

120 Dogwood Lane Orange, VA 22960 540-661-3100

Celebrating September

Labor Day September 4

Patriot Day September 11

Grandparents
Day
September 10

World Alzheimer's Day September 21

> First Day of Autumn September 23

National Apple Month

National Healthy Aging Month

Please be sure to check the activities posted daily on each unit as calendar is subject to change



The Village Voice

A publication of Dogwood Village Health and Rehabilitation

SEPTEMBER 2023

Community

Dogwood Village Health & Rehab will be hosting a yard sale to benefit special events for our residents to enjoy.

September 23, 2023 7:00am - 12:00pm

For more information please contact

Gayle Collier,
Activities Director
540-661-3100 x7036
gcollier@dogwoodvillageocva.org



CELEBRATIONS AND EVENTS IN SEPTEMBER

- Catholic Mass and Weekly Worship Services
 - End of Summer Labor Day Social
 - Bible Study with Kathy
 - Waterfall Trio
 - Music by Lucky Bill
 - Mineral Singers
 - Music by Kim & Jimbo
- Music by Keith Campbell
 - Movie Time

"Apple Dumpling Gang"

- Moving to the Music
 - Are You Freakin' Hungry Food Truck
 - Shiver Shack

Sno-Cones Food Truck

- Biscuits & Apple Butter Social
- Monthly Birthday Bash
- Monthly Resident Council Meeting
 - Bollywood Fitness
 - Dining Discussion
 - Variety of Games
 - BINGO



Ann Fincham 9-1 Ann Legge 9-7 Peggy Woodward 9-8 Nancy Breeden 9-9 Arthur Sullivan 9-9 Cora Smith 9-12 Robert Miller 9-15 Mary Gallihugh 9-16 Charles Berterman 9-17 Jackie Bobbitt 9-18 Norma Marsh 9-20 Mytrice Stephenson 9-23 Sarah Lowe 9-24 Ronald Morris 9-24 Lorraine Clark 9-25 Jennifer Oliver 9-26 Tina Nicholson 9-30

Monthly Birthday Bash September 29th Main Dining Room 2PM



Remember to wear Red, White & Blue in honor of Patriot Day

September 11, 2023

A moment of silence will be held at 8:46AM throughout the facility

Protect Your







Neighbors

ghbors Loved Ones

Community

Handwashing is one of the best ways to protect yourself, friends, and family from getting sick. Be sure to use proper handwashing with soap and water for 20 seconds.



Please be sure to let floor staff or charge nurse know if you see any pests/insects so they can be documented in the pest control book located on each unit as well as the front lobby.



A little known fact...

Eating an apple is a more reliable method of staying awake than consuming a cup of coffee.

The natural sugar in an apple is more potent than the caffeine in coffee.



Dining Discussion Meeting will be held September 14, 2023 at 3:30pm Main Dining Room. Bring a friend!

Please be sure to order any menu changes ahead of time and utilize the "Always Available" menu.





Happy
Human Resource
Professional Day!

September 26, 2023

September 12th 11am-1pm

The "Are You Freakin'
Hungry" Foodtruck features
a variety of lunchtime
specials.

FIRST DAY OF AUTUMN September 23, 2023



September 15th 11am - 2pm

Cool down with a refreshing snocone from The Shiver Shack. Prices range between \$2.50 and \$5.00 depending on desired size.



Environmental Service Workers Week

September 10-16, 2023

RESIDENT SPOTLIGHT

Mr. & Mrs. Glynn met at a party while he is was stationed in the US Army (Fort Wolter, TX). Peter was born in Massachusetts, raised in Rhode Island. Betty was born and raised in Fort Worth, TX. They have been married 58 years and have two children, one grandson and two great grandchildren that they are so found of. After his term in the Army, Peter got a job working for the Navy in Northern VA and retired after 30 plus years; they raised their children in Dumfries and later moved to Madison County. Betty moved to Dogwood Village is

moved to Madison County. Betty moved to Dogwood Village in May of 2023. She enjoyed it so much she had her husband join her in July. They both enjoy being around people, attending socials, Catholic mass and making new friends at Dogwood Village.



