

**Birthdays:**  
**Residents-**  
Betty Coleman 7/4  
Beverly Elson 7/9  
Peggy Fitch 7/13

**Staff-**  
Samantha Dodson 7/2  
Kaeli Flint 7/3  
Wendy Weakly 7/7  
Jane Johnson 7/13  
Kristin Biller 7/15  
Chris Weller 7/16  
Bobby Painter 7/19  
Loretta Holt 7/25  
Chelsey Partlow 7/26  
Linda Grymes 7/29  
Doris McLeman 7/31

### Notable Quotable

“National parks are the best idea we ever had. Absolutely American, they reflect us at our best rather than our worst.”

~ Wallace Stegner, author, and environmentalist



## Special Events and Outings!

**Special Events:**  
7/8 A Little Magic Therapy Horse- Outside in the Front Parking Lot  
7/15 Guitar Music with Bill Caldwell- Community Room  
7/15 Nashville Standard Music with Adam Melia- Community Room  
7/19 Garden Party- Daquiri’s for National Daiquiri Day- Healing Garden  
7/29 Piano Music with Julie Jackson- Community Room

**Outings:**  
7/7 Leisure Ride  
7/9 Out-Bache Ice Cream in Rapidan  
7/14 Leisure Ride  
7/21 Leisure Ride  
7/23 Lunch at Silk Mill Grille- Please plan to pay for your lunch  
7/28 Leisure Ride

Please remember to sign-up in advance with the Activity Staff for all outings to ensure we have enough space to accommodate everyone

### New Activities for July!

4<sup>th</sup> of July Bright Side Childcare Parade- Annual Patriotic Parade with the local childcare center. Please wear red, white and blue on this day!

Sponge Firework Art- Easy art craft to celebrate the 4<sup>th</sup> of July!

Drumming for Fun- Easy Exercise class that involves drumming on a raised yoga ball to different music.

Hospitality Club- Come join us for a new bi-weekly group that will make

floral arrangements, cards and more for new residents and residents that are recovering from being ill.

Sharpie Marker Candy Bowls- Easy Craft Project made from plastic cups.

Summer Succulent Planting- Come plant a beautiful succulent in a cute summer themed pot!

Shrink-A-Dink Art Project- Make a keepsake to give to your family of your hand!

### Prayer Request

**1<sup>st</sup> Floor:**  
Harriet Moore- Transition  
Peggy Woodward- Transition

**3<sup>rd</sup> Floor**  
Cora Smith- Health  
Jeanne Davis- Health  
Elizabeth Holley-Goodwin-Health  
Barbara Hutchinson-  
3 Siblings- Health

**Staff:**  
Dennet McFarlane- Activities- Health of Mother  
Alicia Foster- Activities- Health of Grandmother

### Beautiful Addition

In remembrance of our wonderful volunteer, Sue Dofflemoyer, a beautiful angel has been placed in the Healing Garden in her memory. Please go out and enjoy her in the garden when you have a moment!



# Dogwood Dispatch

July 2021  
Issue: 117

*Dogwood Village of Orange County*  
*Senior Living*  
120 Dogwood Lane  
Orange, VA 22960

### Celebrating July

**Anti-Boredom Month**

**World Watercolor Month**

**Canada Day**  
July 1

**Roswell UFO Days**  
July 1-3

**Independence Day (U.S.)**  
July 4

**Bastille Day (France)**  
July 14

**“Wrong Way” Corrigan Day**  
July 17

**Day of the Cowboy**  
July 24

**World Ranger Day**  
July 31

## In and Around Senior Living...

Activities-

- ❖ Please continue to sign-up with the Activity Department for Bus Rides to ensure we have space.

Resident Services-

- ❖ Please welcome Harold and Nonnie Myers to Senior Living

Dining Services-

- ❖ If you would like something that is not on the menu, please ask your server. Fresh fruit is available upon request and the items in the refrigerator in the Main Dining Room are available for the residents at any time.

Health Services-

- ❖ Healing Garden is open for residents to go out but please let a staff member know when you are going.

Therapy Services-

- ❖ If you are interested in receiving therapy services or riding the Nu Step on a regular basis, please talk with your Nursing staff to talk with your physician to get an order to see us!

Maintenance-

- ❖ Thank you to the Maintenance staff and all the hard work they have put in to making the Dogwood Village Grounds and especially the Healing Garden beautiful for the summer season!



## Attention Family and Friends-

Please read the article from the FDA on page 3. This article is in reference to having/wearing smart phones and smart watches.

A new study has shown that these devices can interfere with pacemakers or other implanted devices. These items can cause their life-saving units to malfunction if in close proximity,

All signage on resident doors have been updated to reflect this change.

