to have you  
for my  
Valentine

**Vote for Valentine King & Queen**

**February 1- 12, 2018**

**crowning will be Feb 14th at 2:30pm**

**SUPERBOWL**

FOOTBALL  
PARTY

**Food &  
Fun**

Sunday

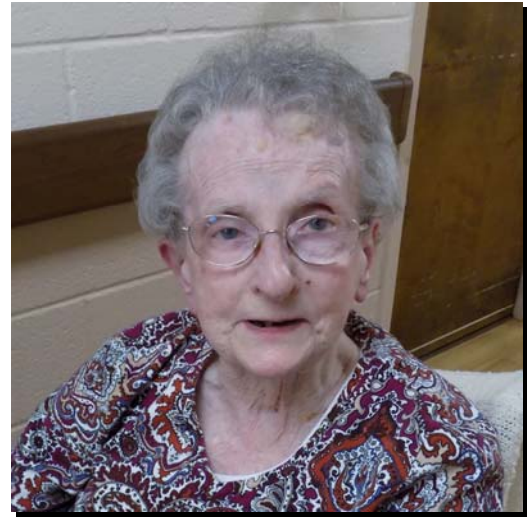
February 4, 2018

6:30PM

Main Dining Room

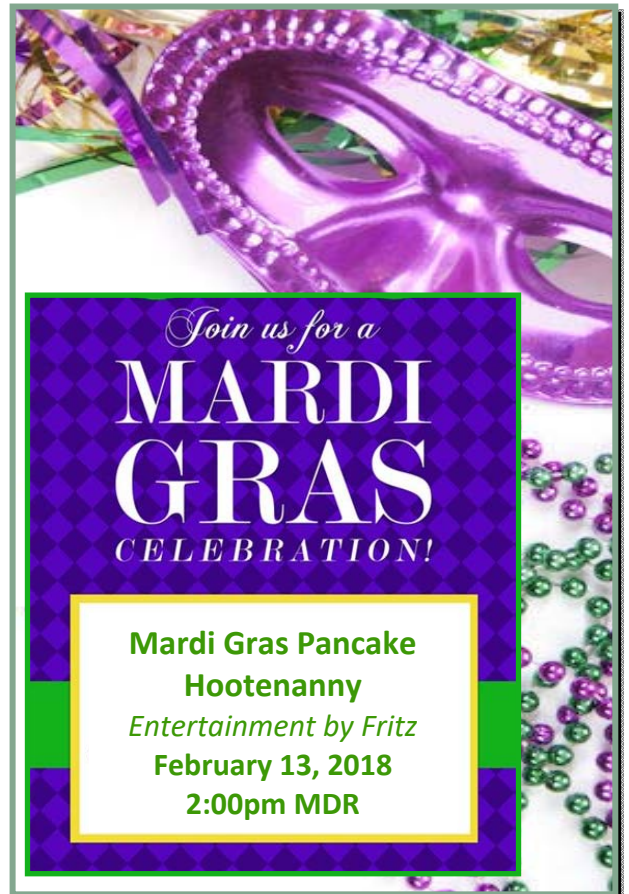
# RESIDENT SPOTLIGHT

Mrs. Doris J. MacEwan was born in Charlottesville, Virginia in 1932. She was raised in Somerset, Virginia where her father ran the Somerset Store. She was an only child and graduated from Orange County High School in 1948 at the age of sixteen. After graduation she attended West Hampton College in Richmond, Virginia where she majored in sociology and psychology. In 1960, Doris married Mr. Elwood Arthur MacEwan. They have twin daughters; Gayle lives in Ontario, Canada and Glenna lives in Alberta, Canada. Doris and her family have lived in Germany and Canada have traveled to Europe. Doris has had many interesting jobs throughout her life; a fifth-grade teacher in Spotsylvania, Bank of Fredericksburg, National Academy of Science in D.C., librarian in Canada, personnel office at UVA and a clerk for the FBI. Doris loves to read and continues to write in her journal daily. She is a member of the Chamber of Commerce in Orange. Doris has been a resident at Dogwood Village since May 2017.



## Will The Groundhog See His Shadow?

- ♥ If Punxsutawney Phil sees his shadow, there will be 6 more weeks of winter.
- ♥ He is the most famous groundhog of all. Every year more than 40,000 people gather at Gobbler's Knob in Punxsutawney, PA to see what Phil will predict.
- ♥ Groundhogs are related to the squirrel family. They can climb trees, swim and hibernate all winter.
- ♥ Groundhog Day is the most watched weather forecast of the year in America. It has been celebrated since February 2nd, 1886.
- ♥ Punxsutawney Phil's predictions have a 40-60% accuracy.



# February EVENTS

Sunday School every Sunday morning  
Weekly worship service every Sunday afternoon  
Bingo Games (Monday & Saturday Mornings )  
Moving To Music with Pokey (Tuesday)  
Weekly Sing Along with The Bluebirds of Happiness (Wednesday)  
News Current with Doris Shumate (Thursday)  
Catholic Mass , St. Isidore The Farmer Church  
2-2 & 2-16  
Tin Hearts Craft 2-1  
Victory Baptist with Teddy Cave 2-1  
Ground Hog Day Social 2-2  
BG Battle Music 2-3  
Super bowl Sunday Watch Party 2-4  
Beaded Sun Catcher Craft 2-5  
Worship & Song with Archie Seale 2-5  
Music by Jim Lilly & Sunnyside 2-6  
Rhoadesville Baptist Church Kids Hope 2-7  
Music by Michael Milstead 2-8  
Master Gardeners Garden Club 2-9  
Monthly Birthday Bash 2-9  
Free Union Mission 2-10  
Writing Valentines 2-12  
Valentines Day Social 2-14  
Ash Wednesday (Catholic) 2-14  
Music by The Way Worn Travelers 2-15  
Movie Night 2-15  
Enriching The Heart & Mind with Aaron 2-16  
LEO Club with Ms. Armish 2-17  
House of God Tabernacle Unit Visits 2-18  
Presidents Day BINGO 2-19  
Dotted Heart Tree Craft 2-19  
Kevin Sings The Classics 2-20  
Woman's Community BINGO 2-20  
Hand To Hand Training Ceremony 2-21  
Music by The Hired Hand Band 2-22  
Friday Morning BINGO 2-23  
Ice Cream Social 2-23  
City of Refuge Bible Baptist Church 2-24  
Oak Grove Youth 2-25  
Dicey Bingo Game 2-26  
Residents Council Meeting 2-27  
February Wrap Up Game 2-27

## February Birthdays

M. Dye 2-9

M. Lillard 2-10

R. Brizzolara 2-12

R. Kemp 2-14

E. Crouch 2-17

M. Spiers 2-20

D. Fultz 2-22

“The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.”

-Helen Keller



### Hand To Hand

### Dementia Training Ceremony

Wednesday, February 21, 2018

2:30pm



To view our monthly newsletter online go to  
[www.dogwoodvillageocva.org](http://www.dogwoodvillageocva.org)