#### Welcome

Tom Short recently became a part of the Dogwood Community. He was born and raised in Roanoke VA. He moved to Orange VA in 1972. He has one daughter and two sons. He graduated from Elon College. Tom retired from Orange County Public Schools. He is a member of Trinity **Methodist Church, Orange Library Association and Orange County Education Association.** In the past you would find him working his garden or during snow season hitting the slopes for skiing. In his spare time, he likes to read and view football/basketball on television. Join us in giving him a warm welcome!



1/1 Alice Wells 1/3 Elizabeth Goodwin 1/3 Cora Smith 1/21 Mary Lou Baker





### Welcome Volunteer

Melissa Handwork was born in Charlottesville, VA. She has been living in Culpeper, VA most of her life. She is currently a full-time college student at Liberty University. She is married with 4 children and 4 grandchildren. She enjoys painting and repurposing antique furniture. She is super active in her church. She looks forward spending her Wednesdays helping with activities.



# Dogwood Dispatch

Dogwood Village of Orange County 120 Dogwood Lane Orange VA 22960 540-672-1830



**International Brain Teaser** Month

**Mentoring Month** 

**Get a Balanced Life Month** 

New Year's Day January 1

Someday We'll Laugh About This Week January 2–8

> **Twelfth Night** January 5

Make Your Dream Come **True Day** January 13

**Martin Luther King Day** January 16

**International Sweatpants** January 21

**Compliment Day** January 24

**Holocaust Memorial Day** January 27

NATIONAL ACTIVITY PROFESSIONALS' WEEK **January 23rd-29th 2022** 

A huge thank you to Kelly Javins and **Dennett McFarlene, Activity Assistants,** for your dedication to Dogwood Village Senior Living. These ladies are always caring, smiling, encouraging, compassionate, joyful, creative, enthusiastic, and fun. The residents enjoy their friendship and laughter each day. When you see them around the facility share a "Thank You"





January 2023

#### HOLIDAY HAPPENINGS

We had a wonderful appetizer social on December 22, 2022. The residents raved about the

delicious foods that was prepared by the activity staff. It was an afternoon of fellowship, sharing many Christmas memories with others and making new ones to last a lifetime.





#### **Resident Spotlight**

Minnie Alvis is pleased to be a part of the Dogwood family. She was born and lived her whole life in Goochland VA. She is a retired mail carrier. She was a graduate of Goochland County High School. In her free time, she enjoys working on jigsaw puzzles, playing bingo, and attending church. Welcome Minnie!



#### **ACTIVITY NEWS**

1/9 Law Enforcement Day! Residents will be making snack packages for the Orange Police Department.

1/10 Winter Wonderland Waffle Breakfast Bar

Stop by the activity room from 7 AM to 9 AM to enjoy a fresh waffle with lots of toppings and home style eggs. Sign up required

1/17 Betty White Day!! Time to celebrate the "Golden Girls". We will have a movie in the morning and a Betty White party in the afternoon.

1/20 Come compete for the gold, silver or bronze award. We will have the Winter Olympic games at 2PM in the Wellness Room.

1/31 National Coke Day!! Nothing better than coke floats and fries. Hit up the event at 2 PM.



Santa's elves delivered Christmas goodies to staff!



#### **Friendly Reminder**



Just keep in mind for the safety of our residents we ask that you don't visit the facility if you are sick as older people are at a higher risk for catching COVID 19, FLU or RSV. Many of the residents have underlying medical conditions such as congestive heart failure and respiratory illness. If you are missing a loved one and can't visit you may reach out to Kelly or Dennett in activities who will assist you with a video visit. Thanks for the understanding.

## Art Center of Orange Upcoming Quilt Showing

In January the quilt that the residents made will be on display



posted soon.



### **Christmas Traditions**



Resident Mary
Lou Baker
continues her
annual holiday tradition

annual holiday tradition of making "Chex Mix". She was eager to share and eat. She was pleased to be assisted by other residents.





#### **New & Exciting**

1/4 Blue Birds of Happiness

1/6 Trip: Lunch Chili's

1/10 Davis & Bradley

1/11 Parachute Fun

1/11 Trip: Thrifting 1/12 Music W/ Billy

1/13 Rubber Duck Painting

1/14 Nashville Standard

1/18 Blue Birds of Happiness

1/18 Trip: Winter Ride

1/19 Plinko Challenge

1/23 Pie Social (National Pie Day)

1/23 Music W/Kevin

1/25 Toilet Paper Ping Pong

1/26 Wine & Design 1/27 Trip: Winter Ride