We have asked our staff not to carry these devices in resident rooms and ask that you be observant and leave your devices in a safe location while visiting your loved one, to insure you do not interfere with their life saving device. Thank you for your help with this.



## Resident Spotlight



**“NEVER BELIEVE THAT A FEW CARING PEOPLE CAN'T CHANGE THE WORLD. FOR, INDEED, THAT'S ALL WHO EVER HAVE.”**

— MARGARET MEAD

Boots Lenn was born and raised until the age of fourteen in Barto, Florida. He grew up surrounded by three older brothers and two sisters. He attended the University of Montana, where he received his bachelor's degree in physical education. He then moved on to the Medical College of Virginia, now known as Virginia Commonwealth University, where he became a registered physical therapist. Boots has no children of his own but is a wonderful uncle to two nephews and two nieces. In his free time, Boots has loved watching baseball, flying, and traveling throughout his life. He belongs to the American Physical Therapy Association and has been a member of Presbyterian churches all across the country. Boots was drafted to the Army as a young man at age eighteen where he served a total of fifteen months at Fort Bliss in El Paso. He says his greatest and most enjoyable accomplishment in life was getting his pilot's license and earning 2,000 hours of pilot time



## Staff Spotlight

Emily Dodson grew up in Madison, Virginia and just recently graduated from Madison County High School. She will be attending Eastern Mennonite University in the Fall to study Nursing. Emily works in the Health Services Department as a Certified Nursing Assistant (CNA) and loves having the opportunity to build lasting relationships with each of the residents of Senior Living. When not working Emily enjoys taking care of her animals; 3 dogs, 3 cats, 3 horses and 1 mini donkey. She also enjoys spending time with her family and friends. When asked how she would describe herself in three words, Emily stated “caring, responsible and respectful”. These qualities shine through her care to each resident. Although Emily has only worked at Dogwood for two months, her greatest advice to a new employee is to “take time to really get to know your residents because doing so will result in better care!”



## Magnets in Cell Phones and Smart Watches May Affect Pacemakers and Other Implanted Medical Devices- [Article from the FDA](#)

Some consumer electronic devices, such as certain cell phones and smart watches, include high field strength magnets. Recent studies have shown that consumer electronic devices with high field strength magnets may cause certain implanted medical devices to switch to “magnet mode” and suspend normal operations until the magnet is moved away from the medical device. Many implanted medical devices are designed with a “magnet mode” to allow for safe operation during certain medical procedures such as undergoing an MRI scan. These safety features are typically engaged by physicians with the use of a high field strength magnet that is placed near the implanted device placing it into a “magnet mode.” Removal of the magnetic field causes the device to return to normal operation.

### Precautions for Patients with Pacemakers and Other Implanted Medical Devices

The FDA recommends patients keep any consumer electronic devices that may create magnetic interference, including cell phones and smart watches, at least six inches away from implanted medical devices, in particular cardiac defibrillators. Many implanted medical devices have FDA-approved information written for patients (patient labeling), which cautions patients to keep all cell phones and smart watches at least six inches from the implanted medical device.

People with implanted medical devices may want to take some simple precautions, including:

- Keep the consumer electronics, such as certain cell phones and smart watches, six inches away from implanted medical devices.
- Do not carry consumer electronics in a pocket over the medical device.
- Check your device using your home monitoring system if you have one.
- Talk to your health care provider if you are experiencing any symptoms or have questions regarding magnets in consumer electronics and implanted medical devices.

When near high strength magnets, devices with a magnetic safe mode could stop working or change how the device works. For example, a cardiac defibrillator may be unable to detect tachycardia events. Or it may change the operational mode of the devices such as turning on asynchronous (i.e., two or more events not happening at the same time) mode in a pacemaker. Cardiac implanted electronic devices are intended to support heart rhythm disorders, such as slow or fast heart rates. When the device stops working, a patient may experience dizziness, loss of consciousness or even death if therapy is not delivered when lifesaving shocks are required. It is important to emphasize the following: to avoid interference between cell phones and smart watches and your heart device, keep them at least six inches (15 centimeters) away from implanted medical devices. Also, do not place cell phones, smart watches, and other consumer electronics close to your implanted medical device.

The FDA is aware of published articles which describe the effect that sufficiently strong magnetic fields can turn on the magnetic safe mode when in close contact. The FDA also conducted its own testing on some products that use the high field strength magnet feature and have confirmed the magnetic field is both consistent with the publications and strong enough to turn on the magnetic safety mode of the medical devices in question. The FDA believes the risk to patients is low, and the agency is not aware of any adverse events associated with this issue at this time.

**The FDA continues to monitor all relevant scientific information about this ongoing issue and will continue to take appropriate action, including informing the public and providing additional information, if the need arises based on its risk analysis.**