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Birthdavs: Residents-Luther Dofflemover 8/2 Staff-

Alexis Conley- 8/22



will be the **Annual Fire Please Attend if** 1st Floor- 2:00 in



Special Events-

8/2 Resident Council Meeting AR 8/5 August Birthday Party CR 8/16 Hearing Aid Checks and Ear Cleaning with Dr. Koch (CR) 8/16 Afternoon Social (CR) 8/19 Luck Bill Parrish Guitar Music (CR) 8/24 Music with Keith Campbell (CR) 8/25 Music with Fritz (CR) 8/26 Meet and Greet New Activity Director (CR) 8/31 Garden Party (HG)

Special Events and Outings

Outings-

8/24 Lunch at Silk Mill Grille 8/31 Leisure Ride

Outings and Rides will resume when new activity staff gets acquainted with the bus. (3)

Remember to sign up for bus outings with activity staff to ensure we have enough space for everyone!

Reminder- Residents provide the money they would like to spend on their meal during lunch outings.

New Activities for August

Paint and Sip- Come and paint a summer scene while enjoying a sweet summery beverage.

Word Game Trivia- Easy Game that allows you to reminisce!

Coffee Cup Floral Arrangements- You will be making beautiful arrangements created out of artificial flowers that will be in coffee and teacups.

"Snowball Fight" Game- Sick of the summer heat come play a "cool" game!

Safety Question- Annual Fire Safety

What do you do if you hear the fire alarm?

Answer: Stay in your room behind the fire door until a staff member instructs you to move to an alternate location.

Fire Drills are conducted monthly and are rotated between shifts to ensure your safety.

> Areas of refuge include: 1st floor No Areas of refuge-Can evacuate if told by staff 2nd floor North Wing Parlor 2nd floor South Wing Parlor 2nd floor Wellness Room 3rd floor North Wing Parlor 3rd floor South Wing Parlor 3rd floor Main Dining Room

Name 10 Trivia- Come exercise your brain and see if you can name 10 things when an unique category is given.

Bean Picture Art- Easy craft project using beans to create a picture

Roll-and-Bowl Dice Game- Bowling game using a dice and not a ball!

Wooden Scoop Craft- Craft you will paint to make a beautiful wreath!

- If you need to be evacuated from the 3rd floor staff will help escort you down the stairs. Staff will help you with the stair chair if you need help to maneuver the stairs. Staff will get you to an exit safely.
- For any further questions about the Fire Safety Plan please see any staff member.
- The red phones in the areas of refugee call directly to the front desk of Health and Rehab. In case of emergencies, staff can inform emergency responders the location and numbers of those in need of rescue.

August 2022 **Issue: 130**

Dogwood Dispatch

Dogwood Village of Orange County Senior Living 120 Dogwood Lane Orange, VA 22960 (540)-672-1830

Celebrating August

Read-a-Romance Novel Month

Activities-

Dora Dove.

Resident Services-

Dining Services-

Happiness **Happens Month**

International **Clown Week** August 1–7

Homemade Pie Day

Root Beer Float Day August 6

Elvis Week August 9–17

International **Geocaching Day** August 20

Senior Citizens Day August 21

Women's **Equality Day** August 26

I just wanted to say thank you for letting me plan and create the activities at Dogwood Village Senior Living for the past 11 years. It has been my honor and privilege to serve the residents, family members, volunteers, and staff at Dogwood. This is my last issue of the Dogwood Dispatch that I assisted in creating when I arrived. I have taken a position that will allow me to grow personally and professionally. I plan to stay in touch and wish everyone well always!

- Ashley Gore, Director of Resident Activities, CTRS.

August 5

In and Around Senior Living...

Please welcome new Activity Director, Lisa Erb and new Activity Assistant,

Please welcome new resident: Susan Hensley & Genevieve Starkey!

Dining Discussion Meeting will be August 1st at 2pm in the Main Dining Room. Remember to remind your quest to call/tell the receptionist if you would like to have a meal provided by the facility. Eating areas continue to

Ashley's Farewell

include: the resident's room and private dining room (upon reservation).

