

Birthdays:

Residents
Carlene Saxton 10/20
Martha Curry 10/21
Pat Brummett 10/22

Staff

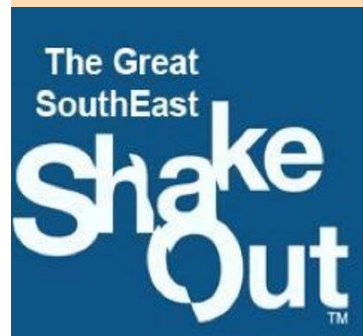
Gwen Maupin 10/6
Monique Ferguson 10/7
Tammy McGarry 10/7
Alexis Fountain 10/15



Notable Quotable

“Make pumpkin bread as the default gift for everyone. It is cheap, it is beloved, it is carbs.”

~ Karen Bender, novelist



Special Events and Outings

Events:

10/3 St. James Episcopal Church Ensemble **CR**
10/4 Therapeutic Miniature Horses **ML**
10/5 Fiddle Music with Alex **CR**
10/6 Nashville Standard **CR**
10/11 1920's Family Dinner **O**
10/13 Civil War Novels Pt 3 **CR**
10/16 Kenwood Players **CR**
10/18 Ronnie Williams **CR**
10/19 Farewell Mallory Social **CR**
10/23 Afternoon Social **ML**

10/24 Meeting with the Administration **DR**
10/25 Nutrition for your Brain **CR**
10/26 Me and Martha Music **CR**

Outings:

10/1 Brightside Spicer Mill Childcare Visit
10/10 Dollar Tree
10/12 Yoder's Market
10/15 Let's Ride
10/17 Graves Mountain Lodge
10/24 Before Supper Ride
10/29 Let's Ride



New Activities for October!

Pass it on Word Game- A game with clue's to stimulate your mind.

Connect it Word Game- Mind bending word game to connect letters to make words. How many can we make?

Decorating Halloween Canvas Bags- A craft activity we will be using Halloween cut outs to use the bags on Halloween

Pumpkin Mache'- Creative fall craft lead by Michaele.

Pumpkin Decorating- Come be creative and decorate a real pumpkin to be displayed through the building during Halloween.

Bat Halloween Treats- Easy snack creation we will be making to give to the Grymes children during their visit.

Leaf Mache Bowls- Easy, festive craft project to display during the fall season.

What do you do during an Earthquake?

Dogwood Village will be participating in the Great Southeast Shake Out on 10/18 at 10:18am.

An announcement will be made over the phone system. The drill will last 10 minutes. Please sign the sign-in sheet from an Activities staff member if you participate in the drill.

This is what you should do during a earthquake:

- Move away from doors and windows if you can.
- **Drop**- This position protects you from being knocked down and also allows you to stay low and crawl to shelter if nearby.
- **Cover**-Your head and neck with one arm and hand; stay on your knees; bend over to protect your vital organs
- **Hold On**- Until shaking stops, hold on to a stable object with one hand; be ready to move with your stable object if it shifts. If there is no stable object around, hold on to your head and neck with both arms and hands.

WHEN THE EARTH SHAKES, KNOW WHAT TO DO:



Dogwood Dispatch

October 2018
Issue: 85

*Dogwood Village of
Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960*



Celebrating October

Positive Attitude Month

Popcorn Poppin' Month

World Smile Day
October 5

Columbus Day
October 8

International Top Spinning Day
October 14

International Artists Day
October 25

National Chocolate Day
October 28

All Hallows' Eve
October 31

In and Around Senior Living...

Activities:

- We will be going to Graves Mountain Lodge for a fried chicken lunch on October 17th. The cost is \$22.00 and should be paid to an Activities staff member in advance to reserve your spot.

Admissions/ Resident Services:

- If you have received your new Medicare Card please give a copy to Annette as soon as possible.
- Please welcome Erba Burton!

Dining Services:

- Due to the weather during National Assisted Living Week our Family Dinner has been moved to October 11th. Please continue to make reservations or cancellations at the front desk.

Health Services:

- Flu vaccines will be administered October 16th and 17th. All residents will be offered a flu vaccine.
- Remember with cold and flu season approaching to keep your hands washed.

Maintenance:

- As the temperature changes, please remember to ask for assistance in changing your thermostat from air conditioning to heat.



Souls in Harmony- Coming to Senior Living

Souls in Harmony is a Virginia based, non-profit organization dedicated to enhancing the quality of life of those individuals who are encumbered by a special need or barrier. They do this through music and mentorship as well as education. They strive to share the language of music that transcends all ages and wellness barriers. Music makes a connection on a soul level. It reaches inside a person and connects where other methods many times don't.

