



Birthdays:

Residents:

Martha Curry 10/21

Staff:

Gwen Maupin 10/6

Monique Ferguson 10/7

Tammy McGarry 10/7

Alexis Fountain 10/15



Notable Quotable

"To announce that there must be no criticism of the president... is morally treasonable to the American public."

~ Theodore Roosevelt, 26th U.S. President

Special Events and Outings

10/1 Presentation by Crystal Evatt from At Home Care- Staying Organized **CR**

10/4 Birthday Party **CR**

10/8 Hearing Aid Checks and Ear Cleaning with Dr. Koch **3rd Fl. Act.**

10/10 Music with Billy Caldwell **CR**

10/12 Denim and Lace Music **CR**

10/15 Afternoon Social **CR**

10/16 Kevin Sings the Classics **CR**

10/18 Flat Run Ramblers **CR**

10/25 Grymes GrandFriend Visit **CR**

10/30 Meeting with Administration **DR**

10/31 Community Trick-or-Treat **O/1st fl.**

Outings:

10/2 Let's Ride

10/7 Bright Side Spicer's Mill Visit

10/9 Dollar Tree

10/16 Let's Ride

10/24 Graves Mountain Lodge

Luncheon- Please pay in advance to an activities staff member.

Pumpkin Decorating Contest for Staff and Residents Oct 25th at 1:30! Bring your most creative/stylish pumpkin to compete for a prize!

New Activities for October!

Milk Jug Witch Craft Pt. 1 & 2- Come make a festive witch to be displayed for Halloween.

Sit and Stitch- If you knit, crochet or do hand work of any kind, come enjoy the Orange Community Group that will be meeting in the Hearth Lounge the 1st Monday of every month.

Pumpkin Goodies Social- Enjoy autumn treats that will be pumpkin themed!

Fan Blade Ghost- Easy Craft Project to bring out your Halloween spirit

National Assisted Living Week Picture Show- Come enjoy all the pictures from the events held during National Assisted Living Week!

Spooky Eye Craft- Halloween Project using glow sticks!

Pumpkin Decorating & Contest- Come decorate a pumpkin to be judged by residents and staff Oct. 25th

Flower Pot Cows- If you made a Flower pot pig you won't want to miss making the cow!

Mask Making- To use for Halloween during Trick-or-Treating!

What do you do during an Earthquake?

Dogwood Village will be participating in the Great Southeast Shake Out on 10/17 at 10:17am.

An announcement will be made over the phone system. The drill will last 10 minutes. Please sign the sign-in sheet from an Activities staff member if you participate in the drill.

What you should do during a earthquake:

- Move away from doors and windows if you can.
- **Drop**- This position protects

you from being knocked down and also allows you to stay low and crawl to shelter if nearby.

- **Cover**-Your head and neck with one arm and hand; stay on your knees; bend over to protect your vital organs
- **Hold On**- Until shaking stops, hold on to a stable object with one hand; be ready to move with your stable object if it shifts. If there is no stable object around, hold on to your head and neck with both arms and hands.

Dogwood Dispatch

October 2019
Issue: 97

Celebrating October

Bat Appreciation Month

Positive Attitude Month

Mystery Series Week October 6-12

World Day of Architecture October 7

National Chess Day October 9

Be Bald and Free Day October 14

International Artists Day October 25

All Hallows Eve October 31



Dogwood Village
of Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960

In and Around Senior Living...

Activities:

- We will be going to Graves Mountain Lodge for a fried chicken lunch on October 24th. The cost is \$20.00 and should be paid to an Activities staff member in advance to reserve your spot.

Admissions/ Resident Services:

- Please remember do not put any items on your door that are not fire resistant. This includes wreaths or anything that is not metal.

Dining Services:

- The Dining Room will remain open later on October 31st to accommodate any residents that want to participating in the annual Trick-or-Treating event.

Health Services:

- Flu vaccines will be administered October 15th and 16th. All residents will be offered a flu vaccine. A nurse will be coming to the residents' rooms on these days
- Remember with cold and flu season approaching to keep your hands washed.

Maintenance:

- As the temperature changes, please remember to ask for assistance in changing your thermostat from air conditioning to heat.

Miscellaneous:

- In observation of Breast Cancer Awareness Month, please wear pink each Friday in October!