Maintenance

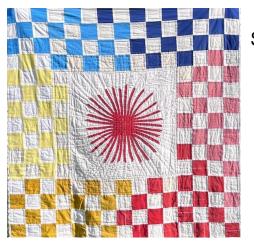
New Floor Project is subject to start on Aug. 18th beginning on the 2nd floor first. Date and time are subject to change. This is a big project, and we thank you ahead of time for your patience and understanding!

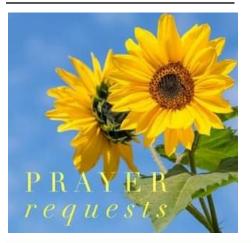






Pictured above is Artist Amanda Wagstaff and below is an example of one of her *quilts that she assisted a* group in creating!





Community Quilt Project

Participants will meet weekly to design, construct, and hand-quilt a community art quilt using salvaged and hand-dyed fabrics. The goal of the project is to create a quilt that represents the different personalities, styles, and influences of the Dogwood Village participants. This project is facilitated by Central Virginia artist, Amanda Wagstaff.

This class is sponsored by The Arts Center in Orange **Community Outreach** Program.

Schedule of Classes: Sept 2, 9, 13 (Tues), 23, 30 Oct 7, 14, 21, 28 Nov 4, 11, 18, 23 (Wed) Dec 2, 9, 16

Amanda Wagstaff is a visual artist who uses

1st Floor Nonnie Myers-Transition Beverly Elson- Grief of Brother-In-Law

3rd Floor Fred Wease-Granddaughter's Health Joyce Hobbs- Health Sibvl Johnson- Health Irwin Sherman-Health Barbara Garr- Health

sewing and a variety of textiles practices to extract meaning from ordinary objects, like clothing, dishtowels, notepaper, and receipts. Her fixation on everyday objects began at William & Mary where she studied observational painting, her fascination grew at UNC-Greensboro, where she incorporated elements of time and tedious labor into her thesis work. During her research fellowship in Dublin. Ireland. she studied the history of writing, monastic practices, and pilgrimage.

Amanda grew up on a dairy farm in Red Oak, Virginia and comes from a family of makers. Now, she maintains a studio in her home in rural Albemarle County.

Prayer Request

Staff and Volunteers: Dennet McFarlane-

Mother's Health Debbie Lloyd- Human **Resources-Health** Tammy McGarry-**Registered Medication** Aide- Health of Daughter-In-Law, granddaughter. Pokie Mingo-**Environmental Services-**Health of Grandmothers









Resident Spotlight-

Cox-Wince recently moved into Dogwood Village Senior Living. Frances answers to originally from in Orange County Frances has been a jack of all trades and has worked at a dry cleaners, Ricketts Pharmacy, Waugh Harley Davidson, and Lightfoot Elementary as a teacher's aide. She was an avid Village Health and Rehab and assisted residents with Bingo. Fran has 1 son and 2 daughters, Richard, Robin, and Roxane. She has 2 granddaughters, 1 grandson, who she adores named Liam. Frances is enjoying staying active at

New resident, Frances Fran or Franny. She is Lynchburg but resided during her later years. volunteer at Dogwood grandson and 1 great-Senior Living and is up to trying anything new!

Staff Spotlights-

Brenda Hutchinson is the Director of Administrative Services and works directly with the Executive Director. Brenda also serves as the secretary to the Health Center Commission, Senior Living and Foundation Boards. She is the office manager for H&R and SL and oversees the receptionist in both SL and H&R. Brenda has worked for Dogwood Village for almost 20 years.

Nick Anderson is our **Director of Information** Technology. He has worked in the IT field for almost 10 years. He graduated from the University of Alabama in 2014 (Roll Tide!). Nick first became interested in working in assisted living while volunteering at his local assisted living facility in college. Nick lives in Culpeper with his partner Jennifer and their 3 cats.