


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <div style="text-align: center;"> <h2>Senior Living Activity Calendar</h2> <h1>January 2020</h1> <p><b>Activity Categories:</b>            1- Spiritual; 2- Physical; 3- Art; 4- Intellectual; 5- Social;            6- Live Entertainment; 7- Games; 8- Outdoor</p> </div>			8:00 A New Day (DR) 5 9:30 Sing-A-Long (CR) 1 10:15 Wednesday's Word Game (SR) 4  2:00 Concert in the Lobby with Earl McCauley and Friends (ML) 6 3:00 Storytime with Bob (Lib) 5 <i>New Year's Day</i>	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:15 Wednesday's Word Game (SR) 4  2:00 Dollar Tree (LL) 8 3:00 Storytime with Bob (Lib) 5 4:00 Chinese Dragon Craft- Part 2 (AR) 3	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 9:45 Exploring Life and Scripture with Dal (WR) 1 10:15 Exercise (CR) 2  2:00 Stocking Hat Craft (WR) 3 4:00 Trivia Time (WR) 7 6:30 Candy Bar Bingo (CR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Catholic Mass (A) 1 9:30 Story Time with Bright Side (SR) 5 10:15 Exercise (CR) 2  2:00 Birthday Party (CR) 5 4:00 Po-Ke-No (AR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7  1:00 Exercise (WR) 2 2:00 Movie Time (CR) 5 "I Love Lucy"
2:00 Fellowship with Bill and Friends (CR) 6  3:45 Worship (CR) 1 Zoar Baptist Rev. Wes Young  <b>*Communion Sunday*</b>	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7  1:00 Sit and Stitch (HL) 5 2:00 Art Adventures (AR) 3 3:30 Coffee and Conversation (DR) 5 6:30 Exercise with Joelle (CR) 2	8:00 A New Day (DR) 5 9:00-11 Hearing Aid Checks and Ear Cleaning with Dr. Kristen Koch- No appointments needed First come First serve (S) 5 10:15 Exercise (CR) 2 2:00 Chinese Dragon Craft- Part 1 (AR) 3 3:30 Nashville Standard (CR) 6 7:00 Worship and Song	8:00 A New Day (DR) 5 9:30 Sing-A-Long (CR) 1 10:15 Wednesday's Word Game (SR) 4  2:00 Harp Music with Eve (CR) 6 3:00 Storytime with Bob (Lib) 5 4:00 Canning Lid Suncatchers (AR) 3	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 9:45 Exploring Life and Scripture with Dal (WR) 1 10:15 Exercise (CR) 2  2:00 Movie Time (CR) 5 "Charlotte's Web" 4:00 Trivia Time (WR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Ageless Grace with Sheila Queen (CR) 2  2:00 Let's Ride (LL) 8 4:00 Po-Ke-No (AR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7  1:00 Exercise (WR) 2 2:00 Music Therapy with Madelyn (WR) 6	
2:00 Jingo with Ellen (AR) 7  3:45 Worship (CR) 1 Church of the Nazarene Rev. Pam Edelmn	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7  2:00 Art Adventures (AR) 3 4:00 Random Trivia (WR) 4 6:30 Exercise with Joelle (CR) 2	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:15 Exercise (CR) 2  1:30 Trinity Fellowship Communion (C) 1 2:30 Winter Collage (AR) 3 4:00 Boys and Girls Club Visit- Beanbag Twister (WR) 5	8:00 A New Day (DR) 5 9:30 Sing-A-Long (CR) 1 10:15 Wednesday's Word Game (SR) 4  2:00 Chinese New Year Social (AR) 5 3:00 Storytime with Bob (Lib) 5 4:00 Chinese New Year Brain Games (AR) 4	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 9:45 Exploring Life and Scripture with Dal (WR) 1 10:15 Exercise (CR) 2  2:00 Flower Pot Mouse (CR) 3 4:00 Trivia Time (WR) 7 6:30 Candy Bar Bingo (CR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Yoga with Lisa (WR) 2  2:00 Flat Run Ramblers (CR) 6 4:00 Po-Ke-No (AR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7  1:00- 3 Chair Massage with Cindy Colvin (WR) 2  <b>*\$10.00 for 20min session*</b>	
2:00 Fellowship with Bill and Friends (CR) 6  3:45 Worship (CR) 1 Preddy Creek Baptist Rev. Jane Cicione  <i>Activity Professionals Week</i>	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7 2:00 Winter Blue's Presentation with At Home Care (CR) 4 3:30 Coffee and Conversation (DR) 5 6:30 Exercise with Joelle (CR) 2 <i>Martin Luther King Day</i>	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:15 Exercise (CR) 2  2:00 Afternoon Social (CR) 5 4:00 Chinese Zodiac Matching Game (AR) 3	8:00 A New Day (DR) 5 9:30 Sing-A-Long (CR) 1 10:15 Wednesday's Word Game (SR) 4  2:00 Meeting with Administration (DR) 5 3:00 Storytime with Bob (Lib) 5 4:00 Valentine's Day Party Planning with Michael (AR) 5	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 9:45 Exploring Life and Scripture with Dal (WR) 1 10:15 Exercise (CR) 2  2:00 Music with Aaron Karpalla (DR) 6 4:00 Trivia Time (WR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:15 Folk Music with Alex Caton (CR) 6  12:45 Med Spa Trip (LL) 8 4:00 Po-Ke-No (AR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7  1:00 Exercise (WR) 2 2:00 Fortune Cookie and Chinese Calendar Reminisce (AR) 5  <i>Chinese New Year</i>	
2:00 Winter Color Contest With Hailey (AR) 3  3:45 Worship (CR) 1 Nazareth Baptist Church Rev. S.D. Hopkins	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Bingo (CR) 7  2:00 Adventures in Nature with Julie "Winter" (CR) 4 4:00 Winter Bird Feeder (AR) 3 6:30 Exercise with Joelle (CR) 2 <i>Australia Day (observed)</i>	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:15 Exercise (CR) 2  2:00 Kenwood Players Fun Band (CR) 6 4:00 Family Feud (AR) 7	8:00 A New Day (DR) 5 9:30 Sing-A-Long (CR) 1 10:15 Wednesday's Word Game (SR) 4  2:00 Meeting with Administration (DR) 5 3:00 Storytime with Bob (Lib) 5 4:00 Valentine's Day Party Planning with Michael (AR) 5	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 9:45 Exploring Life and Scripture with Dal (WR) 1 10:15 Exercise (CR) 2  2:00 Let's Make "Doodads" Mary Lou's Famous Recipe (AR) 5 4:00 Trivia Time (WR) 7	8:00 A New Day (DR) 5 9:00 Daily Word (SR) 1 10:00 Grymes GrandFriend Visit (CR) 2  2:00 Valentine's Day Prep (AR) 3 4:00 Po-Ke-No (AR) 7	<b>Birthdays:</b> Alice Wells 1/1 Elizabeth Holley-Goodwin 1/3 Cora Smith 1/3 Catherine Kimbrough 1/9 Mary Lou Baker 1/21	

Key (CR) Community Room; (AR) Activity Room; (SR) Sitting Room; (DR) Dining Room; (WR) Wellness Room; (ML) Main Lobby; (LL) Load from Lobby; (C) Chapel; (Lib) Library; (HG) Healing Garden; (A) H&R; (O) Outside; (RB) Raised Beds; (P) Parlors; (HL) Hearth Lounge 2<sup>nd</sup> Floor; (S) 3<sup>rd</sup> Floor C.A.R.E Room; (FAC) All of the Facility