

DOGWOOD DISPATCH

Dogwood Senior Living 120 Dogwood Lane Orange, VA 22960 540-672-1830



WELCOME

- Clarice Wright is from Gordonsville Virginia. She has lived in the community for 81 years raising her family. She graduated from Clerical School in Richmond; VA She retired as a clerical worker with the railroad. Clarice has volunteered at VFW and Meals on Wheels. She is a member of Gordonsville Baptist Church. Her family is her world from the time she became a mother at age 19. Stop by and get to know her.
- Harold and Charlotte Lohr came to live with us from Madison Virginia. They met at The Orange Movie Theater in the 1950's. They married in 1958 and have one son. She worked as a seamstress, and he worked for EA Clore & Rochester Ropes. They shared their favorite place to eat is Charlie's in Culpeper. Both enjoy watching Wheel of Fortune nightly. These folks both agree the best thing in life was to marry each other and help others when needed. Stop by and say hello.



John Gallihugh was born and raised in Madison County Virginia. He is a retired farmer who enjoyed milking cows and making hay. In his past time, he liked to hunt and fish. His

hobbies are watching television and cheering on his Dallas Cowboys football team. John expressed his biggest life accomplishment was working hard and paying his bills on time. Join us in giving him a warm welcome.

March Birthdays



- 3/10 Byron Madden
- 3/14 Marjorie Madden
- 3/15 Frances Wince
- 3/16 James Cluff
- 3/17 Annabelle Aver.

TRIPS

- 3/1 Leisure Ride
- 3/6 Lunch: Timberwood Grill
- 3/13 Lunch: Longhorn
- 3/15 Leisure Ride
- 3/20 Shopping: Ole Country Store
- 3/22 Leisure Ride
- 3/27 Shopping: Belk & Lunch Wood Grill



You must sign with activity staff member. This is first come first serve as we have a total of 10 seats on bus.



William "Willie" Crenshaw came from Louisa VA. He has 2 beautiful children. He retired after being a Service Manager for many years in Hagerstown Maryland. He graduated from Albemarle High School in 1956. He served in the US National Guard for 9 years. His favorite past time is listening to county and blue grass music. He is a avid mystery reader. He is so pleased that he was able to help and guide family and friends along life ways. Join Dogwood in giving him a warm welcome.

Celebrating March

Umbrella Month

Optimism Month

Irish American Heritage Month

Iditarod Race

March 2

Namesake Day

March 3

Women in Construction Week

March 3-9

Welllderly Week

March 18-23

Napping Day

March 11

Quilting Day

March 16

Tea for Two Tuesday

March 19

Memory Day

March 21

Pencil Day

March 30

A Mathematical Celebration

March 14 marks a unique celebration—Pi Day! It honors the mathematical constant pi (π) because the first three digits, 3.14, match the date. It is also recognized as the International Day of Mathematics, a celebration of the universal language of numbers. In addition, this busy day also pays homage to the genius behind the theory of relativity, Albert Einstein, who was born on March 14, 1879. Ironically, the fact that Einstein's birthday is widely celebrated might not have pleased the esteemed scientist, who once said, "It is a known fact that I was born, and that is all that is necessary."

Pi, that infinite number we encounter in circles, has an inseparable bond with Einstein's groundbreaking work. The beauty of pi lies not just in its numerical significance but in its appearance across mathematical landscapes, including the formulas that are the basis of Einstein's theories. The theory of relativity, famously distilled into $E=mc^2$, unveils the intricate dance between energy, mass, and the speed of light—a mathematical waltz through the cosmos.

This trio of celebrations is a chance to marvel at how math permeates our world. From the spirals of galaxies to the curves of flower petals, mathematical principles govern the very fabric of nature. March 14 is a day to appreciate the sheer delight of numbers, which transcend cultural and language barriers. It's a reminder that math isn't just about calculus or algebra, endless equations to mind-bending theories; it's about the joy of patterns, puzzles, and the universal language that connects us all. It is the basis of the wonders of the universe—the rhythm of the stars, the shapes of nature, and the logic that powers innovation.

As you munch on a piece of banana cream or homemade blueberry pie to celebrate Pi Day, raise a glass and toast to Einstein's legacy. Take a moment to reflect on how equations, formulas, and theories intertwine to unlock the secrets of the universe.

MARCH IS NATIONAL SOCIAL SERVICES MONTH

- Social Work is...
- Assisting and not dictating
- Active Helping
- Professionalism
- Ethical.
- Showing up as the whole version of myself
- Choosing to check my bases.
- Looking at the whole person
- Culturally humble.
- living tolls at each point of one's journey.
- Improving one's quality of life.
- Maximizing potential.
- Empowering.
- Valuing my time
- Valuing the client's time.
- Building rapport.
- Respectful
- Doing self-care.
- Taking care of myself.
- Giving help and asking for help.
- Boundaries.
- Life-long learning.
- Doing with a purpose.
- Knowledge collaboration
- Knowledgeable collaboration.
- Advocacy.



A special thanks to Patty Talley!

Attention Residents & Family

- ❖ The 2nd floor hearth room is an open space game room. Meet a friend anytime and enjoy the many games/puzzle/air hockey options being offered. If you have a game, you would like us to add please see any activity staff member. It's open 7 days a week from morning to evening.
- ❖ Spring is coming and we know folks declutter. Activities can always use yarn, fabric, silk flowers, home décor, holiday décor and jewelry. You can drop off or we can pick locally. Contact Lisa Erb Director of Activities.

SHAMROCK BINGO GAMES



- 3/3 Bingo W/Chelsea
- 3/5 Bingo W/Legacy Hospice
- 3/7 Bingo W/Ellen
- 3/10 Bingo W/Ellen
- 3/17 Lucky Bingo W/Chelsea
- 3/21 Bingo W/Ellen
- 3/24 Bingo W/Chelesa
- 3/28 Bingo W/Chelesa
- 3/31 Bingo W/Chelesa



Love filled the air at Dogwood Senior Living!



Monthly wine and cheese social



Easter Raffle

- Drawn on 3/25/24 at 12 noon
- Our umbrella is filled with unique Easter treats.
- Stop by the lobby and take a chance.



MARCH EVENTS

- 3/2 Questions & Questions
- 3/4 Tunes W/Bily Brockman
- 3/6 Blue Birds of Happiness
- 3/7 Cooking Class: Donut S'mores
- 3/8 Shamrock Shakes
- 3/12 Resident Council
- 3/12 Singing Grandpa
- 3/14 Chip & Dip Social
- 3/14 Alan Newton Music
- 3/15 Bollywood Fitness
- 3/16 Surprise Saturday
- 3/18 Stuffing Easter Eggs
- 3/18 Wine & Cheese Social
- 3/19 Cards & Cups
- 3/20 Blue Birds of Happiness
- 3/20 Keith Campbell Music
- 3/21 Egg Hunt W/Brightside Day Care
- 3/21 Make It French Bread
- 3/25 Nails W/Heather (Sign Up Req)
- 3/25 Dixie Cup Egg Hunt
- 3/26 Davis & Bradley
- 3/29 Egg Dye



COME SUPPORT ACTIVITIES

~Baked Potato Bar~



~ March 8, 2024, from 11:00-1:00 join us for lunch in the activity room or grab it to go, for \$6.00

~Toppings include Butter, sour cream, chives, broccoli, cheese, chili & bacon.

~ This event is open to residents, staff, and visitors. Please sign with any activity staff member.

~Thanks for your participation!