

**July Birthday: Residents-**

Betty Coleman 7/4  
Bev Elson 7/9  
Ruth Sullivan 7/13  
Peggy Fitch 7/14

**Staff-**

Samantha Dodson 7/2  
Kaeli Flint 7/3  
Wendy Weakly 7/7  
Jane Johnson 7/13  
Loretta Holt 7/25  
Linda Grymes 7/29  
Doris McLeman 7/31



**Notable Quotable**

“In childhood, the daylight always fails too soon—except when there are going to be fireworks.”

~ Jan Struther, English writer



**Events and Outings**

**Special Events-**

7/1 Childcare 4<sup>th</sup> of July Parade **O**  
7/1 July Birthday Celebration **CR**  
7/4 Jackpot Bingo **CR**  
7/5 Resident Council Meeting **AR**  
7/7 Bingo with Ellen **CR**  
7/14 Civil War Talk with Nancy Napier **CR**  
7/18 Storytime with Brightside **O**  
7/19 Afternoon Social **CR**  
7/21 Nashville Standard with Adam Melia **CR**  
7/29 Music with Kevin Saylor **CR**

**Outings-**

7/6 Leisure Ride  
7/8 Lunch at Champion Icehouse  
7/13 Leisure Ride  
7/15 Ride to Montpelier  
7/20 Leisure Ride  
7/27 Leisure Ride

**Directory-**

AR- Activity Room  
CR- Community Room  
O- Outside  
LL- Load from the Lobby for Bus

**New Activities for July!**

Firecracker License Plate- Easy Craft Activity to display on your walker, wheelchair or in your room!

Scientific Patriotic Cocktail- Red, White and Blue layered beverage that you will have to use a little science to make work!

Tick-Tac-Toe Toss- Easy game involving bean bags.

Let's Bowl- Come roll a strike!

Paper burst Centerpieces- project that will turn our tables in to 3-D fireworks

Finish the Saying- Old but familiar sayings you should know and be able to guess!

Seashell Craft, Beachin' Photobooth and Flamingo Ring Toss- Easy craft, celebration, and game to celebrate during our beach theme week July 18<sup>th</sup>-22<sup>nd</sup>

Fabric Bowl Craft- Project made from strips of fabric and glue!

Outdoor Kerplunk- Easy game!

Angel Vases- Extremely sweet project!

**Safety Question- Tips for Bus Trips!**

**Loading the Bus:**

- \* Please sign up for outings with Activity Staff
- \* Be sure to use the restroom before loading the bus
- \* Always wait until there are two staff members to help load the bus (even if the door is open)
- \* Be sure to use the handrails
- \* Take one step at a time
- \* Fasten seat belt or ask for assistance if you need help
- \* Check with staff to ensure your walker or wheelchair has been loaded on to the bus

**Unloading the Bus:**

- \* Wait to receive instructions from Activity Staff

- \* Staff will unload walkers first
- \* Always make sure there is one staff member at the top and bottom of the steps
- \* Use the handrails and slowly take one step at a time
- \* Stop at the last step and use the handrails and activity staff to exit the bus (NEVER use your walker to try stabilize yourself to exit the bus)
- \* Step on to the sidewalk and not on to the curb or gap between the sidewalks

**Dogwood Dispatch**

July 2022:  
Issue 129

*Dogwood Village of Orange County*  
*Senior Living*  
120 Dogwood Lane  
Orange, VA 22960  
(540)-672-1830



**In and Around Senior Living...**

**Activities-**

- \* We are no longer able to keep bird seed inside. Activities will assist you in finding a place to store it if you need assistance.
- \* We ask that resident's family and friends assist with filling the bird feeders when they are able. If you need assistance with this task, please ask. Thank you for your help with this!

**Resident Services-**

- \* Please welcome new resident Frances Cox-Wince to Senior Living

**Health Services-**

- \* Continue to drink plenty of fluids during these extra hot days!

**Dining Services-**

- \* Cost of meals for guest is \$10.00 for an everyday meal and \$15.00 for a holiday meal. Guest ages 6-12 are \$5.00 and under age 5 are free. Please see the below article about eating meals with your resident.

**Maintenance-**

- \* Carpet for the entire building will be replaced. The current start time is end of July, but this is subject to change.



