

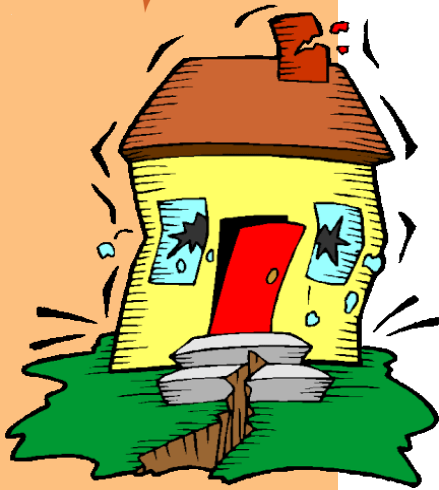
Birthdays:

Residents-

Irwin Sherman- 10/5
Len Deeds 10/21
Martha Curry 10/21

Staff-

Gwen Maupin 10/6
Monique Ferguson 10/7
Tammy McGarry 10/7
Alexis Fountain 10/15



In and Around Dogwood...

Activities-

● Absentee Ballots have been requested and an Activity Staff Member will be around the 1st or 2nd weekend to assist you in voting. All ballots will be hand delivered to the voter registrar. If you would like and absentee ballot, please let the activity staff know ASAP.

Resident Services-

● Dogwood Village will be celebrating their 50th Anniversary on October 14th. A celebration to celebrate the occasion will be held at 2pm in the Community Room of Senior Living.

Health Services-

● Flu Shots will be given on October 6th by a Senior Living Nurse.

New Activities for October!

Wooden Pumpkin Ornaments- Easy Painting Project

Owl Matching Game- Guess Whooo matches.

Photobooth for Dogwood's 50th Anniversary- Come be silly and take some pictures to celebrate Dogwood's 50 years!

A Walk in the Woods Reminiscing- remembering everything involving the fall!

Halloween Jingo- Bingo with a Halloween Twist

Terra Cotta Pot Pumpkins- Make Jack-O-Lantern Faces out of a clay pot.

2 Liter Pumpkins- Pumpkins made from recycled 2-liter bottles

Halloween Tattoo Party- Come celebrate Halloween with a custom tattoo!

Safety Question- What do you do during an Earthquake?

Dogwood Village will be participating in the Great Southeast Shake Out on 10/15 at 10:15am.

An announcement will be made over the phone system. The drill will last 10 minutes. Please sign the sign-in sheet from an Activities staff member if you participate in the drill.

What you should do during a earthquake:

- Move away from doors and windows if you can.
- **Drop-** This position protects

you from being knocked down and allows you to stay low and crawl to shelter if nearby.

- **Cover-**Your head and neck with one arm and hand; stay on your knees; bend over to protect your vital organs
- **Hold On-** Until shaking stops, hold on to a stable object with one hand; be ready to move with your stable object if it shifts. If there is no stable object around, hold on to your head and neck with both arms and hands.

Dogwood Dispatch

October 2020

Issue: 109

*Dogwood Village
of Orange County
Senior Living
120 Dogwood Lane
Orange, VA 22960
(540)-672-1830*



Celebrating October

Country Music Month

Emotional Wellness Month

**World Smile Day
October 2**

**World Teachers Day
October 5**

**Indigenous Peoples Day
October 12**

**Character Counts Week
October 18-24**

**International Chefs Day
October 20**

**International Artist Day
October 25**

**Halloween
October 31**

Senior Living Visitation Guidelines

1. Your visit needs to be scheduled during one of the designated times/days:
 - a. Tuesday/Thursday: 9a-11a; 1:30p-3:30p
 - b. Wednesday/Friday: 6:30p-8:00p
2. Visits will be for 20-minute time periods to allow as many residents to receive visitors as feasible.
3. Only 2 people will be allowed to visit at a time. Children must be over 14. Please leave pets at home.
4. You must enter ONLY at the designated door, i.e., front door of the facility.
5. Wait until 5 minutes before your visitation time to come to the front door. Please do not come earlier as you will be required to wait outside.
6. You will be screened using the following questions (please ask yourself these questions before you schedule an appointment as "yes" to any of these may disallow visitation):

