

Birthdays:

Fred Wease 3/6
John Ellis 3/10
Bill Roper 3/17
Jack Glascock 3/31



Know the terms:

Tornado Watch: A tornado is possible in your area. You should monitor weather-alert radios and local radio and TV stations for information.

Tornado Warning: A tornado has been sighted in the area or has been indicated by National Weather Service Doppler radar. When a warning is issued, take cover immediately.

Birthdays and Special Events

Events:

3/2 Music of Yesteryear (CR)
3/3 Birthday Party (CR)
3/4 Chair Massages with Cindy
*\$10.00 for 20 Minutes
3/7 Flat Run Ramblers (CR)
3/13 Adventures in Nature (CR)
3/15 Meeting with the
Administrator (DR)
3/15 Ronnie Williams and the Carter
Family Sound (CR)
3/17 St. Patrick's Day
3/17 Irish Songs with Fitz (CR)
3/17 St. Patty's Green Tea (AR)
3/20 First Day of Spring
3/21 Statewide Tornado Drill (Fac.)

3/21 Afternoon Social with
Brandii Cooper (ML)
3/22 Music with Billy Brockman (CR)
3/23 Hearing Loss Presentation (CR)
3/28 Sarah's Chili and Cornbread Lunch
3/28 Therapy Chat (CR)
3/31 Hometown Hero Resident
Award (CR)

Outings:

3/1 Trip to the Dollar Tree
3/8 Bus Ride
3/9 Trip to Rose's
3/10 Trip to Yoder's Market
3/16 Lunch at Silk Mill Grille
3/29 Bus Ride
3/30 Trip to Wal-Mart

New Activities for March!

Happy Birthday Dr. Seuss Exercise:

Celebrate Dr. Seuss's birthday with childcare as we play Cat-In-The-Hat bean bag toss!

Clover All Over Game: Fun St. Patrick's matching game!

Show and Tell Story Hour: Bring one of your favorite antiques, crafts, and memorabilia to share with the group.

Writing Club: A small, monthly club designed to stimulate your mind and bring back memories. A writing prompt, small notebook and a pen will be provided.

Balloon Volleyball: Exercise can be fun! Teams of two will compete in a friendly game of balloon volleyball!

Let's Talk- Women Trailblazers: Reminiscing group about famous women leaders.

Safety First: Statewide Tornado Drill

- ☛ The start of the drill will be announced through your phones. Staff will also announce it by word of mouth.
- ☛ Go out in the hallway outside your door and grab the hand rail.
- ☛ If you are not in your room, go to the closest hallway or smaller inner room near you.
- ☛ Stay away from the windows.
- ☛ Go to the center of the room. Stay away from corners because they tend to attract debris.
- ☛ Get under a piece of sturdy furniture such as a workbench or heavy table or desk and hold on to it.
- ☛ Use your arms to protect head and neck.
- ☛ Stay off the elevators; you could be trapped in them if the power is lost.
- ☛ After everyone has moved to a safe place, the drill coordinator will announce that the tornado has passed and the drill is over.



Dogwood Dispatch

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Dogwood Village of Orange County
Senior Living
120 Dogwood Lane
Orange, Va 22960

Celebrating March

International Ideas Month

Women's History Month

Mad for Plaid Month

Write a Letter of Appreciation Week

March 1-7

International Bagpipe Day

March 10

Button Week

March 19-25

World Storytelling Day

March 20

As Young as You Feel Day

March 22

Mothering Sunday

March 26

In and Around Senior Living....

Activities:

☛ March 17th is St. Patrick's Day! Wear green!

Admissions/ Resident Services:

☛ Please let Annette know if you or your family has had a change in contact information.

☛ Residents are strongly encouraged to eat all meals in the main dining room. This allows for good conversation and building relationships with other residents.

Dining Services:

☛ Please remember there are no assigned seats in the Dining Room. Please be respectful to one another.

Health Services:

Thank You!

Dogwood Village Senior Living would like to thank everyone who attended our Annual Sweetheart Ball hosted with Legacy Hospice in February. We had an amazing turn out and raised \$150.00 for the American Heart Association! Congratulations to Barbara Bartley who was the winner of the beautiful heart quilt made by the Dolley Madison Quilters Guild.



☛ There will be a statewide tornado drill on Tuesday, March 21st at 9:45 AM. See inside for more details.

Therapy:

☛ The Therapy Chat in March will be held on Tuesday, March 28th at 2:00PM in the Community Room.

Maintenance:

☛ As the weather begins to change, please let a staff member know if you would like help changing your thermostat.



Don't forget to set your clocks forward one hour on March 12th for Daylight Savings Time!



An Irish Blessing

May the road rise to meet you,
May the wind be always at your back,
May the sun shine warm upon your face,
The rains fall soft upon your fields,
And until we meet again,
May God hold you in the palm of his hand.

May God be with you and bless you;
May you see your children's children,
May you be poor in misfortune,
Rich in blessings,
May you know nothing but happiness
From this day forward.

May the road rise to meet you
May the wind be always at your back
May the warm rays of sun fall
upon your home.
And may the hand of a friend always be
near.

May green be the grass you walk on,
May blue be the skies above you,
May pure be the joys that surround you,
May true be the hearts that love you.

Don't Pinch!

When I got on the school bus,
I was in for a surprise.
My friends all stared and pointed.
There was mischief in their eyes.
A kid who sat in front of me
reached out and pinched my knee.
My friends all started laughing,
but the joke was lost on me.
And then I got my second pinch.
I felt it on my ear.
And then I felt a third and fourth.
You guessed it--on my rear.
I asked, "Why are you pinching me?
I think it's very mean!"
They said, "Today's St. Patrick's Day
and you're not wearing green."
Bruce Lansky



Prayer Request

1st Floor

John Ellis- Health
Family of Shirley Church- Grief

2nd Floor

Barbara Grasty-
Granddaughter's Health
Phil Brown- Brother's Health
Family of Betty Boston- Grief

3rd Floor

Howard Stevens- Health

Volunteers and Staff

Ashley Gore- Healthy Baby
Barbara Ezell- Sister's Health
Sarah Fisher & Melissa Seale-
Grief



Volunteer Spotlight- Kim Bartley



Kim is pictured with her Mother-In-Law Barbara Bartley who resides in Senior Living.

Dogwood Village would like to recognize **Kim Bartley** for her contributions to the facility. Kim was born and raised in Orange County and worked for State Farm for 17 years. She is married to John "Crit" Bartley and has two children, Jacob and Sarah. Kim received a bachelor's degree in 2013 from Liberty University where she majored in Education and minored

in Psychology. Kim continues to live in Orange County and enjoys reading, volunteering, animals and church activities.



Resident Spotlight: Jay Marshall

Mr. Jay Marshall, resident in Senior Living, was born on a farm in Arcola, Virginia, where he grew up with four younger siblings. At the age of 18, he enlisted in the United States Navy and served on the USS Los Angeles for two years during WWII. Following the war, he worked at a soil conservation company for a few years, leaving to study at Virginia Tech. After graduation, he returned to the soil conservation company and later went to work for General Mills, where he met his wife, Barbara. They were married in 1955 and moved to Orange County where Jay started his own milk hauling business. Jay and his wife had three children- two sons who live in Orange County and one daughter who lives in Tennessee. In 1979, Jay and his two sons, Keith, and Chris, purchased a dairy farm in Unionville with 64 cows. Today, the farm has been transformed into an organic dairy farm with over 800 cows! Jay says his greatest accomplishments are the milk hauling business and the Marshall Dairy Farm. Today, Jay enjoys being with his family, taking trips to his farm, visiting his horses, and listening to country music.