**Group update!**

It has been a long time since we have been able to have our family and friends join us in group activities. We are now able to welcome you back to group activities. You are more than welcome to stay with your resident during a group activity, but we ask you follow these rules:

- \* Wear your mask at all times during the activity
- \* Wash/ Sanitize your hands before and after the activity
- \* Social distance as much as possible
- \* If the rules cannot be

followed you may be asked to leave to ensure the safety of other residents  
This is for group activities only. We have not currently opened the Main Dining Room back up for guests. You are more than welcome to have a meal in the resident's room or book the private dining room or other social areas of the facility with the Activities Department. If you would like a meal provided by the facility, please call the receptionist ahead of time to ensure we are not having too many guests and will have enough food prepared for everyone!





Marcia Colby is pictured with Senior Living resident, Terrell Baskerville, as they water plants in the resident garden.



## Volunteer Spotlight

Dogwood Village would like to recognize Marcia Colby for her contributions to the facility. Mrs. Colby lives in Orange County with her husband and has been volunteering at the facility for about 4 years in and with the Virginia Master Naturalists. She has two children and a grandson and enjoys spending time with her family. Mrs. Colby is a member of the Orange Baptist Church and volunteers with the food pantry. She also grows many flowers and enjoys taking cut flowers to her friends and neighbors. Mrs. Colby moved to Orange with her husband 11 years ago and enjoys the advantages of a small community.

### 1<sup>st</sup> Floor

Trudi Boggs- Health of Grandson and self  
Family of Thelma Oliver- Grief

### 3<sup>rd</sup> Floor

Fred Wease- Granddaughter's Health  
Joyce Hobbs- Health  
Sibyl Johnson- Health  
Irwin Sherman- Health  
Alice Wells- Health  
Barbara Garr- Health  
**Staff and Volunteers:**  
Cindy Scott- Nursing Scheduler- Health

## Guiding Light

Freedom came with a price, the price of Christ's blood shed on the Cross.  
**O**ur Lord and Savior saved us all from our sins.  
**U**nrighteous we may be, but the grace of God set us free.  
**R**ely on God, He will show us our paths.  
**T**he truth is in God's Word, the Bible, His Holy Book.  
**H**elping one another along the way.  
**O**bedient to what God wants us to do.  
**F**ather, Creator, God is He.  
**J**esus died for our sins.  
**U**nited one day, we believers will be in Heaven.  
**L**ove one another as Christ loved us.  
**Y**ou are a special creation made from God, our Heavenly Father.

## Prayer Request

Lorretta Holt- Director of Nursing-Husband's Health  
Charlie Sluss- Environmental Services- Grief of Father  
Dennet McFarlane- Mother's Transition to Virginia  
Debbie Lloyd- Human Resources- Health  
Tammy McGarry- Registered Medication Aide- Health of Daughter-In-Law, granddaughter and husband.



Alyssa is pictured above enjoying her snow cone and Mary Lou is pictured below doing the Hula Dance during last month's Luau sponsored by Legacy Hospice



## Resident Spotlight

Mrs. Mary Lou Baker has been a friend to all from the moment she moved into Dogwood Village. She was born in Unionville and has spent the entire life in Orange County. She worked for Safeway for 24 years and retired in 1988. She met her husband, W. Ivan Baker, on a blind date and the couple shared a wonderful marriage for 35 years. In total the couple shared 9 incredible children. When speaking of her husband, Mary Lou fondly remembers that in the eyes of her husband, the children could do no wrong. Mary Lou has always enjoyed spending time with friends, shopping, and going out to eat. Of all the things she has done in her life she takes the most pride raising her children to be well-rounded individuals and always doing her best to be a good person.

## Staff Spotlight

We are happy to introduce our dining staff friend, Alyssa Williams. Alyssa grew up in Orange, VA with her parents and two brothers. She was a 2019 graduate of Orange County High School. Prior to her high school graduation, she joined our Dogwood Village team in 2018 and enjoys the bond she is able to create with the residents here. Alyssa loves her dog "Kane" more than anything. When asking Alyssa what she enjoys when not working with our residents, she smiles and says spending time with my family and friends. At this time Alyssa has not chosen a permanent career, but she knows wherever her path takes her it will be with helping people!