

## Special Events and Outings

### Birthdays:

**Residents:**  
Alice Wells 1/1  
Elizabeth  
Holley-Goodwin 1/3  
Cora Smith 1/3  
Catherine  
Kimbrough 1/9  
Mary Lou Baker 1/21

### Staff:

Kelley Sims 1/1  
Ashley Gore 1/2  
Brittany Sullivan 1/4  
Margaret  
Schrock 1/9  
Miranda Keck 1/12  
Kathe Warren 1/13  
Courtney  
Bobbitt 1/15  
Rachel Valdes 1/20  
Dennett  
McFarlane 1/21  
Katherine Miller 1/22

*Happy Birthday*



*January Babies!*

### Events:

1/1 Concert in the Lobby with Earl  
McCauley and Friends **ML**  
1/3 Birthday Party **CR**  
1/7 Nashville Standard **CR**  
1/15 Harpist Eve Watters **CR**  
1/17 Flat Run Ramblers **CR**  
1/18 Chair Massage with Cindy **WR**  
**\*\$10.00 for 20-minute session\***  
1/20 Winter Blue's Presentation **CR**  
1/22 Chinese New Year Social **AR**  
1/23 Music with Aaron Karpalla **DR**  
1/28 Kenwood Fun Band **CR**

### Outings:

1/8 Dollar Tree  
1/10 Let's Ride  
1/24 Med Spa

**Remember:**  
Trips are subject to  
change if the  
weather conditions  
are bad.

The Santa gifts that residents received on Christmas Day were provided by Orange County High School. The address for Orange County High School is 201 Selma Road, Orange, VA 22960  
Attention: Laurie Jamerson for Residents who would like to send thank you cards.

## New Activities for January

Stocking Hat Craft- Easy winter craft project!

Chinese Dragon Craft Part 1 & 2- Craft to celebrate Chinese New Year, our country of the month!

Winter Collage- Come be creative and find winter pictures from magazines to make a beautiful piece of art.

Chinese Zodiac Game- easy matching game anyone can play!

Chinese New Year Brain Games- Come test your trivia skills. We promise it will not be too hard!

Flower pot mouse- Make a mouse to match the pig and cow we have already created!

Canning Lid Suncatcher- Fun coloring project!

Valentine's Day Party Planning and prep- We want to know your traditions! Come share and help!

## Around the World in 2020!

The Activity Department will be starting a new program for each month in the year 2020!

We will be traveling around the world to different countries each month.

In each country we will learn their history, food and customs.

The Activities Department will plan special socials, crafts and trivia for the county of the month

Each country will be based around a holiday they celebrate for the specific month.

### Countries we will be visiting in 2020!

January- China: Chinese New Year  
February-Russia: Defender of the Fatherland Day  
March-Ireland: Saint Patrick's Day  
April-Australia/ New Zealand: Easter  
May- Mexico: Cinco De Mayo  
June-Sweden: Midsummer  
July- France: Bastille Day  
August- Congo: Parent's Day  
September- Armenia: Independence Day  
October- Germany: Oktoberfest  
November- Brazil- All Soul's Day/  
Day of the Dead  
December- United States- Christmas

# Dogwood Dispatch

January 2020  
Issue: \*100\*



*Dogwood Village  
of Orange County  
Senior Living  
120 Dogwood Lane  
Orange, VA 22960*

**Celebrating  
January**

**Get Organized  
Month**

**Polka Music  
Month**

**First Foot Day  
January 1**

**Bird Day  
January 5**

**Static Electricity  
Day  
January 9**

**International  
Kite Day  
January 14**

**Martin Luther  
King Jr. Day  
January 20**

**Compliment Day  
January 24**

**Inspire Your  
Heart with Art  
Day  
January 31**

## In and Around Senior Living...

### Activities:

- Please welcome Hailey Davis as our new part-time Activity Assistant.

### Admissions/ Resident Services:

- Beginning in January Bryan Snyder podiatrist will be coming on Thursdays.
- His first visit for the New Year will be January 16<sup>th</sup>.

### Dining Services:

- Dining Services will be traveling with you as you travel around the world. A special meal once a month will be prepared to reflect the country we are visiting. Watch your menus for the exact date!

### Health Services:

- Did you know hand washing could help prevent illness? Keep the winter germs away by washing your hands for the correct amount of time. Singing Happy Birthday to yourself ensures you have washed your hands for at least 20 seconds!

### Maintenance:

- Do you have a new picture to be hung? Are you having trouble adjusting your thermostat? Maybe something has broken or is in need of being repaired? Contact any staff member and they can get in touch with Maintenance to help assist you with your needs.