Virginia Healthcare Association Awards

Dogwood Village of Orange County Senior Living Accepted 4 Awards on September 25th at the annual Virginia Health Care Association Banquet held in Hampton, Virginia. The awards included; First Place- Facility Newsletter, First Place- Year Round Program- Memories with Phil Audibert, First Place- National Assisted Living Week 2018, Volunteer Group of the Year- Fellowship with Bill and Friends. Pictured to the right is Ashley Gore, Alexis Fountain and Phil Audibert accepting the awards.





Guiding Light

Golden, crisp leaves falling softly from almost bare trees, Lifting and falling in a hushed gentle breeze.

Slowly dropping to the soft cushioned ground, Whispering and rustling a soothing sound.

Coppers, golds, and rusted tones,

Mother Nature's way of letting go. They fall and gather one by one, Autumn is here, summer has gone.

Crunching as I walk through their warm, fiery glow, Nature's carpet rich and pure that again shall grow.

To protect and shield its majestic tree, Standing tall and strong for the world to see.

They rise and fall in the cool, crisp air.

It's a time of change in this world we share, Nature's importance reflecting our own lives, Letting go of our fears and again, too, we shall thrive.

Prayer Request

1st Floor:

Herbert Breeden - Health

2nd Floor:

Barbara Hutchinson-

Health of Niece

Health of Brother

Health of Brother-In-Law

Alice Wells - Health

Barbara Grasty- Health

Carol Phelps- Health

Family of Dorothy Burke- Grief

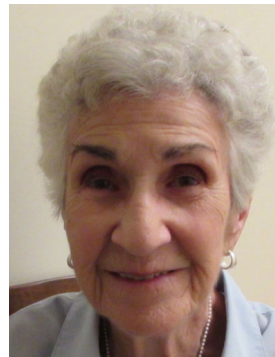
3rd Floor:

Family of Betty Glascock- Grief

Meet our New Neighbors



Matt Graves



Ann Tomlinson



Nick Tomlinson

Family of Pat Brummett- Grief

Mildred Ransom- Health

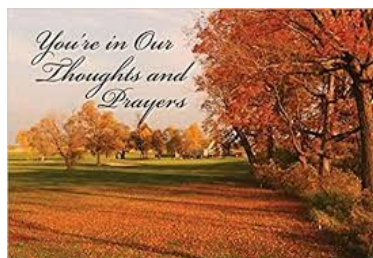
Volunteer:

Roberta Jalbert- Master Naturalist Garden Volunteer- Health

Staff:

Patty Talley- Director of Community and Customer Relations- Mother-In-Law- Health

Tyhesha Minor- Health Services- Health Birth of Baby Boy



Volunteer Spotlight



Betty Brown is pictured taking care of flowers in the facility garden as she completes her rehabilitation in the Health & Rehab facility.

Dogwood Village would like to recognize Betty Brown for her contributions to the facility. Mrs. Brown has been a volunteer in the facility for many years and worked with the VFW Women's Community Bingo as they planned this activity for the facility residents. Betty married Dale Brown and the couple raised one son.

Betty has two grandchildren and enjoys spending time with

Staff Spotlight

Nick Smith was born at Culpeper Regional Hospital but has spent the majority of his life in Orange County. He is a graduate of Orange County High School. Nick met his wife Crystal while they were teenagers and though they went their separate ways for a number of years they eventually reconnected and got married.

The couple shares two daughters, Bailee, 18, and Presley, 8 whom they adore. Nick has been a strong source of support for the Maintenance Department for nearly five years and has built a number of

relationships with various coworkers and staff that he will remember forever. When he isn't working Nick can be found fishing or watching the Dallas Cowboys during football season. If any of his friends were to describe him three of the first words that would come to mind would be: funny, sarcastic and particular.



her family and friends. She worked at the Virginia Tech Research Center in Orange for 39 years. Betty is a member of Trinity United Methodist Church and has a special interest in gardening.

Resident Spotlight

Our dear friend, Mrs. Alice Lumsden with a heart of gold and larger than life personality has spent her life in Orange County and has never met a stranger that didn't later become a friend. She, along with her two brothers and five sisters enjoyed a simple but happy life growing up. Alice graduated from Orange County High School and later met her husband while he was serving as part of the Military Police in the United States Air Force. She spent her life caring for children, including her 3 children, 9 grandchildren and 6 great-grandchildren. As if they weren't enough to keep herself busy Alice was in charge of Orange Baptist Church's nursery for nearly 60 years. She was able to care for the babies of the children she had looked after while they were infants themselves. During her time not tending to her large family and small children Alice enjoyed knitting scarves and doing Minnie Pearl impersonations. At anytime time at all she's happy to tell you, "HOWDEEEEEEEYY, I'm just as proud to be here."