Temperature will be taken, any nausea/vomiting, have a fever/shaking with chills, have a cough or runny nose, have a sore throat or headache, have shortness of breath, have muscle pain, have loss of taste or smell, feeling unusually weak or fatigued, traveled within the past 30 days, been in contact with anyone who has had COVID or thought to have had, i.e., COVID tested, work in an environment where someone tested positive for COVID?
7. Sign the visitor log and the agreement that you understand and are willing to abide by the restrictions identified by CMS/DSS. You will receive a copy to keep.
8. Don PPE: gown, mask, and gloves (in that order). If you enter with a fabric mask, you will be asked to switch to a surgical mask.
9. A team member will escort you to the designated visitation area after the resident has been situated behind the protective booth.
10. Once you are seated, please ensure that you follow these restrictions:
 - a. The chair must remain on the identified spot, i.e., "x" that is 3' from the front of the booth.
 - b. Must keep ALL PPE on at all times. This includes wearing the mask appropriately, which is over the mouth and nose.
 - c. No physical contact whatsoever, i.e., hugging, rubbing hand, kissing, etc.
 - d. Team member will remain in the area at a distance to allow privacy, but available for assistance if needed.
 - e. At the end of the visit, you will be escorted back to the lobby to doff (remove) your PPE (gloves, mask, gown—in this order) and dispose of in red container.
 - f. Sanitize hands.
 - g. Put new mask on to exit the building; and,
 - h. Sign-out on visitor log before exiting.
11. If you have a gift/food you wish to give to the resident, please give it to the team member to assist in delivery. Food items must be wrapped.



Guidelines Continued

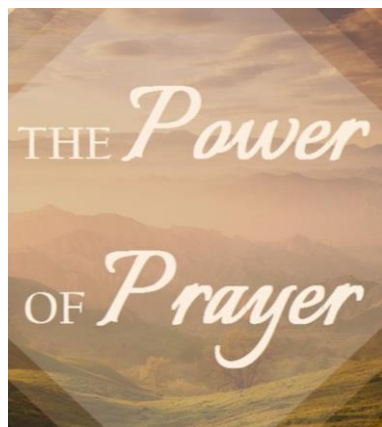
Please note that if you choose not to follow these guidelines, the team member has the ability to abruptly stop the visit and you will no longer be permitted to visit, per the CMS/DSS guidelines.

There will be no bathroom facilities available for use.

Please plan accordingly.

Window visits will be discontinued at this time.

Facetime will continue on scheduled basis.



Volunteer Spotlight

Dogwood Village would like to recognize and thank all the car parade volunteers who have shown their love and support for our residents and staff. The car parades have truly been a blessing for our residents as they have had limited contact with family and friends for the past six months.

Thank you again for participating in our most recent parade that was held on September 19th to help celebrate National Assisted Living Week!

Prayer Request

1st Floor:
Frances Reamy- Health
Don Detwiler- Health

2nd Floor:
Barbara Hutchinson- 3 Siblings- Health, Niece- Health
Ann Tomlinson- Health

3rd Floor:
Frances Purcell- Health
Liz Holley-Goodwin-Health

Barbara Garr- Transition
Irwin Sherman- Transition

Staff:
Brenda Hutchinson- Volunteer Coordinator- Health
Pat Davis- Receptionist- Health of Daughter
Pokie Mingo- Housekeeper- Health
Alexis Fountain- Activities- Transition



Resident Spotlight

Our dear neighbor, Mrs. Frances Walters was born in 1926 on at Carrico Mill in Culpeper County, VA. She grew up in a close-knit rural community along with her three sisters and brother. While in high school Frances was very active and participated in sports such as basketball, softball, and volleyball. After graduating from Culpeper High School in 1944 she took a job working for Rappahannock Electric Co-Op eventually becoming the Executive Secretary to the President of Rappahannock Electric. Later in life Frances married her late husband Wallace Walters after the passing of her first husband Jim Thompson. Despite never having children of her own Frances has an abundance of nieces and nephews whom she has loved as if they were hers. In her later years Frances enjoyed volunteering as a Pink Lady at Culpeper Hospital for many years, playing bridge with various groups, a member of the BPW and was a steadfast member of Culpeper Baptist Church. She also spent time swimming, playing tennis, softball, and traveling around the country as well as parts of the Caribbean. Through her years Frances has been able to see and do ample things but takes the most pride in the opportunities she has had to give back to others.



Staff Spotlight

Mrs. Joanna Reyer born in Washington, DC but has resided in Spotsylvania County, VA since around 5 years of age. Her husband, Andrew works as a Sales Representative for Sherwin Williams Paint Company. The couple has 3 children, Mckayla, 15, James, 12, and Adam, 10. The family has one dog named Luna and a cat named Franco whom they adore. Joanna earned her certification as a Physical Therapy Assistant from Germanna Community College. She joined the Dogwood team in May 2017 and has been dedicated member of our Therapy Department since. Of all the experiences Dogwood has brought to Joanna she values most getting to know the kind and amazing residents. Joanna has expressed the amount of joy the residents bring to her life as well as the friendships she has made here at Dogwood. In her spare time, she can be found traveling, swimming, hiking, spending time with friends and family and just about any other activity that allows her to be outdoors. Though life tends to keep her busy Joanna still finds time to serve as a Girl Scout leader for high school aged girls. Of all the words of wisdom Joanna could share with new employees to Dogwood the most meaningful would be, "Be patient and kind. You are doing important work and you are appreciated."