## Goals and Visions for the New Year!

**Cora Smith-** Think Positively!  
**Mary Lou Baker-** I would like myself and my family to stay healthy all year!

**Erba Burton-** I would like the world to settle down.

**Phil Brown-** I can't wait to turn 102!

**Peggy Woodward-** I want to listen more carefully.

**Mabel Denny-** I want peace on earth!

**Elizabeth Holley-Goodwin-** I want to continue to play the piano for my friends at Dogwood Village.

**Jeanne Davis-** I want to stay active mentally and physically!

**Pat Falconer-** I plan on getting outside and smelling the roses more!



**Our Newsletter is celebrating its 100<sup>th</sup> issue!**

*What do you think of when you think of 100?*

Wisdom, Ambition  
-Gwen Maupin

My age plus 1  
-Phil Brown

That's a big number  
-Mabel Denny

\$100.00 Bill, Benjamin Franklin  
-Tweet Jackson

Family and Longevity  
-Peggy Woodward

Hard work!  
-Erba Burton

The change's we have seen in the world in the past 100 years  
-Mary Lou Baker

Growth  
-Jeanne Davis

100%  
-Alexis Fountain

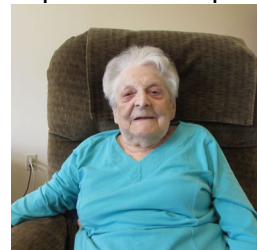
We enjoy reading the dispatch monthly and are so happy it is on its 100<sup>th</sup> Issue  
-Friends from Trivia on Thursday's

## Resident Spotlight- Alice Wells

Mrs. Alice Wells immigrated to the United States from the Czech Republic with her mother and brother at the age of 13. Her father had been living in New York City for 3 years saving money to bring them over. Alice had a love for motion pictures since her arrival in the United States and amazingly learned how to speak English by watching movies in the theatres. After graduating high school Alice went on to Beauty School and became a hair dresser, styling the hair of individuals such as Mamie Eisenhower and modeling wigs for high end beauty suppliers. Alice met her husband, Henry, through her aunt. Though they married only 6 weeks after meeting each other, they enjoyed a beautiful marriage spanning nearly 60 years. Alice has 3 children, 5 grandchildren and 2 great-grandchildren. Alice takes much pride in her children and grandchildren pursuing a higher education that was never available to her.

## Staff Spotlight- Monique Ferguson

Mrs. Monique Ferguson has spent her life thus far enjoying country life in Orange County. Monique grew up in a home with her loving parents and older brother, Michael. Her parents own their own trucking business, M.L. Ferguson Trucking which services businesses locally. She graduated from Orange County High School in 2018 and has been a member of the Dining Services team at Dogwood Village for nearly 3 years. Monique thoroughly enjoys the relationships she has developed with her coworkers. In her spare time, she enjoys reading, catching up on her favorite TV shows, cooking, singing and crafting on occasion. In the New Year, Monique plans on starting her own business selling homemade: bath bombs, candles and hand soaps. As a person most people know Monique for being quiet, funny and caring.



### 1<sup>st</sup> Floor:

Leonard Deeds- Transition  
Allen Duncan- Transition

### 2<sup>nd</sup> Floor:

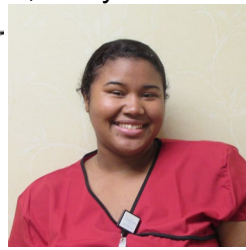
Barbara Hutchinson- Health  
Health of Niece  
Health of Brother  
Health of Brother-In-Law  
Alice Wells - Health  
Jay Marshall- Health

### 3<sup>rd</sup> Floor:

Sarah Crigler- Health  
Mary Stephen- Health  
Family of Bettie Nixon- Grief  
Cora Smith- Grief of Sister  
Frances Walters- Transition  
Fred Wease- Grief of Grandson



## Prayer Request



### Volunteer:

Roberta Jalbert- Master Naturalist  
Garden Volunteer- Health

### Staff:

Brenda Hutchinson- Volunteer Coordinator- Health  
Heather Hopkins- Dining Services- Health  
Jessica Robinson- Health Services- Health of Mother  
Alexis Fountain- Activities- Grief of family member  
Desirrae Sheffield- Activities- Grief of Grandfather  
Alicia Foster- Activities- Birth of New Baby  
Amber Woodward- Health Services- Grief of Family Member

## Volunteer Spotlight

Dogwood Village would like to recognize Anna Marie DeMio Downen for her contributions to the facility. Anna Marie grew up in the Midwest where art and all its possibilities caught her attention very early on in life. She felt like an artist from the first moment she put line to paper. This led her to pursue an art degree through studies at Western Illinois and Arizona State Universities, and the School of the Art Institute of Chicago. It was her husband's internship in psychology at the University of Virginia that brought her to Charlottesville. The beauty of this entire area, with the Blue Ridge, and its Parkway, it's hiking trails, its old growth trees—it captured their hearts and they settled in Madison County, where they raised a daughter, and continue to live.



Anna Marie has been directing and teaching for the Community Outreach Program through the Arts Center in Orange for over 18 years, a program that is entirely grant and private donation funded. She shares that it has been a most rewarding, treasured and enriching endeavor, allowing her to meet and work with people of all ages, from all walks of life, while sharing all of the vast wonders of the creative arts. In 2001 Anna Marie began to teach *Art Adventures* twice monthly for assisted living residents. Since then, a well-rounded creative arts program, with Outreach bringing speakers, authors, artisans and musicians has evolved for both facilities with the hopes of reaching and engaging each of the residents in varied and creatively-based ways

## New Neighbors

Leonard Deeds



Frances Walters



Allen Duncan