Their hands-on approach with music education and interaction is a welcome renewal of activity for the minds and spirits of their clients. This program will provide a music device such as an IPOD for the resident to enjoy their favorite tunes and relish sweet memories. If you are interested in this program please see Ashley in Activities for more information





Time to Vote! Candidate Information & Important Dates

Member of the United States Senate:

Corey Stewart-R
Timothy Kaine-D
Matt Waters- L

Member of the House of Representatives 7th District:

Dave Brat- R
Abigail Spanberger- D
Joseph Walton- L

Proposed Constitutional Amendment: Question 1:

Should a county, city or town be authorized to provide a partial tax exemption for real property that is subject to recurrent flooding, if the flooding resiliency improvements have been made on the property? Yes or No

Proposed Constitutional Amendment: Questions 2:

Shall the real property tax exemption for a primary residence that is currently provided to the surviving spouses of veterans who had a one hundred percent service-connected, permanent and total disability be amended to allow the surviving spouse to move to a different primary residence and still claim the exemption? Yes or No

Candidate information will be posted on the bulletin boards in the main Lobby and outside of the Activity Room. If you would like a copy of the information please see an Activity staff member.

Important Dates to remember:

First Day to Absentee Vote
Friday, September 21, 2018

Last Day to Register or Make Changes
Monday, October 15, 2018

Last Day to Apply for an Absentee Ballot by Mail
Tuesday, October 30, 2018

Last Day to Apply for an Absentee Ballot in Person
Saturday, November 3, 2018

Please see the Activity staff if you have not requested an absentee ballot and would like one.

Also let the activity staff know if you will be going on the bus the day of the election. General election is November 6th at Prospect Heights Middle School.

Prayer Request

1st Floor:

Gabe Twyman- Health
Virginia Serroka- Health

2nd Floor:

Barbara Hutchinson- Health of Niece
Wanda Sherwin- Health
Pat Faulconer- Health of daughter
Barbara Grasty- Health of Granddaughter

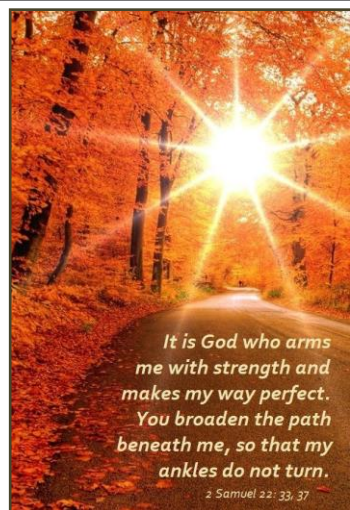
2nd Floor Continued:

Betty Downs- Health
Dolly Jones- Health
Audrey Lohr- Transition

3rd Floor:

Carlene and Harry Saxton- Health of Granddaughter
Bud Kidwell- Transition
Howard Stevens- Transition
Erba Burton- Transition

Thank you for everyone who participated in National Assisted Living Week- September 9th-15th. Thank you for dealing with the weather changes as we battled the weather from Hurricane Florence!



Volunteer Spotlight

Dogwood Village would like to recognize Amy McClung for her contributions to the facility. Amy is the daughter of volunteer Ophelia McClung. She graduated from OCHS in 1979 and James Madison University in 1983. Amy is a member of the Orange Presbyterian Church choir and the Orange Community chorus and band. She enjoys singing, reading, knitting, crocheting and volunteers with Dogwood for the weekly sing-a-long.



Amy is pictured with Dogwood resident, Jeanne Davis

Dogwood Village will be participating in the Orange County Downtown Alliance Community Safe Trick-or-Treating Event on October 31st from 4-6pm. Dogwood will provide the candy for residents to hand out. Residents are asked to be in line-up in the intersecting corridor, south wing and the main lobby of the first floor by 3:15. Activity staff will direct you on where to sit. Please do not feel as if you have to stay the whole time.

Resident Spotlight: Dorothy Burke



Mrs. Dorothy Burke born Dorothy Halvorsen, was born and raised in Flushing, New York just outside Long Island with her parents and older sister Ruth. Dorothy likes to be called Dottie. While attending teaching college Dottie met her husband Robert Burke on a blind date at West Point. Mrs. Burke's husband was a Career Army Officer and later a member of the News Paper Editor's Association.

As a wife and mother life kept Dottie very busy as the family moved approximately 20 times including a year spent in a small village in Italy. Over the span of 62 years Dottie and Robert welcomed 4 children, 8 grandchildren, and 3 great-grandchildren. A lifelong love for knitting, crocheting, and quilting began at age 4 while Dottie spent time with her mother in her knitting shop. Despite all the traveling and experiences, she's had in life nothing has ever compared to the joy brought by raising her four children.

Staff Spotlight: Angie Tyler

Angie Tyler was born and raised in Remington, Virginia along with her brother and their parents. After graduating Liberty High School and attending American National College in Charlottesville, Virginia Angie met and married her husband Shawn Tyler. Through long days and dedication Angie and Shawn have been able to provide a comfortable life to their three growing children; Alycia, Bryanna, and Keshawn whom are the apples of their eyes. Angie has taken the time to complete the CNA II training in order to be more knowledgeable and able to take exemplary care of her residents. Over the past two years working for Dogwood Angie has built strong relationships with her co-workers as well as the residents. Whenever Angie can find the free time there's nothing she enjoys more than reading a good book or spending time with her husband and children.

